# LUNCH MENU

Lunch is Free | Menu is subject to change | For more information, email hmielnicki@oneida-boces.org

## OCTOBER 2023

### MONDAY
- **02**
  - Chicken Patty on a Bun
  - Tuna Salad Sandwich
  - Green Beans

### TUESDAY
- **03**
  - Beef Tacos
  - Deli Turkey Sandwich
  - Lettuce, Tomato, Cheese Cup
  - Corn Kernels

### WEDNESDAY
- **04**
  - Mozzarella Sticks with Dipping Sauce
  - Ham & Cheese Sandwich
  - Broccoli

### THURSDAY
- **05**
  - Dino’s Meatball Sub
  - Mixed Deli Sandwich
  - Corn on the Cob

### FRIDAY
- **06**
  - Cheesy Cheese Pizza
  - Garlic Pizza
  - Green Salad

### OCTOBER 2023

- **09**
  - Indigenous People Day

- **10**
  - Boneless Chicken Bites
  - Deli Turkey Sandwich
  - Steamy Rice
  - Corn Kernels

- **11**
  - Dip N Sip: Grilled Cheese & Tomato Soup
  - Ham & Cheese Sandwich
  - Carrots

- **12**
  - Hamburger on a Bun
  - Mixed Deli Sandwich
  - Green Beans

- **13**
  - Cheesy Cheese Pizza
  - Pepperoni Pizza
  - Green Salad

- **16**
  - Chicken Tenders
  - Bologna Sandwich
  - Green Peas

- **17**
  - Warm Chili with Tortilla Chips
  - Deli Turkey Sandwich
  - Roasted Cauliflower

- **18**
  - French Toast Sticks
  - Ham & Cheese Sandwich
  - Breakfast Sausage
  - Hashbrown Patty

- **19**
  - Chicken & Cheese Quesadilla
  - Mixed Deli Sandwich
  - Maple Glazed Rainbow Carrots
  - Miss Mila’s Cookie

- **20**
  - Cheesy Cheese Pizza
  - Buffalo Chicken Pizza
  - Green Salad

- **23**
  - Chicken Patty on a Bun
  - Tuna Salad Sandwich
  - Green Beans

- **24**
  - Nachos with Queso
  - Deli Turkey Sandwich
  - Street Corn Salad

- **25**
  - Warm Ham & Cheese on a Pretzel Roll
  - Mixed Deli Sandwich
  - Carrots

- **26**
  - All Beef Hot Dog on a Bun
  - Ham & Cheese Sandwich
  - Broccoli
  - Black Bean Brownie

- **27**
  - Cheesy Cheese Pizza
  - Garlic Pizza
  - Green Salad

### Available Daily
- Entrée Salads
- Party Plates
- Assorted Subs & Sandwiches
- Assorted Fresh Fruit & Fruit Juice
- Vegetable Cruncher Cups
- Ice Cold New York State Milk

### Happy Farm to School Month!

**Local Items this Month**
- Milk, Yogurt, Meatballs, Peas, Hot Dogs, Corn, Rainbow Carrots, Carrots, Green Beans, Black Beans, Cauliflower, Pears, Miss Mila’s Cookies, Grape Slushie, Corn on the Cob.

*Local items are indicated in bold on the menu*