

SPARTAN SPEAK

South Warren High School - A School of Distinction

TO PROVIDE STUDENTS WITH OPPORTUNITIES TO DEVELOP CRITICAL THINKING, LEADERSHIP, AND LIFELONG
LEARNING

March 13, 2023

Important Dates

March 14 Dance Little Red

March 15 No School (PLC Day)

March 16-17 No School

March 24, 25 & 26 Musical (Oklahoma!)

April 3-7 Spring Break

April 22 Junior/Senior Prom

May 24 Last Day for Students (TBD)

May 27 Graduation @12pm

No School Wed-Fri

There will be no school for students Wednesday, March 15 - Friday, March 17.

Parent/Student Input Requested

Mr. Clayton and the SWHS SBDM council are seeking input as they move forward in the search for South Warren High School's next principal. Please take a few minutes to fill out this [short survey](#).

Graduation Dates Announced

South Warren High School's Graduation will take place Saturday, May 27th at 12:00pm at E.A. Diddle Arena.

2023-2024 Registration Open

New & existing student registration is now open for the 2023-2024 school year for preschool through 12th grade. Please click this link <https://bit.ly/K-12Registration> to

register your student as a new or returning student (grades K-12). This process is required to keep emergency information up-to-date for every student. If you need your parent portal login reset, please fill out this form.

Dance Little Red Tickets

Dance Little Red for Norton Children's Hospital tickets go on sale March 1 during lunch. The cost of tickets is \$10. The event is March 14, 6-9PM. This fun night features games, food, hospital testimonials, and a little bad dancing.

DLR SEEKING DONATIONS:

We are seeking snacks for participants of Dance Little Red. DLR is a fundraiser for Norton Children's Hospital. We have raised more than \$20,000 over the last 5 years of involvement. Any **cookies, chips, candy, water** donations are appreciated. The event is scheduled for March 14 from 6-9pm. Donations can be dropped off in the front office!

Donations for Office/Staff

The front office is in need of tissues and disinfecting wipes. If you would like to donate, please bring them to the front office. Beta hours offered.

Gift Cards Needed for Seniors

PTSO is still needing many \$5.00 - \$10.00 gift cards for the Senior picnic. Please turn any donations into the front office.

Yearbook Orders

The yearbook pre-sale has now ended. But don't worry! We will have some extras to sell after the pre-sold yearbooks have been distributed. The official arrival date for yearbooks is TBD, but I am expecting them mid-April. If you did not pre-order a yearbook, you may contact Miss Gray, kathryn.gray@warren.kyschools.us, to be put on the waiting list; however, a spot on the waiting list does not guarantee you a yearbook. After the pre-sold yearbooks have been distributed, everyone on the waiting list will be contacted. At that point, you may bring in cash or check (made out to SWHS) to purchase a yearbook. Supply will be limited, and it will be first come first serve!



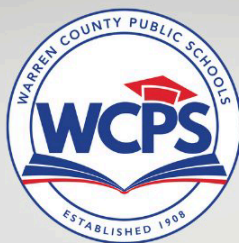
Southcentral Kentucky Community & Technical College Campus Tour

(for up to 60 Seniors and/or Juniors)

Monday, March 20

From about 8:30 a.m. - 12:30 p.m.

Permission Forms are available in the Transition Readiness Center (located in the cafeteria) and are due back by Friday, March 3. ONLY the first 60 “eligible” students to turn in their completed permission form, lunch options form, & \$\$\$ will get to attend!



2023 GRADUATION DATES & TIMES

ALL CEREMONIES WILL BE AT E.A. DIDDLE ARENA ON THE CAMPUS OF
WESTERN KENTUCKY UNIVERSITY

- Friday, May 26 - Warren Central High School @ 6:00 PM
- Saturday, May 27 - Greenwood High School @ 9:00 AM
- Saturday, May 27 - South Warren High School @ 12:00 PM
- Saturday, May 27 - Beacon Academy/GEO International/Lighthouse Academy High School @ 4:00 PM
- Saturday, May 27 - Warren East High School @ 7:00 PM

SOUTH WARREN HIGH SCHOOL PROUDLY PRESENTS

RODGERS & HAMMERSTEIN'S

Oklahoma!



MARCH 24TH & 25TH AT 7:00 P.M.
MARCH 26TH AT 2:30 P.M.
AT THE SWHS AUDITORIUM

FOR TICKETS, SCAN THE QR CODE OR VISIT
our.show/swhsok

NO REFUNDS OR EXCHANGES

March 2023

The Dinner Table Project

A program to encourage families to eat together, have fun and grow closer through conversation.

Conversation Starters

What good advice have you gotten from friends or family?

