

NONINSTRUCTIONAL OPERATIONSNutrition and Physical Fitness

The board recognizes that good nutrition and regular physical activity are essential to promote children's overall health and academic achievement. The board supports increased emphasis on nutrition and physical activity at all grade levels to enhance the well-being of students. It is the policy of the board that students be provided access to nutritious food, opportunities for physical activity and developmentally appropriate exercise, and accurate information related to these topics.

District staff should ensure that students have access to healthy food and beverages in all district venues outside of the federally regulated child nutrition programs.

The superintendent will develop and implement a comprehensive district-wide nutrition program consistent with state and federal requirements for districts sponsoring the National School Lunch Program and the School Breakfast Program. To implement the program, the superintendent will adopt and implement a comprehensive program on health, fitness and nutrition consistent with state learning standards.

The district will provide school breakfasts and lunches which meet the nutritional standards required by state and federal school breakfast and lunch programs. All foods sold on campus during the school day must meet USDA Smart Snacks in Schools standards.

The Superintendent will establish procedures promoting fitness, health, and nutrition for all students. The procedures will ensure compliance with the Healthy-Hunger Free Kids Act of 2010, including adoption and implementation of a local school wellness policy as required by Federal regulations.

Cross Reference:	Board Policy 2120 8200	Curriculum Development Food Services
Legal References:	RCW 28A.235.120 28A.230.040 28A.230.050 28A.235.130 WAC 392-410-135 392-410-136 7 CFR, Parts 210 and 220 7 CFR, Part 245.5 Sec. 204 of P.L. 111-296	Lunchrooms-Establishment and Operation Physical Education-Grades 1-8 Physical Education in High School Milk for children at school expense Physical Education-Grade School and High School Requirements Physical Education Requirement- Excuse Healthy, Hunger-Free Kids Act Of 2010
Adoption Date:	August 12, 2014	