

CARDINAL NEWS

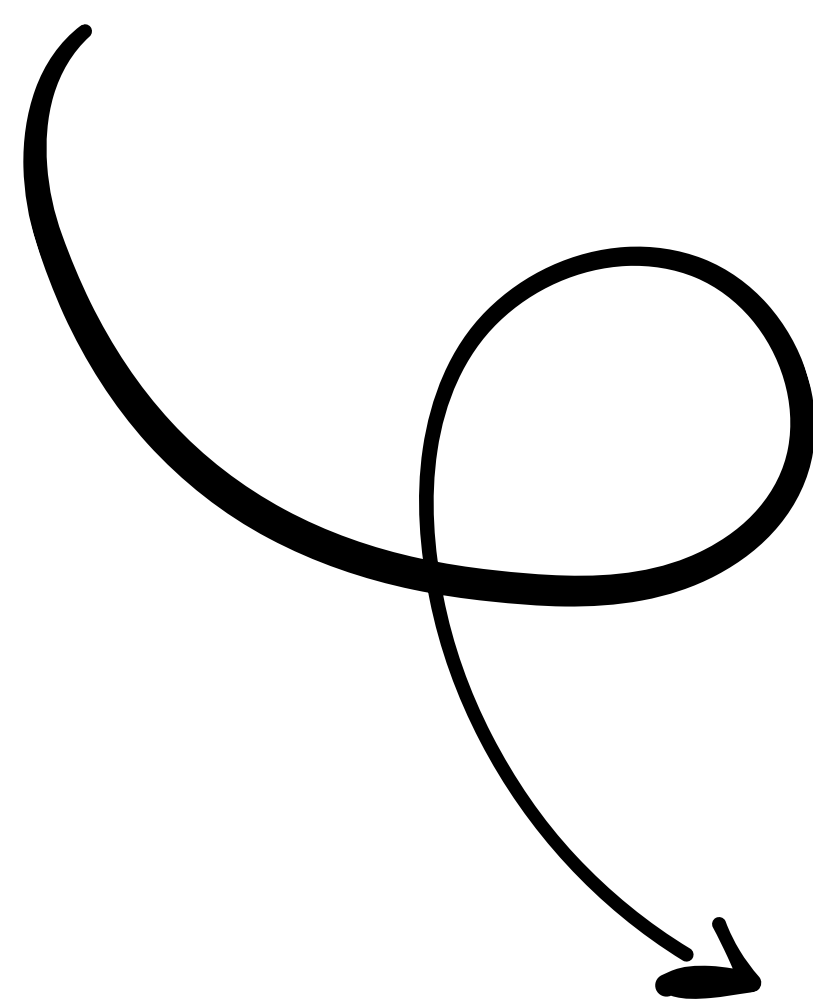
Week Of 9/20-9/27



Your Mental Health MATTERS

September is known as National Suicide Prevention Month. To know the signs and potentially help someone that's struggling here are some warning signs to look for. Talking about- Wanting to die- Great guilt or shame- Being a burden to others. Feeling- Empty- Extremely sad- Unbearable emotion or physical pain

Suicide Crisis Line
988



ANNOUNCEMENTS

Dual Credit
Scholarship! Meet..

9th-Sept.18, 2nd
period in library

10th-Sept. 18, 3rd
period in library

11th- Sept.19, 2nd
period in auditorium

12th- Sept.19, 4th
period in auditorium



NEW CLUB!!
ELEVATE



Don't forget to pick-up order
forms for t-shirts and Fat
Heads the Pep Club is
selling! Order forms in any
math teachers room!



Don't forget to
bring in your spare
change for Cents
for Soldiers!



This newspaper was a
product made out of the
journalism class.

Mr. Criswell

Contacts!

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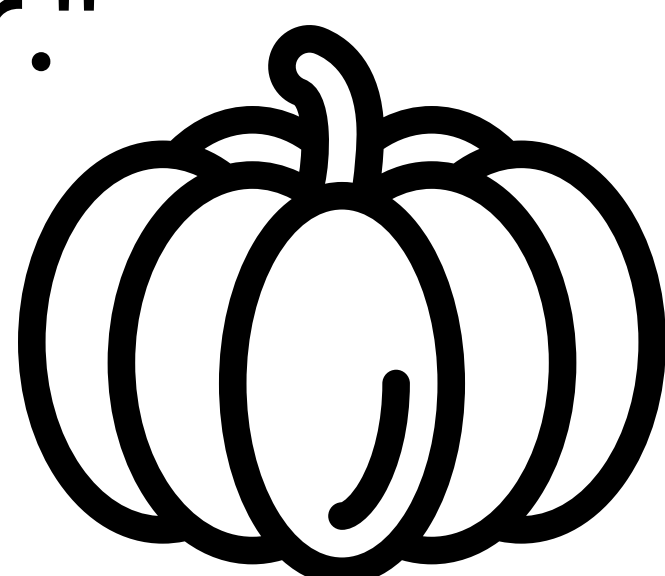
Alex Piercy- Teacher Appreciation

By: Eryka Criswell



As the 2023-2024 school year has just begun, WCHS has welcomed many new teachers. One being Ms. Alex Piercy, an ICP teacher.

Ms. Piercy began her undergraduate years at the University of Kentucky where she obtained her Bachelors' in neuroscience and a minor in biology. She says, "During covid...It was really difficult being in college because a lot of our classes were lab-based. So, it was really hard to do these online... I became really burnt out after that, and I wanted to find a stable job after I graduated college. So, I decided to come back to my high school and become a science teacher."



Don't forget to check out "Cardinal Opinions" for weekly hot gossip!

Ms. Piercy said she chose a job in ICP because she really enjoys science and she was looking forward to working in a lab setting. When asked about advice for new aspiring teachers she says "Don't be afraid to ask for help." Her hobbies are reading, writing short stories, and drawing comics. She also enjoys traveling as she says "I'd like to visit all seven of the continents." Ms. Piercy is a wonderful person and she'll make an even more wonderful teacher.

WEEKLY SHOUT OUTS!!

CARDINAL SPIRIT WEEK!

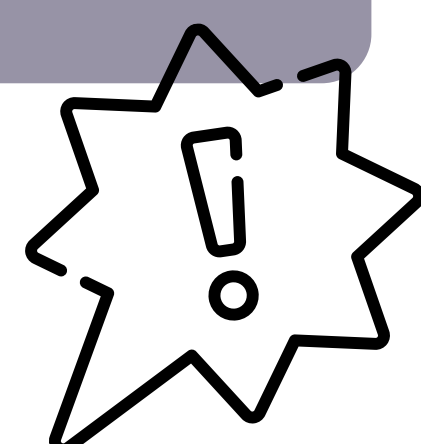
Monday- 'Merica Day

Tuesday- Barbie & Ken

Wednesday- Glory Days

Thursday- Jake from State Farm

Friday- Cardinal Crazy Day



**"Make it a great day or not, the choice is yours."
-Steve Thompson-**