

October

OEC and OALC High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Cheeseburger Onion Rings Alternate	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries Alternate	Cheeseburger Mashed Potatoes and Chicken Gravy Alternate	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries Alternate	Cheeseburger Chips Alternate
BBQ Pulled Turkey Sandwich on Pretzel Bun Onion Rings BBQ Baked Beans Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables	Spicy Honey Chicken White Rice Chicken Potsticker Oven Roasted Broccoli Fresh Fruit Assorted Fresh Vegetables	Chicken Tenders (Regular and Spicy) Mashed Potatoes and Chicken Gravy Dinner Roll Steamed Peas Fresh Fruit Assorted Fresh Vegetables	Cheesy Mozzarella Sticks with Marinara Garlic Toast Sidewinder Fries Fresh Fruit Assorted Fresh Vegetables	Orange Chicken with White Rice Chicken Potsticker Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables
9	10	11	12	13
Cheeseburger Curly Fries Alternate	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries Alternate	Cheeseburger Curly Fries Alternate	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries Alternate	Cheeseburger Chips Alternate
Pizza (BBQ Chicken or Cheese) Caesar Salad Parmesan Spinach Alfredo Tortilla Chips Fresh Fruit Assorted Fresh Vegetables	Shredded Chicken Burrito Bowl with Flour Tortilla Cilantro Lime Rice Fiesta Black Beans Buttered Corn Fresh Fruit Assorted Fresh Vegetables	Rotini Grilled Chicken Alfredo Garlic Breadstick Seasoned Stemed Broccoli Fresh Fruit Assorted Fresh Vegetables	General Tso Chicken Lo Mein Noodles Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables	Mini Corndogs Chips Oven Roasted Curry Cauliflower Fresh Fruit Assorted Fresh Vegetables
16	17	18	19	20
Cheeseburger Curly Fries Alternate	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries Alternate	Cheeseburger Garlic Mashed Red Potatoes and Chicken Gravy Alternate	No School	No School
Thai Sweet Chili Chicken Fried Rice Chicken Pot Stickers Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables	Italian Dunker with Marinara Sauce Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables	Breaded Chicken Drumstick Garlic Mashed Red Potatoes and Chicken Gravy Dinner Roll Buttered Corn Fresh Fruit Assorted Fresh Vegetables		
23	24	25	26	27
Cheeseburger Curly Fries Alternate	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries Alternate	Cheeseburger Mashed Potatoes and Chicken Gravy Alternate	Breaded Chicken Sandwich (Spicy or Regular) (Fritos 1 oz) Alternate	Cheeseburger Chips Alternate
Pizza (Turkey Pepperoni or Cheese) Caesar Salad Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables	Beef Taco in a Bag Fiesta Black Beans Soy Glazed Cauliflower Fresh Fruit Assorted Fresh Vegetables	Chicken Bites Mashed Potatoes and Chicken Gravy Dinner Roll Steamed Corn Fresh Fruit Assorted Fresh Vegetables	Beef Chili Cheese Fries Garlic Toast (Fritos 1oz) Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables	Chicken Wing Day Pretzel and Cheese Sauce Seasoned Stemed Broccoli Fresh Fruit Assorted Fresh Vegetables Orange Cream Sidekick Slushie
30	31	Offered Daily		
Cheeseburger Onion Rings Alternate	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries Alternate			
BBQ Pulled Turkey Sandwich on Pretzel Bun Onion Rings BBQ Baked Beans Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables	Spicy Honey Chicken White Rice Chicken Potsticker Oven Roasted Broccoli Fresh Fruit Assorted Fresh Vegetables			
Turkey Lunch Kit	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie	Grilled Chicken Ranch Salad	Chicken Salad Sandwich

IN SCHOOL OFFERED DAILY:
Manager Choice of: Peanut Butter or Sun Butter and Jelly sandwich
This institution is an equal opportunity provider.

A milk will incur a cost unless taken as part of a school meal.