

# OCTOBER

Monday

Tuesday

Wednesday

Thursday

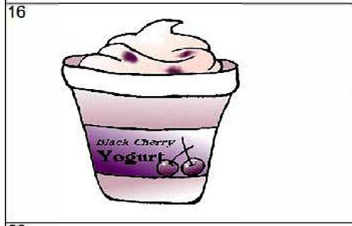
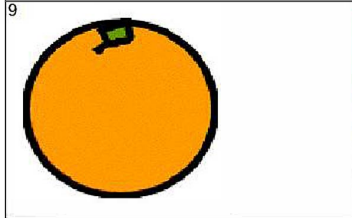
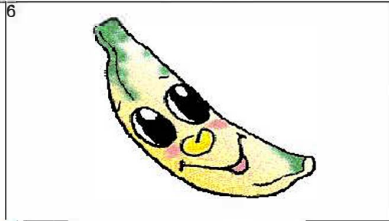
Friday

2  
Croissants w/ Eggs and Cheese  
Honey Bagel w/cream cheese  
Fresh Juicy Oranges  
Assorted Juice Choice  
Assorted Ice Cold Milk

3  
Sausage Breakfast Pizza  
Your Favorite Cereal Choices  
Cheesy Cheese Stick  
Apricot Cups  
Assorted Fruit Juice  
Assorted Flavored Milk

4  
Sausage with a Biscuit  
Hearty Baked Oatmeal Bar  
Perfectly Cooked Hard Boiled Egg  
Fresh Bananas  
Assorted Juice Choice  
Assorted Fresh Cows Milk

5  
**Liberty and Victory Charter School**  
**Hot Breakfast Menu**  
2023-2024



23  
Scrumptious French Toast  
Sticks/Maple Syrup  
Fresh Made Yogurt Parfait  
Diced Chilled Peaches  
Assorted Juice Choice  
Assorted Cold Milk

Yummy Breakfast Burrito w/ Salsa  
Mini Cinnamon Bagels  
Fresh Crisp Apples  
Assorted Juice Choices  
Assorted Milk Choices

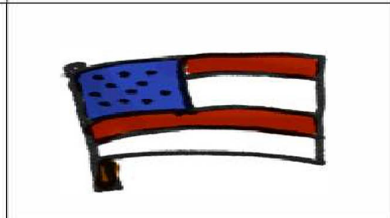
Sunny side up Scrambled Eggs  
Warm Toast w/Jelly  
Cinnamon Snack Cracker  
Strawberry Cup  
Assorted Juice Cups  
Assorted Cold Milk

Breakfast Grilled Ham & Cheese  
Warm Apple Cinnamon Muffin  
Yummy Cheese Stick  
Fresh Juicy Orange  
Assorted Juice Choice  
Assorted Milk Choice

Hot Oatmeal w/Toppings  
Yummy Uncrustable Sandwich  
Ruby Red Cranberries (Craisens)  
Assorted Fruit Juice Choice  
Assorted Milk Choice

30  
Delicious Chicken Biscuit  
Your favorite Cereal Choices  
Yummy Cheese Sticks  
Fresh Red Grapes  
Assorted Juice Choice  
Assorted Milk Choice

31  
Home Made Cinnamon Roll  
Chocolate chip Granola Bar  
Creamy Yogurt Cup  
Sweet Mandarin Oranges  
Assorted Juice Choice  
Assorted Milk Choice



WHAT DOES A PIRATE EAT FOR BREAKFAST?  
  
ARRR, CAPTIAN CRUNCH!

