

Lets do lunch

OCTOBER 2023

Romulus Central School

MENU IS SUBJECT TO
CHANGE WITHOUT NOTICE

Monday

Chicken Nuggets 2
w/ Mini Rice Krispie Treat
French Fries
Choice of Fresh Fruit
Choice of Milk

Tuesday

Mozzarella Sticks 3
Marinara Sauce
Baby Carrots w/ Ranch
Choice of Fresh Fruit
Choice of Milk

Wednesday

Deli Day 4
(Ham, Turkey, Tuna)
Baby Carrots w/ Ranch
Dressing
Fresh Fruit Choice
Choice of Milk

Thursday

Stuffed Crust Pizza 5
Or Peanut Butter Jelly
Caeser Salad
Fresh Fruit Choice
Choice of Milk

Friday

No School 6
Teacher Conference
Day

No School

Teacher Conference
Day 9

Chicken Patty on Bun 10
Broccoli Parmesan
Applesauce or Peach Cup
Choice of Milk

Hamburger on Bun 11
Smile Fries
Pineapple Cup or Apple
Sauce
Choice of Milk

Pretzel Melt 12
Celery Sticks w/ Ranch
Juice Cup
Choice of Milk

House Made Pizza 13
(Cheese or Pepperoni)
Tossed Salad
Fresh Fruit Friday
Choice of Milk

Popcorn Chicken 16
Mashed Potatoes
Steamed Peas
Diced Pears
Choice of Milk

Chicken Fajita 17
Black Beans and Rice
Steamed Corn
Choice of Fresh Fruit
Choice of Milk

Hot Dog or Italian 18
Sausage on Bun
Tater Tots
Mandarin Orange Cup
Choice of Milk

Deli Day 19
(Ham, Turkey, Tuna)
Celery Sticks w/Ranch
Applesauce Cup
Choice of Milk

Stuffed Crust Pizza 20
Caeser Salad
Fresh Fruit Friday
Choice of Milk

Chicken Tenders 23
Dinner Roll
Cheesy Cauliflower
Peaches or Applesauce
Choice of Milk

Taco Tuesday!! 24
Mexican Rice
Steamed Corn
Choice of Fresh Fruit
Choice of Milk

Macaroni and Cheese 25
Pretzel Stick
Green Beans
Pineapple Cup or Juice
Choice of Milk

Meatball Sub 26
Italian Blend Veggies
Pear Cup or Apple
Choice of Milk

House Made Pizza 27
(Cheese, Pepperoni, Garlic)
Tossed Salad
Fresh Fruit Friday
Choice of Milk

Chicken Nuggets 30
w/Mini Rice Krispie Treat
Steamed Corn
Choice of Fresh Fruit
Choice of Milk

Bat Burgers on Bun 31
Smile Fries
Boo-Tastic Slushie Cup
Choice of Milk

****All Students Eat Free****

We Are Still Selling Snacks



PAY FOR MEALS ONLINE

MySchoolBucks.com