

OCTOBER 2023

TIGER PAW CAFÉ

BREAKFAST



BREAKFAST IS FREE TO ALL STUDENTS!!

This institution is an equal opportunity provider.



Cinnamon Roll Day is October 4. Start your day in a fun way with a cinnamon roll.

All breakfast meals include Juice, Fruit and 1% unflavored milk or fat-free flavored milk.



MONDAY

Golden Graham Bar
Cinnamon Chex

2

String Cheese

TUESDAY

Fudge Pop Tart
Lucky Charms

3

WEDNESDAY

Cinnamon Roll Day
Cinnamon Roll
Golden Grahams

4

THURSDAY

Zee Zee Bar
Kix

5

FRIDAY

Graham Snack
Cinnamon Chex

6

Yogurt Cup

No School

9

Blueberry Muffin
Apple-Cinn Cheerios

10

Strawberry Pop Tart
Corn Flakes

11

Zee Zee Bar
Kix

12

Graham Snack
Trix

13

Yogurt Cup

Banana Muffin
Lucky Charms

16

Cinnamon Pop Tart
Kix

17

Zee Zee Bar
Golden Grahams

18

Lucky Charms Bar
Apple-Cinn. Cheerios

19

Graham Snack
Corn Flakes

20

Yogurt Cup

Fudge Pop Tart
Honey Nut Cheerios

23

Zee Zee Bar
Cocoa Puffs

24

Choc. Chip Muffin
Cinnamon Toast Crunch

25

Cocoa Puffs Cereal Bar
Trix

26

Graham Snack
Lucky Charms

27

Yogurt Cup

Cinnamon Pop Tart
Kix

30

Halloween
Chocolate Muffin
Honey Nut Cheerios

31



Menu Subject to
change due to
availability.

String Cheese