

**Forensic Learning Points in Character and Culture at Kineton High School**

	Key Stage 3			Key Stage 4	
Time	Year 7	Year 8	Year 9	Year 10	Year 11
<b>Autumn 1 &amp; 2</b>	<p><b>Topic: What is C&amp;C? Physical and Mental Health</b></p> <p><b>Curriculum end point:</b></p> <ol style="list-style-type: none"> <li>Knowing the three core areas of C&amp;C: RSE, Health and Employability</li> <li>Understanding the importance of Physical health: including diet, exercise and substances.</li> <li>Understanding the importance of positive mental health on the body</li> </ol> <p><b>Vocab:</b> Health, Physical, Mental, Hygiene, Exercise, Nutrition, Substances, Vaping, Alcohol, Stress, Anxiety</p> <p><b>Main Assessments:</b></p> <ol style="list-style-type: none"> <li>End of Unit written assessment – Year 7 Health</li> </ol>	<p><b>Topic: RSC - Healthy Relationships and the Law</b></p> <p><b>Curriculum end points:</b></p> <ol style="list-style-type: none"> <li>Knowing the bodily changes that occur during puberty</li> <li>Understanding the term consent and the main sexual laws in the United Kingdom</li> <li>Analysing the impact of child-on-child abuse and sexual harassment</li> </ol> <p><b>Vocab:</b> Puberty, Breasts, Pubic Hair, Hormones, Testes, Penis, Vagina, Erection, Consent, Rape, Sexual Harassment, FGM, Explicit</p> <p><b>Main Assessments:</b></p> <ol style="list-style-type: none"> <li>End of Unit written assessment – Year 8 RSE</li> </ol>	<p><b>Topic: Employability - Jobs and sectors of work</b></p> <p><b>Curriculum end points:</b></p> <ol style="list-style-type: none"> <li>Knowing a wide range of different jobs/careers and sectors of work</li> <li>Understanding the different types and levels of qualification</li> <li>Understanding and researching into the different post-16 options and pathways</li> </ol> <p><b>Vocab:</b> Career, Promotion, Organisations, Sectors of Work, CEO, Qualification, Networking, Aspiration, Personal Statement</p> <p><b>Main Assessments:</b></p> <ol style="list-style-type: none"> <li>End of Unit written assessment – Year 9 Employability</li> </ol>	<p><b>Topic: RSE – Sexual Health and Pregnancy</b></p> <p><b>Curriculum end points:</b></p> <ol style="list-style-type: none"> <li>Knowing the signs and symptoms of healthy and unhealthy relationships</li> <li>Understanding the laws around consent, sharing explicit images and sexual harassment</li> <li>Analysing the impact of Parenting and unplanned pregnancy</li> <li>Knowing the different STI's and methods of contraception available</li> </ol> <p><b>Vocab:</b> Sexual Harassment, Explicit, Consent, Pregnancy, Parenting, Abortion, Fertility, Adoption, Fostering, Marriage, Contraception</p> <p><b>Main Assessments:</b></p> <ol style="list-style-type: none"> <li>End of Unit written assessment – Year 10 RSE</li> </ol>	<p><b>Topic: RSE and Health Recapping prior knowledge</b></p> <p><b>Curriculum end points:</b></p> <ol style="list-style-type: none"> <li>Understanding RSE content on: Consent, Contraception, STI's, Pregnancy and Parenting</li> <li>Understanding the main triggers of stress and anxiety and positive coping mechanisms</li> <li>Analysing the impact of substance abuse – Drugs, vaping and Alcohol</li> </ol> <p><b>Vocab:</b> Anxiety, Stress, Depression, Coping strategies, Abuse, Manipulation, Social Influences, Peer Pressure</p> <p><b>Main Assessments:</b></p> <ol style="list-style-type: none"> <li>End of Unit written assessment – Year 11 RSE and Health</li> </ol>

