

October

Middle School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Buffalo Mac and Cheese with Nashville Hot Chicken Garlic Toast	Pizza (Turkey Pepperoni or Cheese) Caesar Salad	Brunch For Lunch French Toast Sticks Chicken Sausage Links	Chicken Sandwich (Regular or Spicy)	All Beef Hotdog
Alternate	Alternate	Alternate	Alternate	Alternate
General Tso Chicken Lo Mein Noodles Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables	Orange Chicken White Rice Chicken Potsticker Roasted Cauliflower with Soy Fresh Fruit Assorted Fresh Vegetable	Chicken Walking Taco Hashbrown Patties Fresh Fruit Assorted Fresh Vegetables	Rotini Grilled Chicken Alfredo Garlic Breadstick Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables	Poppin' Flavored Popcorn Chicken Day Southern Style OR Nashville Hot Tater Tots Fresh Fruit Assorted Fresh Vegetables BBQ Baked Beans
9	10	11	12	13
Chicken Tender (Regular or Spicy) Garlic Breadstick	Breaded Chicken Drumstick Mashed Potatoes Chicken Gravy Dinner Roll	Chicken Wing Day Salted Pretzel with Cheese Sauce	Cheesy Chicken Philly Chips	Mini Chicken Corndogs
Alternate	Alternate	Alternate	Alternate	Alternate
Spaghetti and Beef Meat Sauce Garlic Breadstick Steamed Peas Fresh Fruit Assorted Fresh Vegetables	Cheeseburger Chips Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables	Baja Beef Burrito Bowl with Flour Tortilla Cilantro Lime Rice Buttered Corn Fresh Fruit Assorted Fresh Vegetable Black Bean Salad	Italian Dunker with Marinara Sauce Caesar Salad Steamed Seasoned Green Beans Fresh Fruit Assorted Fresh Vegetable	Beef or Chicken Gyro French Fries Fresh Fruit Assorted Fresh Vegetables
16	17	18	19	20
Buffalo Mac and Cheese with Nashville Hot Chicken Garlic Toast	Beef Chili Cheese Fries Garlic Breadstick	Brunch For Lunch French Toast Sticks Chicken Sausage Links Hashbrown Patties	No School	No School
Alternate	Alternate	Alternate		
Teriyaki Chicken Lo Mein Noodles California Vegetable Medley Fresh Fruit Assorted Fresh Vegetables	Rotini Grilled Chicken Alfredo Breadstick Oven Roasted Broccoli Fresh Fruit Assorted Fresh Vegetables	Chicken Sandwich (Regular or Spicy) Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables		
23	24	25	26	27
Chicken Wing Day Salted Pretzel with Cheese Sauce	Rotini and Beef Meatball Marinara Garlic Breadstick	Chicken Bites Garlic Mashed Red Potatoes Chicken Gravy Dinner Roll	Cheeseburger Chips	Build your Own Beef Nacho or Burrito Jalapeno Cheese Sauce
Alternate	Alternate	Alternate	Alternate	Alternate
Cheesy Beef Totchos Fritos (1 oz) Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables	BBQ Pulled Turkey Sandwich on Pretzel Bun Onion Rings Creamy Coleslaw Fresh Fruit Assorted Fresh Vegetables Baked Beans	Italian Dunker with Marinara Sauce Caesar Salad Garlic Mashed Red Potatoes with Chicken Gravy Fresh Fruit Assorted Fresh Vegetables	Spicy Honey Chicken White Rice Chicken Potstickers Steamed Buttered Peas Fresh Fruit Assorted Fresh Vegetables	Hearty Beef Lasagna Garlic Toast Steamed Seasoned Green Beans Fresh Fruit Assorted Fresh Vegetables Orange Cream Sidekick Slushie
30	31			
Buffalo Mac and Cheese with Nashville Hot Chicken Garlic Toast	Pizza (Turkey Pepperoni or Cheese) Caesar Salad			
Alternate	Alternate			
General Tso Chicken Lo Mein Noodles Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables	Orange Chicken White Rice Chicken Potsticker Roasted Cauliflower with Soy Fresh Fruit Assorted Fresh Vegetable			
Offered Daily				
Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich

IN SCHOOL OFFERED DAILY:

Manager Choice of: Specialty Salad, Specialty Sandwich, Yogurt Parfait, or Peanut Butter or Sun Butter and Jelly sandwich.

*In the event that school is closed due to inclement weather, the menu offerings from the initial day school is closed will be the offerings on the following school day.

This institution is an equal opportunity provider.

A milk will incur a cost unless taken as part of a school meal.