

Support Groups at GHC

Tuesdays during GAP period (8:20 am - 9:17 am)

Room L6

3 Hours of Detention Credit

Study Skills / Time Management

- September 10
- September 17
- September 24
- October 1
- October 8



Mindfulness / Anger Management

- October 15
- October 22
- October 29
- November 5



Stress Management

- November 12
- November 19
- November 26
- December 3
- December 10