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Spring 1 & 2	<p><b>Topic: RSE - Healthy relationships and Sexual Orientation</b></p> <p><b>Curriculum end point:</b></p> <ol style="list-style-type: none"> <li>1. Knowing the signs and symptoms of a healthy relationship</li> <li>2. Understanding the terms sexual orientation and gender identity and the correct terminology to describe differences.</li> <li>3. Understanding the basic changes to the human body during puberty</li> </ol> <p><b>Vocab:</b> Trust, Friendship, Parents, Families, Healthy, Abuse, Sexual Orientation, LGBTQ+, Gender Identity</p> <p><b>Main Assessments:</b></p> <ol style="list-style-type: none"> <li>1. Written end of unit assessment – Year 7 RSE</li> </ol>	<p><b>Topic: Becoming more employable</b></p> <p><b>Curriculum end points:</b></p> <ol style="list-style-type: none"> <li>1. Knowing your own key strengths and personal achievements</li> <li>2. Understanding how to develop your skills and qualities further</li> <li>3. Analysing different career choices and GCSE options/pathways</li> <li>4. Understanding Money (wants and needs) and how to budget</li> </ol> <p><b>Vocab:</b> Achievement, Progress, Transferable Skills, Qualities, Pathways, Careers, GSCE options, Income, Budgeting</p> <p><b>Main Assessments:</b></p> <ol style="list-style-type: none"> <li>1. Written end of unit assessment – Year 8 Employability</li> </ol>	<p><b>Topic: Knowing what impacts our Mental Health</b></p> <p><b>Curriculum end points:</b></p> <ol style="list-style-type: none"> <li>1. Knowing the signs and symptoms of poor mental health</li> <li>2. Understanding a range of positive mental health coping strategies</li> <li>3. Understanding the complexity of the world through analysing the impact of social media and substance abuse</li> </ol> <p><b>Vocab:</b> Anxiety, Depression, Self-Care, Coping strategies, Distortion, Editing, Social Media, Substance abuse, Drugs, Alcohol, Vaping, County Lines</p> <p><b>Main Assessments:</b></p> <ol style="list-style-type: none"> <li>1. Written end of unit assessment – Year 9 Health</li> </ol>	<p><b>Topic: Employability First jobs and future aspirations</b></p> <p><b>Curriculum end points:</b></p> <ol style="list-style-type: none"> <li>1. Understanding the UK laws protecting people in their first job's</li> <li>2. Knowing how to prepare for work experience in the Summer Term</li> <li>3. Understanding the different post 16 pathways and evaluating which ones are most appropriate for you</li> </ol> <p><b>Vocab:</b> Laws, Employable, Work experience, Business, Aspirations, Post 16 pathways, Apprenticeships, College, University, Personal Statement</p> <p><b>Main Assessments:</b></p> <ol style="list-style-type: none"> <li>1. Written end of unit assessment – Year 10 Employability</li> </ol>	<p><b>Topic: Looking after your body and Mind</b></p> <p><b>Curriculum end points:</b></p> <ol style="list-style-type: none"> <li>1. Knowing how to monitor and screen your body to notice changes e.g. Cancer Screening</li> <li>2. Understanding the effects of unhealthy coping strategies e.g. Self-Harm and Eating disorders</li> <li>3. Analysing Post 16 and Post 18 qualifications and pathways</li> </ol> <p><b>Vocab:</b> Screening, Self monitoring, Eating disorders, Anorexia, Bulimia, Self-Harm, College, Apprenticeships, Sixth Form, University</p> <p><b>Main Assessments:</b></p> <ol style="list-style-type: none"> <li>1. Written end of unit assessment – Year 11</li> </ol>

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<b>Summer 1 &amp; 2</b>	<p><b>Topic: Achievements and future careers</b></p> <p><b>Curriculum end point:</b></p> <ol style="list-style-type: none"> <li>1. Knowing your own strengths and setting targets for areas of improvement</li> <li>2. Understanding a range of different jobs and careers</li> <li>3. Identifying a wide range of transferable skills and qualities</li> <li>4. Understanding the Equality act and British Values</li> </ol> <p><b>Vocab:</b> Target setting, Careers, Job sectors, Skills, Qualities, Equality Act, British Values, Democracy, Tolerance, Individual Liberty</p> <p><b>Main Assessments:</b></p> <ol style="list-style-type: none"> <li>1. Written Assessment – Year 7 Employability</li> </ol>	<p><b>Topic: Health - Making positive and healthy decisions</b></p> <p><b>Curriculum end points:</b></p> <ol style="list-style-type: none"> <li>1. Understanding the negative impact that peer pressure can have</li> <li>2. Knowing the signs and symptoms of bullying</li> <li>3. Analysing the impact of social media</li> <li>4. Knowing the impact of substance abuse and addiction (alcohol)</li> </ol> <p><b>Vocab:</b> Peer Pressure, Banter, Bullying, Trolling, Social Media, Editing tools, Body image, Substances, Addiction</p> <p><b>Main Assessments:</b></p> <ol style="list-style-type: none"> <li>1. Written Assessment – Year 8 Health</li> </ol>	<p><b>Topic: RSE – Intimate relationships, Consent and Contraception</b></p> <p><b>Curriculum end points:</b></p> <ol style="list-style-type: none"> <li>1. Recapping the signs of a healthy relationship</li> <li>2. Understanding the symptoms and effects of relationship abuse and sexual harassment</li> <li>3. Understanding the types of contraception</li> <li>4. Identifying the different types of STI</li> <li>5. Evaluating pregnancy and understanding fertility and miscarriage</li> </ol> <p><b>Vocab:</b> Relationship abuse, Sexual Harassment, Contraception, Condom, Sexually Transmitted Diseases, Pregnancy, Fertility, Miscarriage</p> <p><b>Main Assessments:</b></p> <ol style="list-style-type: none"> <li>1. Written Assessment - Year 9 RSE</li> </ol>	<p><b>Topic: Physical Health, Body confidence and Self-Care</b></p> <p><b>Curriculum end points:</b></p> <ol style="list-style-type: none"> <li>1. Understanding different types of mental health problems</li> <li>2. Knowing a range of positive coping mechanisms</li> <li>3. Analysing the impact of social media on Body confidence and image</li> <li>4. Understanding how to maintain positive physical health looking at diet/nutrition and self-care</li> </ol> <p><b>Vocab:</b> Depression, Anxiety, Stress, Mental Health, Coping mechanisms, Social Media, Body confidence, Body image, Diet, Nutrition, Self-care</p> <p><b>Main Assessments:</b></p> <ol style="list-style-type: none"> <li>1. Written Assessment – Year 10 Health</li> </ol>	<p><b>Topic: Exam Preparation and Revision</b></p> <p><b>Curriculum end points:</b></p> <ol style="list-style-type: none"> <li>1. Understanding how to revise effectively and independently</li> <li>2. Reflecting on your own strengths and areas for improvement to tailor independent revision as required</li> <li>3. Utilising a wide range of revision resources to achieve personal best in GCSE exams</li> </ol> <p>Exam Preparation</p>