

DAILY ANNOUNCEMENTS

Wednesday, September 20, 2023

Even Block 2,4,6

Attention all Phantoms!

On **Tuesday, October 10th**, Lasallian Youth will sponsor a Blood Drive in partnership with City of Hope Hospitals.

City of Hope is a world renowned Cancer Treatment and Research Center with a goal to bring Personally designed treatment to all its patients. Unfortunately, one of the effects of the cancer treatment for most patients is the inability to quickly produce blood cells which can lead to anemia. City of Hope is looking to partner with Cathedral High School to increase its blood bank through our generous donations.

In order to donate:

- Must be 16 years old with a parent permission slip (students 17 and older do not need a permission slip)
- If you are 16 and would like to sign up, please see Brother Rafael directly.
- For everyone else, please sign up using either the URL:
iDonateBlood4Hope.org and enter sponsor code **CHLS**.
- You can also sign up using the QR Codes on the posters around campus

Participating Students/Teachers will:

- Receive 1.5 service hours from Lasallian Youth.
- Receive a \$10 gift card for In-n-out
- Enter a raffle for a chance to win either a \$50 or \$25 dollar gift card. You have 4 chances to win! (sponsored by Lasallian Youth)
- Be given a snack/lunch depending on the time slot you sign up for

Please consider participating, **you** are the difference in the fight on Cancer.

The start of the school year is a great time to develop good routines. Developing good habits in Academics and Sports will lead to success in the Classroom and on the field or court. The start of the school year is *also* a good time to think about good emotional habits and routines as well. This week the Counseling Department will be highlighting a few ways we can maintain our emotional and mental health. In fact we will be looking to Jesus as our guide.

Homecoming is approaching and Homecoming Court Applications are available for all interested seniors in High School Girls who would like to be on Cathedral's Homecoming Court. All interested Senior in High School Girls can go to the Website to find the form and fill it out. The forms are due this Friday, September 22. Interviews for the Court will be held at Cathedral on September 28 starting at 6:00pm. If you know someone who is interested please encourage her to apply

Ms. Ruiz would like to remind all students that being a student at Cathedral means being in full uniform on a daily basis. This consists of a polo with the Cathedral seal, Dennis uniform shorts or pants and ONLY Cathedral logoed sweatshirts.

Attention all student-athletes. Be responsible with your belongings and do not leave them unattended in the tunnel or Locker-rooms. All your personal items should be locked in a locker.

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Attention all students on Friday, September 22 we will be conducting a schoolwide uniform check. Students that are not in full uniform will be sent home suspended. If you do not have all the necessary uniform items make sure your parents take you to buy any necessary items before next Friday. Mandatory items are polo with school seal or Cathedral sports team logo, Dennis labeled pants or shorts, and a Cathedral logoed sweatshirt, hoodie, jacket.

Interested in performing music? Phantom Latin Jazz club is a new after school music program where students will have the opportunity to perform in a band. Rehearsals will take place on Thursday after school from 3:00PM-4:00PM in room 606.

Beginning-Intermediate experience required. Drummers, guitarists, bassists, piano and horn players are welcome.

In sports:

Congratulations to our cross country team on winning the Del Rey League race yesterday.

Our football teams will have a bye this week. And our beach volleyball team has matches this Thursday and Friday. Good luck to our beach volleyball members.

End of Announcements