All lunch entrees offered with choice of fruit(s), vegetable(s),

## October 2023



## and milk (optional)

## Lunch Menu

Glen Grove, Hoffman, Pleasant Ridge

Monday	Tuesday	Wednesday	Thursday	Friday
2 Hot Dog or Bean & Cheese Burrito Potato Smiles Baked Beans Fresh Plum	3 Mini Chicken Bites or Vegan Chicken Nuggets Peach Cup Green Beans Goldfish Crackers	4 Turkey Pepperoni Pizza Slice or Cheese Pizza Slice Fresh Melon Roasted Broccoli Baby Carrots	5 Meatball Sub (mozzarella cheese optional) Strawberries Caesar Salad	6 French Toast with Turkey Sausage or French Toast with Veggie Sausage Hash Brown Potato 100% juice cup
9 Cheeseburger (cheese optional) or Black Bean Burger Sweet Potato Fries Grapes	10 Orange Chicken & Rice or Orange Vegan Chicken & Rice Garlic Broccoli Pineapple Cup Fortune Cookie	11 <b>Bosco Sticks with Marinara Sauce</b> Sweet Corn Watermelon	12 Beef Nachos or Bean Nachos Refried Beans with Cheese Locally Grown Apples	13 No School
16 Breaded Mozzarella Sticks with Marinara Sauce Tomato Soup Pear Cup	17 Chicken Tenders or Vegan Chicken Nuggets Roasted Veggies Orange Wedges Fresh Baked Cornbread	18 Turkey Pepperoni Pizza Slice or Cheese Pizza Slice Grapes Roasted Chickpeas Caesar Salad	19 Pasta & Meatballs or Pasta with Marinara Sauce & Mozzarella Cheese Roasted Broccoli Apple Slices Garlic Bread	20 Pancakes with Turkey Sausage or Pancakes with Veggie Sausage Breakfast Potatoes Banana
23 Cheeseburger (cheese optional) or Black Bean Burger Sweet Potato Fries Applesauce Cup	24 Breaded Chicken Drumstick or Vegan Chicken Nuggets Mashed Potatoes & Gravy Mandarin Oranges Biscuit	25 Bosco Sticks with Marinara Sauce Corn on the Cob Melon Cubes	26 Beef Nachos or Bean Nachos Refried Beans with Cheese Apple Slices	27 <b>Mac n' Cheese</b> Roasted Broccoli Grapes Freshly Baked Cornbread
30 Hot Dog or Bean & Cheese Burrito Potato Smiles Baked Beans Orange Wedges	31 Mini Chicken Bites or Vegan Chicken Nuggets Roasted Cauliflower Peach Cup Halloween Cookie	Joke of the Month: How do you fix a cracked pumpkin? With a pumpkin patch!	<b>Daily Cold Lunch Options</b> Yogurt Pack with Granola Bites, String Cheese, & Crackers PB& J Uncrustable Turkey & Cheese Sandwcih <i>Offered on Fridays</i> : BYO pizza kit with Flatbread, Marinara, & Mozzarella Cheese	