

SHAC- School Health Advisory Council Meeting Minutes  
Tuesday, September 19, 2023  
6-7 pm Executive Boardroom

Attendees:

Mallory Scott- Director of Health Services

Dusti Blake- Nurse at McClendon

Danay Freeman- Assistant Director of Child Nutrition

Cassi Daniels- Nurse at Ellis Education Center

1810- Call to order

1. Old Business

- a. Review of purpose of SHAC
- b. 1st Health Screening event held last year- can improve upon student/family attendance
- c. 1st Year for Kids Teaching Kids program last year-
  - i. Student results covered
  - ii. Will work on marketing program better this year
  - iii. Program will begin January 8th of this school year
- d. 1st Year for employee 21 day snacking challenge last year
  - i. Staff results covered
  - ii. Employee incentives discussed
  - iii. Will work on marketing program better and including all campuses
- e. Student Shot clinic- attendance increased
- f. Smarter lunchroom score began last year

2. New Business

- a. Wellness Plan Triennial Assessment:
  - i. Results of WellSat 3.0
  - ii. Results of Wellness Plan Evaluation/Implementation
  - iii. Discussion of Changes moving forward:
    1. Wellness committee to meet once a year
    2. Goals to be added to wellness plan

3. Next Meeting

- a. AHA Heart Healthy Challenge
- b. Smarter lunchroom scorecard for October
- c. Planning for Kids Teaching Kids
- d. Employee flu shot clinic

1840- Meeting adjourned