



## Honeydew Melon

- Our high water content and potassium levels make us effective at maintaining blood pressure levels
  - We improve your skin, bones and teeth!
- We are loaded with vitamin C and copper that keeps skin healthy by aiding tissue repair



**Did you know?**

**Honeydew melons**

date back to 2,400 B.C.E. in Egyptian hieroglyphics!



A great source of vitamin B which helps build your immune system!