

Pearland ISD
2023 - 2024
Coffee With the Counselors (CWC)
Time: 9:00 – 10:00 am
Virtual

August: <ul style="list-style-type: none"> Welcome, getting to know you. Building Relationships #JustSayHi	December 14, 2023 Topic: Feeling Stressed: Learn Mindfulness Parenting (ChildBuilders) #Mindfulness #StressLess Contact: Dr. Chenda Moore
September 7, 2023 Topic: When Life Gets Hard: Parenting Through Trauma (ChildBuilders) #connection	January 18, 2024 Topic: Mady's Movement #Nevergiveup Contact: Dr. Dawn Coryat-Hon
September 14, 2023 Topic: Talk Saves Lives (Dr. Ned Strauss, AFSP) #988 #BeThe1To	February 15, 2024 Topic: Relationship & Break ups #SelfLove Contact: Dr. Chenda Moore
September 21, 2023 Topic: You've Got This: Parenting and Children's Mental Health (ChildBuilders) #TraumaInformed Contact: Dr. Chenda Moore	March 28, 2024 Topic: Sleep and Mental Health #CourageousCompassion Contact: Dr. Chenda Moore
September 28, 2023 - #iwillASK at PHS	
October 19, 2023 Topic: Social Media & Drugs (Danna Brown, Youthworks) #BeKind #DrugFree Contact: Dr. Chenda Moore	April 11, 2024 Topic: Courageous Conversations #StressLess Contact: Dr. Dawn Coryat-Hon
November 9, 2023 Topic: When Children Test Your Patience: Parenting With Empathy (ChildBuilders) #Patience #Resilience Contact: Dr. Chenda Moore	Virtual sessions every 2 nd Thursday LINK to view topics Dawson High School Time: 9:00 am

Presenter information and virtual link will be shared later.