

OCTOBER 2023

Middle School Menu

Meals are FREE for students again this year. We still encourage you to fill out the annual Free or Reduced Priced Meal Application to qualify for other benefits. Apply online through your Infinite Campus portal.

Monday

Hot & Spicy Breaded Chicken Sandwich OR Mac & Cheese (V) OR Assorted Deli Subs School OR Pizza LUNCH Garden Salad

Green Beans Assorted Fresh & Canned Fruit

National **Early Out** & Spicy Breaded Chicken Sandwid School Lunch

Week

OR Bosco's Pizza Stick OR Assorted Deli Subs Or Pizza Garden Salad OR Steamed Corn

Teacher Work Day/ **Parent Teacher Conference**

10/9-10/13 ssorted Fresh & Canned Fruit

NO SCHOOL

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Hot & Spicy Breaded Chicken Sandwich OR Bean & Cheese Burrito (V OR Assorted Deli Subs OR Pizza

Garden Salad Spicy Refried Beans Assorted Fresh & Canned Fruit

Tuesday

Chicken Nuggets w/Roll OR Hot Ham & Cheese Sandwic OR Italian Wrap OR Pizza

Fresh Broccoli Tops **Baked Beans** Assorted Fresh & Canned Fruit

Walking Taco OR Cheese Ravioli w/Breadstick OR BBQ Chicken Wrap OR Pizza

Cucumbers Refried Beans Assorted Fresh & Canned Fruit

Chicken Nuggets w/Roll **OR Beef Nachos** OR Chicken Salad Wrap OR Pizza

Baby Carrots Baked Beans Assorted Fresh & Canned Fruit

Wednesday

Orange Chicken w/Rice OR Grilled Chicken Salad w/Bread OR Assorted Deli Sandwiches OR Pizza

Garden Salad Honey Carrot Coins Assorted Fresh & Canned Fruit

Sweet & Sour Chicken w/Rice OR Chicken Caesar Salad w/R OR Assorted Deli Sandwiches OR Pizza

Garden Salad Steamed Broccoli Assorted Fresh & Canned Fruit

OR Spicy Popcorn Chicken Salad w/Roll OR Assorted Deli Sandwiches OR Pizza

> Garden Salad Roasted Broccoli Assorted Fresh & Canned Fruit

Thursday

OR Turker Drumsticks
OR Popcorn Chicken Bowl w/Roll OR Turkey Deli Wrap OR Pizza

Baby Carrots Mashed Potatoes w/Gravy Assorted Fresh & Canned Fruit

Meatball Sub OR French Toast Sticks w/Sausag OR Chicken Caesar Wrap OR Pizza

Baby Carrots Crispy Hash Brown Assorted Fresh & Canned Fruit

Hot Ham & Cheese Sandwich OR Spicy Popcorn Chicken Mac OR Bacon Turkey Deli Wrap OR Pizza

Cucumbers Steamed Corn Assorted Fresh & Canned Fruit

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Friday

Juicy Hamburger/Cheeseburger OR Corn Dog OR Assorted Deli Subs OR Pizza

Celery Sticks Ranch Oven Fries Assorted Fresh & Mixed Berry Cup

Juicy Hamburger/Cheeseburger 3 OR Cheesy Bites w/Marinara (V OR Assorted Deli Subs OR Pizza

Celery Sticks Oven Fries Assorted Fresh & Canned Fruit

Juicy Hamburger/Cheeseburger OR Green Chile Cheese Quesadilla (V) OR Assorted Deli Subs OR Pizza

Celery Sticks Ranch Oven Fries Assorted Fresh & Mixed Berry Cup

Cheesy Bites w/Marinara (V) OR Chicken Tenders w/Roll OR BBQ Chicken Wrap OR Pizza

Baby Carrots Green Peas Assorted Fresh & Canned Fruit

Offered Daily

Ice Cold Skim, 1% White or Chocolate milk, assorted fruit & veggies, turkey, roast beef, Italian trio. ham & cheese deli sandwiches. Daily Pizza options!

Menu subject to change without notice.

This Institution is an equal opportunity employer

In accordance with Federal law and U.S. Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

Each student can receive one free breakfast and one free lunch daily. Second meals and snacks still cost money and cannot be charged. You can add money through your Infinite Campus Account!

Meal Prices: Student 1st Lunch:

Adult Lunch:

FREE \$5.00

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