

## Recommendation Questionnaire for Upcoming Seniors

This information will assist me in writing your letter of recommendation. The more specific you are, the more thorough your recommendation letter will be. This form will also help you with the entire college application process, especially in preparing for interviews and writing admissions essays. Take this opportunity to “tell your story.” Thank you!

Name \_\_\_\_\_

Describe the academic accomplishment (major paper, science experiment, artistic project, etc.) you are most proud of and tell why you take pride in it:

List your top 3 extra-curricular activities:

Choose one to expand on providing details on any leadership roles you may have held, meaningful relationship you have built through this activity and/or how this activity has shaped your worldview:

1.

2.

3.

What do you hope to accomplish in college and beyond? Consider your potential major, career goals and your broader goals.

Is your high school academic record an accurate measure of your ability, motivation, and potential? What circumstances, if any, have interfered with your academic performance?

List your 3 most distinguishing or most admirable qualities and provide a brief explanation.

1.

2.

3.

Please briefly describe an adverse situation or challenge you have faced in recent years. Be sure to include what you have learned about yourself and others as a result of this challenge.

Career Interests:

- 1.
- 2.
- 3.

What can you do best? What are your strengths and weaknesses? What are your most prominent skills and abilities?

What are you passionate about? What is your motto?

Please list work experience:

What 3 words best describe you as a student and why? What 3 words best describe you as a person and why? What do you consider your most personal achievement and why? What assets can you offer a college?