Who is someone that you can talk to at school that you trust?

What is your favorite book?



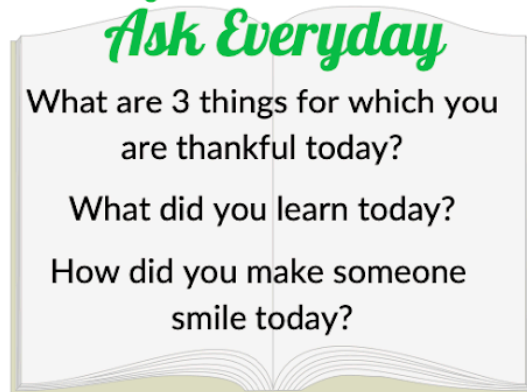
Why are libraries the tallest buildings in the world?
Because they have so many stories!

Questions to Ask Everyday

What are 3 things for which you are thankful today?

What did you learn today?

How did you make someone smile today?



Baked Ham & Cheese Sandwiches

20 Hawaiian slider rolls
1/2 container of mayonnaise
1 lb deli honey ham (thinly sliced)
1 block (8 oz) swiss cheese (shredded)

5 tablespoons butter, melted
2 teaspoons dried minced onions
2 teaspoons yellow mustard
1 teaspoon poppy seeds
1/2 teaspoon Worcestershire sauce



Heat oven to 350°. Cut each slider roll in half. Place the bottom half in a 9x13 baking dish, and reserve the top half for later. Repeat with the remaining rolls. Form 4 rows of 5 rolls each for a total of 20 sliders in the pan. Spread mayonnaise on the rolls. Use as much or as little as you like. Layer the deli-sliced ham on top of the mayo. Sprinkle the shredded cheese evenly over the ham.

Put tops of slider rolls on. In a small bowl, combine melted butter, dried minced onion, yellow mustard, poppy seeds, and Worcestershire. Stir with a fork to combine. Use a kitchen brush to evenly brush the butter sauce over all the sliders. If you don't have a brush, use a spoon to spread the butter sauce out. Let the pan sit at room temperature for 10 minutes to allow the butter to harden and set. Cover pan with tin foil and bake for 20 minutes.

Remove the foil and bake for 5 additional minutes.



Research shows that eating dinner together can improve literacy!

Studies show that young children can learn more new words through dinner conversation than they do from hearing stories read aloud. According to theFamilyDinnerProject.org, "Dinner is a great vocabulary builder because rare words — words that young kids don't usually know — show up frequently in dinner conversation. As parents tell stories about their day, they often use more sophisticated language that kids can understand in the context of a story. Young children pick up ten times as many advanced words at dinner as they do when they are read to by an adult. And a bigger vocabulary can lead to stronger reading skills because kids are more able to recognize and understand challenging words when they try to decode them for the first time."



A Dinner Table Game to Have Fun & Increase Literacy

Food Rhyme - This game is exactly what it sounds like. One person calls out a food, and you go around the table trying to think of a word that rhymes with it. The first person to fail to produce a rhyme calls out a new food or ingredient on their dinner plate.



Kentucky Strengthening Families (KYSF) represents a multi-disciplinary partnership of more than 20 national, state and local, and public and private organizations dedicated to embedding six research-based Protective Factors into services and supports for children and their families.

Protective Factor: Parental Resilience

Conversations for parents and caregivers to keep your family strong:

- What do you need to do to take better care of yourself?
- How do you recognize when there's too much stress in your life and what do you do about it?
- What are some ways you engage in healthy interactions with your child?
- What is something that makes you unique and helps you be resilient?
- Who did you reach out to for support when you attended school?



DTP...On The Go!



Scan this code with your phone to sign up to receive the digital DTP newsletter and mid-month minis in your email inbox!

The temperature tends to slowly increase during the month of March, making it a great month for family members to pack a picnic to eat while on the go. While eating, family members can focus on improving their mental and emotional health by sharing positive statements and their thoughts and feelings with one another.



dinnertableproject.org





**SOUTH
WARREN
PARENT
NIGHT**

TOUGH TALKS

TOUGH CONVERSATION SERIES



**JOIN US FOR TOUGH
CONVERSATIONS LED BY
COMMUNITY EXPERTS**

**DRUG
AWARENESS**

**WEDNESDAY, APRIL 12TH
6:00 PM
SOUTH WARREN AUDITORIUM**

SPONSORED BY:



Med Center Health

**STAY INFORMED WITH
DRUG AWARENESS**

**DISCUSSION
& INSIGHT**

DRUG AWARENESS

- *Fentanyl awareness and prevention
- *Drug accessibility
- *Q & A



**OPEN TO PARENTS AND STUDENTS
OF ALL AGES**

PRESENTATIONS FOR STUDENTS WILL TAKE PLACE DURING THE SCHOOL DAY ON THE FOLLOWING DATES. PERMISSION SLIPS WILL BE SENT HOME PRIOR TO THE PRESENTATION.

