

Medication in Schools

Lyon County School District prohibits the administration of any medication to students in grades Pre-kindergarten through 6, prescriptive or non-prescriptive, without written permission of the physician, parent/guardian, and the registered or licensed practical nurse employed by LCSD. Non-prescriptive medications include, but are not limited to, aspirin, acetaminophen, ibuprofen, cough syrup, and other medicinal health aides available for purchase over the counter without age or identification requirements. Students in grades 7-12 are permitted to carry and self-administer over-the-counter medications according to the dosage recommendations.

Pursuant to SB 453, Lyon County School District will provide undesignated auto-injectible epinephrine to any student on an LCSD campus during regular school hours who the school nurse or trained/qualified employee reasonably believes is experiencing anaphalaxis. Undesignated epinephrine will be administered according to the standing order obtained annually.

Students may carry and/or self-administer asthma inhalers, insulin, glucagon and Epi Pens with a completed “consent and request for medication during the school day” where both Authorized Medical or Health Care Provider and parent/guardian have in writing stated the student may carry and self-administer.

District administration shall establish administrative regulations, which comply with the Nevada Nurse Practice Act NRS 632, NAC 632, governing the request for and administration of medications and medicines by District personnel. Requirements contained in these regulations shall provide for the health, safety, and well-being of all students, and shall relieve the Lyon County School District, its Board of Trustees, and all agents and employees of the District from any liability for the administration of any requested medication authorized by a licensed prescriber (NRS Chapters 453, 454, or 639) or from students in grades 7-12 self-administering.

Reference: NRS 632, NAC 632, NRS 453, 454, 639, and SB 453

PROCEDURE FOR THE ADMINISTRATION AND RECORDING OF MEDICATION

MEDICATION IN SCHOOLS

If it becomes necessary for a student to take medication during the school day, there are two options:

- The parent may come to school and administer the medication to the child, or
- The school health care staff, or in their absence, a “qualified person” as defined by NAC 632.226 will administer the medication or help the student to self-administer the medication. All medication will be administered in a manner that protects the privacy rights of the student, or
- The school health staff and district Chief Nurse retain the right and discretion to refuse any request for administration of medications.

Prescription Medication

In order to administer prescription medication, the following requirements must be met:

- The medication must have been prescribed by a licensed physician or licensed practitioner.
- LCSD Form 131 must be properly completed and signed by the parent or legal guardian, the prescribing physician, and a registered or licensed practical nurse employed by LCSD.
 - a. An order signed by the prescribing physician may be attached to the form in lieu of his/her signature.
 - b. The school health care staff at their discretion, may use a current pharmacy labeled container as written physician permission.
- The medication must be contained in a pharmacy-labeled container.
- Controlled substance medications must be brought to school by a parent or responsible adult.

Procedure for the Administration and Recording of Medication

Non-Prescription (Over-the-Counter) Medication

Students in grades 7-12 are permitted to carry and self-administer nonprescription (over-the-counter) medication that are available for purchase without identification requirements. However, this privilege may be rescinded if abuse occurs. Abuses will be dealt with on an individual basis according to the progressive discipline plan, reviewed by an administrator and the school's health care staff.

In order to administer non-prescription medication to students in grades Pre-kindergarten through 6, the following requirements must be met:

1. LCSD Form 131 must be properly completed and signed by the physician, parent/legal guardian and the registered or licensed practical nurse employed by LCSD.
2. The medication must be in its original container.

STUDENTS

Asthma Rescue Inhalers, Epinephrine Auto-Injectors, Glucagon and Insulin

The parent/legal guardian of a pupil who has diabetes, asthma and/or anaphylaxis may request permission for their child to carry and self-administer insulin, asthma rescue inhalers, glucagon and/or epinephrine auto-injectors. LCSD Form 159 must be properly completed and signed by the parent/legal guardian, prescribing physician, and the registered or licensed practical nurse employed by LCSD (NRS 392.425). Asthma rescue inhalers, Epinephrine auto-injectors, and glucagon may be administered by trained staff in emergency situations per NRS 632.222 and NRS 453.

Storage of Medication

Emergency medication such as epinephrine and asthma inhalers will be stored in an unlocked area out of the reach of students. All other medication that is stored on school premises must be kept in a locked cabinet in the health office. With the exception of high school and middle school students who may carry non-prescriptive medications and students at any grade level who have asthma rescue inhalers, glucagon or epinephrine auto-injector permission, no medication may be kept on his/her person, in their locker, backpack, or in the classroom. However, certain health conditions may warrant an exception by the school's health care staff. These exceptions will be documented and approved by the area Registered Nurse or the Chief Nurse. Parents/Guardians will be contacted near the end of each school year to retrieve unused medication. Medication that is not retrieved at the end of each school year will be destroyed.

Medication Administration Delegation

Only the school health care staff, or appropriately trained "qualified person", may administer medication. Medication delegation will be done in accordance with the Nevada Nurse Practice Act NRS 632, NAC 632 and documented on LCSD Form 162.

Procedure for the Administration and Recording of Medication

All requests from parents/guardians for medication administration must be referred to the school health care staff. Teachers and other school staff will not accept requests to administer medication from parents independently of the school health care staff.

Documentation of Administration of Medication

The school health care staff will use the Infinite Campus and/or Medication Administration Record to keep a record of all medications administered at school. Student response to the medication is monitored jointly by the school health care staff and the student's teacher. Adverse responses are documented by the school health care staff in the student's health record and communicated to the parent/guardian.

Controlled Substance Inventory

Controlled substances must be counted daily and documented in the Infinite Campus Medication Administration Record. This record and or form includes current count, addition, return, and waste. The school health care staff is responsible for the maintenance of this record and may perform the daily count alone. Controlled substance addition, return, and waste require a second witness signature. The District Chief Nurse and Site Administrator must be notified if discrepancies occur.

Medication Error

If a medication error occurs, LCSD Form 175 must be completed and the District Chief Nurse and Site Administrator notified. The student's prescribing health care provider and parent/guardian must be contacted to discuss potential adverse reactions.

Designation and Training of a "Qualified Person"

School Nurse will train each "Qualified Person" annually in correct medication administration. Qualified persons will be trained to follow the 6 Rights of Medication Administration:

1. Right Student
2. Right Medication/Drug
3. Right Dosage
4. Right Route
5. Right Time
6. Right Documentation.

Additional training to include:

- Avoid touching the student's tablets or capsules by shaking the appropriate dose into a disposable cup or the medication lid and then having the student self-administer the medication.
- Always return the medication to the locked cabinet or drawer immediately after administering the medication.
- Keep the keys to the medication drawer in a location that is not accessible to students.
- Have students wash their hands before touching their medication.

If the medication is in liquid form:

- Refrigerate per label instructions
- Pour the medication from the side of the bottle opposite the prescription label (hold label in palm of hand)
- Use a parent-provided graduated medicine syringe or cup for liquid medicines
- Measure the dosage of eye level, ensuring that the surface of the medication is level with the correct dosage marking on the medicine syringe or cup
- Wipe off any medication on the outside of the container.

NOTE: For medications that are ordered for other than the oral route, the school nurse will provide specific training for the school health aides and other UAP's to ensure standard administration techniques for these medication routes.