



# PE ExL Clubs

Timings: 3.05pm – 4pm



| Day                               | Activity                   | Years   | Changing room   | Location      | Staff                           |
|-----------------------------------|----------------------------|---|-----------------|---------------|---------------------------------|
| <b>Monday</b><br>(3.05-4PM)       | Netball                    | All years   | Rec             | Sports Hall   | DHR, KWA, AMR                   |
|                                   | Silver DofE                | Year 11   |                 | Bushell Hall  | GSI                             |
|                                   | Boys football (Yr8)        | 8   | Rec             | Sand Astro    | PSA                             |
|                                   | Boys Football (Yr7)        | 7   | Sirett/Hird     | 3G            | MRE                             |
| <b>Tuesday</b><br>(3.05-4PM)      | Girls Football             | All years   | Sirett          | 3G            | AMR                             |
|                                   | KS3 Badminton              | 7,8,9   | Rec             | Sports Hall   | KWA                             |
|                                   | Boys Rugby                 | 7,8,9   | Sirett          | Field         | MRE                             |
|                                   | Table Tennis               | All years   | Hird            | Hird          | DHR                             |
|                                   | Bronze DofE                | Yr 10   |                 | Bushell Hall  | GSI                             |
|                                   | Sports Hall Athletics      | 7,8,9   | Rec             | Sports Hall   | Mr Roberts<br>(Athletics coach) |
| <b>Wednesday</b><br>(2.10-3.10PM) | Enrichment Wednesday       | See CEPD Website below to book a place – ALL students that wish to attend Enrichment Wednesday must pre-book a place.<br><a href="http://www.cepd-cheshire.co.uk">www.cepd-cheshire.co.uk</a> <ul style="list-style-type: none"> <li>• <b>Basketball</b></li> <li>• <b>Dodgeball</b></li> <li>• <b>MMA (Mixed martial arts)</b></li> <li>• <b>Swimming</b></li> <li>• <b>Football (Girls &amp; Boys)</b></li> </ul> |                 |               |                                 |
|                                   | CEPD Cheshire Sports Clubs |   |                 |               |                                 |
| <b>Thursday</b><br>(3.05-4PM)     | Boys Football              | 9, 10   | Sirett and Hird | 3G            | SKE, SJO, PHI                   |
|                                   | Hockey (Boys and girls)    | All years   | Sirett/Hird     | Sand Astro    | MBL                             |
|                                   | Gold DofE                  | 6 <sup>th</sup> Form  |                 | Bushell Hall  | GSI                             |
|                                   | Basketball                 | All years   | Rec             | Sports Hall   | SLE                             |
|                                   | KS3 Dance                  | 7,8,9   | Sirett          | Sirett studio | EHZ                             |
| <b>Friday</b><br>(3.05-4PM)       | GCSE/A-Level Badminton     | KS4&5   | Rec             | Sports Hall   | KWA                             |
|                                   | Girls Football             | 7, 8  | Sirett          | 3G            | ECA                             |
|                                   | BTEC Dance                 | 11  | Sirett          | Sirett        | EHZ                             |

**Monday, Tuesday, Thursday and Friday (3:05pm-4pm):** All clubs are free with no need to sign up- JUST TURN UP AND GET INVOLVED!

**Wednesday (2:10pm-3.10pm):** All clubs are free and open to all years.

Please use link or QR code below to sign up.

To book visit  
[www.cepdcheshire.schoolipal.co.uk](http://www.cepdcheshire.schoolipal.co.uk)  
 or scan the QR Code!