April 13th - Sophomores & Juniors

April 17th - Freshman & Seniors

What Every Parent and Caregiver Needs to Know About **FAKE PILLS**



DRUG ENFORCEMENT ADMINISTRATION • Public Safety Alert

What is fentanyl?

- It is a deadly synthetic opioid that is being pressed into fake pills or cut into heroin, cocaine, and other street drugs to drive addiction.

FENTANYL IS

50x

**MORE POTENT
THAN HEROIN**

What are fake pills?

- The Sinaloa Cartel and Cartel de Jalisco Nueva Generacion are making fentanyl and pressing it into fake pills. Fake pills are made to look like OxyContin®, Xanax®, Adderall®, and other pharmaceuticals. These fake pills contain no legitimate medicine.
- Fentanyl is also made in a rainbow of colors so it looks like candy.



AUTHENTIC
oxycodone
M30 tablets

***FAKE**
oxycodone M30 tablets
containing fentanyl



***FAKE**
rainbow oxycodone M30 tablets containing fentanyl

Why is fentanyl so dangerous?

- DEA lab testing reveals that four out of every ten fake pills with fentanyl contain a potentially lethal dose.

What are the physical and mental effects of fentanyl?

- Fentanyl use can cause confusion, drowsiness, dizziness, nausea, vomiting, changes in pupil size, cold and clammy skin, coma, and respiratory failure leading to death.



It only takes a very small dose of fentanyl – 2 milligrams – to be lethal, such as the amount found on the tip of a pencil.

Visit www.dea.gov/onepill for more information and resources for parents and caregivers

*Photos of fake pills do not represent all available fake pills.

**ONE
PILL CAN
KILL**

Data as of September 2022

How would my child get fentanyl?

- Drug traffickers are using social media to advertise drugs and conduct sales. If you have a smartphone and a social media account, then a drug trafficker can find you. This also means they are finding your kids who have social media accounts.
- To learn about emoji codes used on social media, visit Emoji Drug Code Decoded on www.dea.gov/onepill.

PERCOCET® & OXYCODONE



XANAX®



ADDERALL®



Why you should be concerned.

- The drug landscape is dramatically different from when you grew up, or even from just a few years ago.
- All parents and caregivers need to be educated on current drug threats to be able to have informed talks with their kids.

Tips for Parents and Caregivers

- Encourage open and honest communication
- Explain what fentanyl is and why it is so dangerous
- Stress not to take any pills that were not prescribed to you from a doctor
- No pill purchased on social media is safe
- Make sure they know fentanyl has been found in most illegal drugs
- Create an “exit plan” to help your child know what to do if they’re pressured to take a pill or use drugs
- For more tips on how to talk to your child about drugs, read Chapter 4 of Growing Up Drug Free: A Parent’s Guide to Substance Use Prevention at www.getsmartaboutdrugs.com/publications



Visit www.dea.gov/onepill for more information and resources for parents and caregivers

**Photos of fake pills do not represent all available fake pills.*

6th Annual

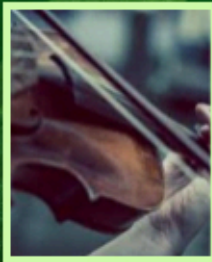
ST. PATRICK'S DAY FUNDRAISER

for
**SPARTAN
STRINGS**

TUESDAY, MARCH 21ST 2023

Doors Open 5PM Concert 6:30PM

**Performances by
Middle & High School
Spartan Strings**



**Traditional
Irish Dinner**

Silent Auction too!

SWHS CAFETERIA - \$7 ADULTS \$5 KIDS OR \$25 PER FAMILY
MORE INFO: REBECCA.BAUMBACH@WARREN.KYSCHOOLS.US

Made with PosterMyWall.com

The much requested SW Baseball Apparel store is now open! You'll be prepared for whatever weather Kentucky wants to throw at us!



DANCE LITTLE RED



South Warren High School



March 14, 2023

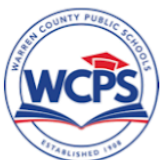
6:00PM – 9:00PM



GET INVOLVED:

Dance Little Red has raised thousands for pediatric cardiovascular services and adolescent cancer care at Norton Children's Hospital. All WCPS students are invited to participate. Dance with us to raise awareness and funds for a worthy cause!

BAD DANCING SAVES LIVES



NORTON
Children's



SIGN UP HERE