

Lake Worth ISD

School Health Advisory Council

Meeting Minutes
September 14, 2023

Opening:

School Health Advisory Council of Lake Worth ISD was held in the Lake Worth Administration Building, 6805 Telephone Road, Lake Worth, TX 76135.

Meeting was called to order by Brittany Johns, BSN, RN, Director of Health Services at 5:33 pm.

Present:

Ashlee Clark, Director of Child Nutrition

Carey Eby, High School Nurse

Stevanie Ferguson, Howry Steam Academy Nurse

Brittany Johns, Director of Health Services

Nicole Farish, Parent

Krystal Malewiski, Marine Creek Leadership Academy Nurse

Rebekah May, Effie PE Teacher

Vanessa Salazar, Lucyle Collins Middle School Assistant Principal

Melissa Simmons, Presenter from Unity Recovery

Absent:

Shawna Terry, Miller Language Academy Nurse

Michelle Smith, Effie Morris Early Learning Academy Nurse

New Business:

1. School Health Advisory Council Mission and Purpose (Brittany Johns)
2. Menu Advisory Council will meet two times 2023-2024 school year. Volunteers contact Ashlee Clark.
3. 5:35pm – 6:01 pm Narcan in Schools, presented by Melissa Simmons from Unity Recovery in Weatherford, TX.
 - Naloxone is now available over-the-counter (Nasal Spray or Intramuscular)
 - Nasal Spray Narcan was graciously provided for every school in LWISD
 - Narcan is fast acting (30 seconds-1 minute)
 - There is NO RISK if given to someone who has not overdosed on opioids. Narcan only works if opioids are in a person's system.
 - If responsive, it's not an overdose, therefore, Narcan is not needed.

- Snoring can be an indication of an overdose. Also look for blue discoloration in fingers and start rescue breaths if the person is not breathing. If a person is breathing, but not alert, it's not likely an overdose. Always say, "I'm going to give you Narcan," to give notice in case person might be faking.
 - It is typical to use Narcan and still have to continue rescue breaths.
 - Two doses are provided. Wait 3-5 minutes. Then give second dose.
 - 8 doses can be given without hurting a person.
 - Narcan is still useable despite the expiration date on the label.
 - Willing to do a presentation for LWHS students on drugs and overdose.
 - Can get Narcan for every classroom and train teachers to use it.
4. District Health Event – Brittany Johns Plan to create a sub-committee to meet during school hours and plan for this event.

Adjournment:

Meeting adjourned at 6:03 pm by Brittany Johns. Next meeting will be held November 9, 2023 from 5:30-6:30 pm.

Minutes submitted by: Carey Eby

Minutes approved by: Brittany Johns