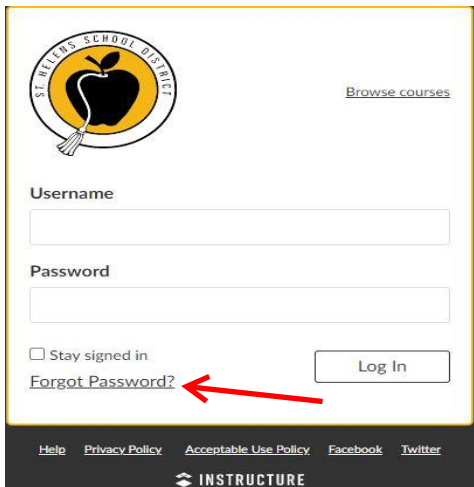


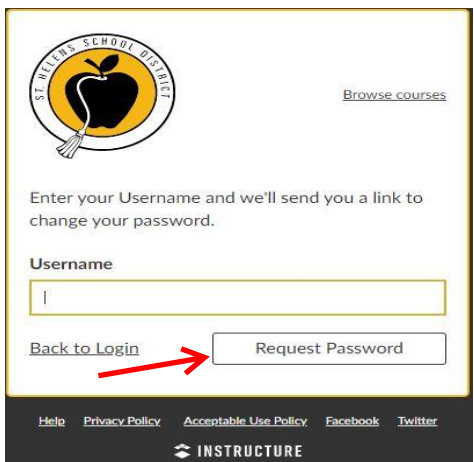
# Reset Canvas Parent/Guardian Account Passwords

**Step 1:** Go to <https://sthelens.instructure.com/login/canvas> and click forgot password.

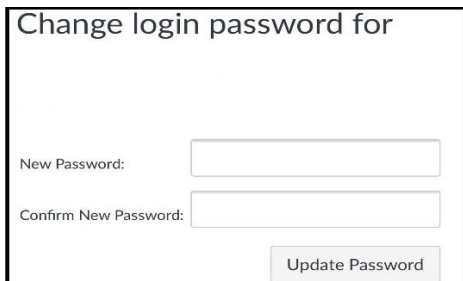


**Step 2:** Enter your Canvas username and click Request Password.

Username Format: sh\_ParentVUE username (example PVUE: JRSmith Canvas: sh\_JRSmith)



**Step 3:** Check your email (that is attached to your ParentVUE account) for instructions and enter new password.



**Step 4:** Log in to Canvas with your new, reset password using your Canvas username as above.

Questions? Please email [canvas@sthelens.k12.or.us](mailto:canvas@sthelens.k12.or.us)