

OCTOBER 2023

Romulus Central School

	Monday	Tuesday	Wednesday	Thursday	Friday
7	Pancake Bites W/ Syrup Choice of Juice Choice of Milk	Breakfast Wrap Choice of Juice Choice of Milk	Breakfast Sandwich (Sausage egg and cheese) Choice of Juice Choice of Milk	Cold Cereal Choice OR Yogurt Cup WG Goldfish Crackers Choice of Juice Choice of Milk	No School Teacher Conference Day
<i>/</i>	No School Teacher Conference Day	Breakfast Pizza Choice of Juice Choice of Milk	Breakfast Sandwich (Sausage egg and cheese) Choice of Juice Choice of Milk	Fresh Baked Cinnamon Roll Cold Cereal Choice Choice of Juice Choice of Milk	Assorted Bagels W/ Cream Cheese Cold Cereal Choice Choice of Juice Choice of Milk
	Banana Bread Cold Cereal Choice Choice of Juice Choice of Milk	Yogurt Parfait Cold Cereal Choice w/ WG Goldfish Choice of Juice Choice of Milk	Breakfast Sandwich (Sausage egg and cheese) Choice of Juice Choice of Milk	Cold Cereal Choice OR Yogurt Cup WG Goldfish Crackers Choice of Juice Choice of Milk	Assorted Muffins Cold Cereal Choice Choice of Juice Choice of Milk
1	Mini Waffles W/ Syrup Choice of Juice Choice of Milk	Breakfast Pizza Choice of Juice Choice of Milk	Breakfast Sandwich (Sausage egg and cheese) Choice of Juice Choice of Milk	Fresh Baked Cinnamon Roll Cold Cereal Choice Choice of Juice Choice of Milk	Assorted Bagels W/ Cream Cheese Choice of Juice Choice of Milk
>	Pancake Wrap W/ Syrup Choice of Juice Choice of Milk	Yogurt Parfait Cold Cereal Choice w/ WG Goldfish Choice of Juice Choice of Milk	31		

Cold Cereal is Offered Daily.

We Also Offer Fruit Cup or Fresh Fruit Daily.

