

## Douglas Post

Doug Post graduated from Oroville High School (OHS) in 1960 and was an outstanding student and athlete, receiving an Athletic/Academic Scholarship to the University of Oregon. While at OHS, he played football, basketball and baseball all four years and a member of the Block O Society every year. He was one of six members of his class to earn Block O membership every year.

As an 11-year-old, Doug was selected a Little league All-Star and led his team to the Western Region District 8 Championship in Santa Monica, CA. At age 12, he was selected MVP of his all-star team and they lost to a Southern California team that went on to play in the Little League World Series in Williamsport, PA, only to lose to a New York team.

Athletic honors and awards came in abundance to Doug and among them earned him 12 Block O letters in his three sports. He was chosen "Most Athletic" for three straight years and in his junior year, led OHS football team to an undefeated season and the team was ranked 3<sup>rd</sup> in Northern California by the San Francisco Chronicle. As a senior, he led the football team to a 2<sup>nd</sup> place league finish and by a unanimous vote, was selected All-Sierra Foothill League Quarterback and a member of the Northern California Football All-Star Team. He was also the leading rebounder on his basketball team and led the baseball team in every major hitting category as a senior.

Upon graduation from OHS, Doug entered the University of Oregon in Eugene, earning his football letter in his sophomore, junior and senior years, playing for College Hall of Fame Coach, Len Casanova. In four years, he earned his BA degree in Parks and Recreation Management and two years later in 1966, earned his MA degree in the same field.

In 1965, Doug was hired by Lane County Youth Project as a youth worker and following that was initially employed by the City of Eugene as a Recreation Supervisor. That was just the start of an illustrious 31-year career that saw him moving through the ranks and ultimately serving as Director of Recreation and Parks for the Municipality of Eugene, Oregon, a city with a 2020 population of 168,000 and 375,000 residents in the Eugene/Springfield Metropolitan Area. The area is well known for its outdoor recreation, bicycling, hiking trails. The city also carries the name Track City USA and is home to the University of Oregon.

In 1997, Doug was honored by the Oregon Parks and Recreation Society, receiving its' Distinguished Service Award.

Community service was a huge part of Doug's life, not only to the city of Eugene, but to the University. He coached youth football and girls' softball for 15 years, was president of the Swim and Tennis Club and Executive Director of the Senior Sports Festival for 10 years. He was organizer of the University Alumni Golf Group for 28 years. Other organizations who benefited from his volunteer work were the Veterans Clinic, Veterans Hospital and the Food Recovery Mission.

Doug's volunteer work at sports events included caddying for the Nike Tour Golf Classic in 1998 and 1999, serving as an official for the U.S Women's Amateur Golf Championship in 2008, the 2014 IAAF World Junior Track & Field Championships, the 2016 NCAA Golf Championships, the NCAA Track & Field Championships in 2014, 2015, 2016 and 2017, the United States Track & Field Olympic Trials in 2008, 2012 and 2016, the Prefontaine Track & Field Classic in 2016, 2017, and 2018, and official for the National Senior Amateur Golf Championship in 2018, just to name a few.

In a quote from his nomination letter, classmate Jim Pryor writes, *"In addition to the extensive information and data provided in the application, I support Doug's nomination because he was in my experience, the quintessential teammate and the epitome of an excellent student/athlete, and also someone that I looked up to and admired for his good character, integrity and sense of fair play; he was a good student with strong marks in citizenship and just an all-around well balanced classmate and teammate with strong Judeo-Christian values."*

Doug and his wife Linda have lived in Eugene since 1963 and have two daughters and two granddaughters. Doug's sister Charlotte Post Ross was inducted into the OUHSD Hall of Fame in 2018. His older brother Bob Post and sister Diane Post are also OHS alumni.