



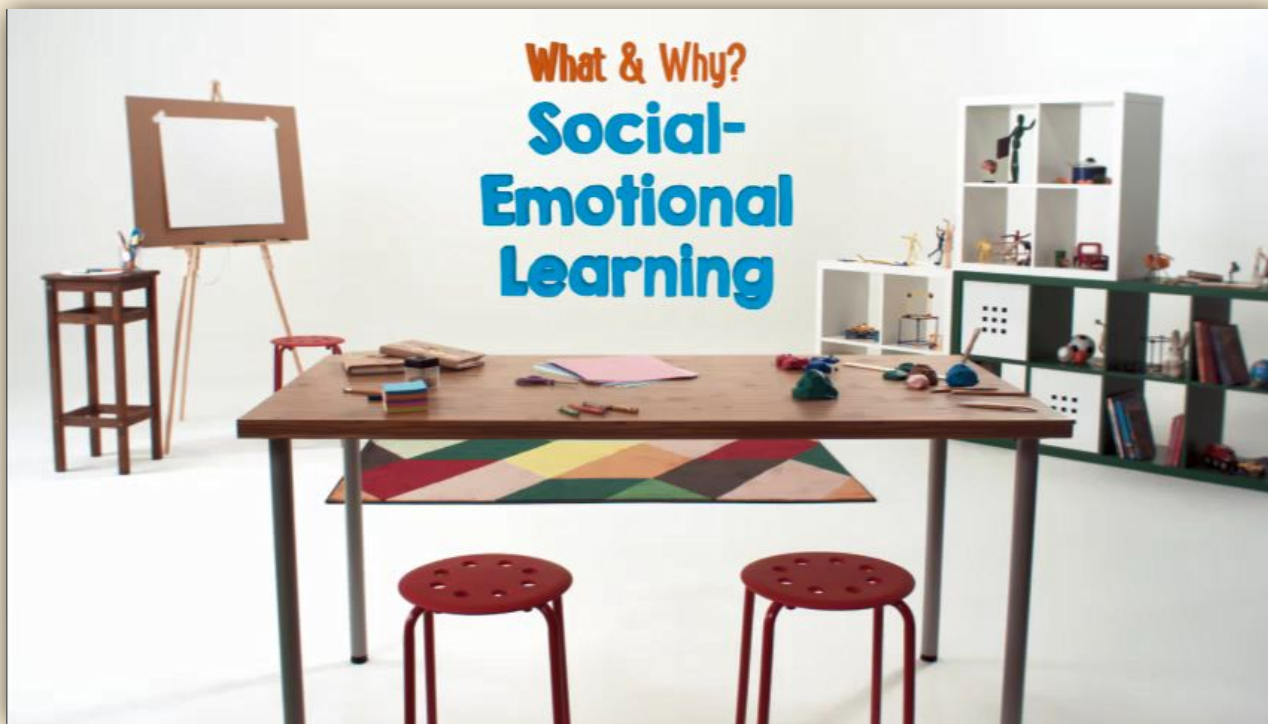
# **GPS SEL Program**

## **Second Step**

### **Curriculum**


# Agenda

- What is SEL and Why Teach It?
- What is the Second Step® Program?
- Second Step Overview



## Social-Emotional Learning: What Is SEL and Why SEL Matters

# Research Links Evidence-Based SEL to Positive Outcomes<sup>1</sup>

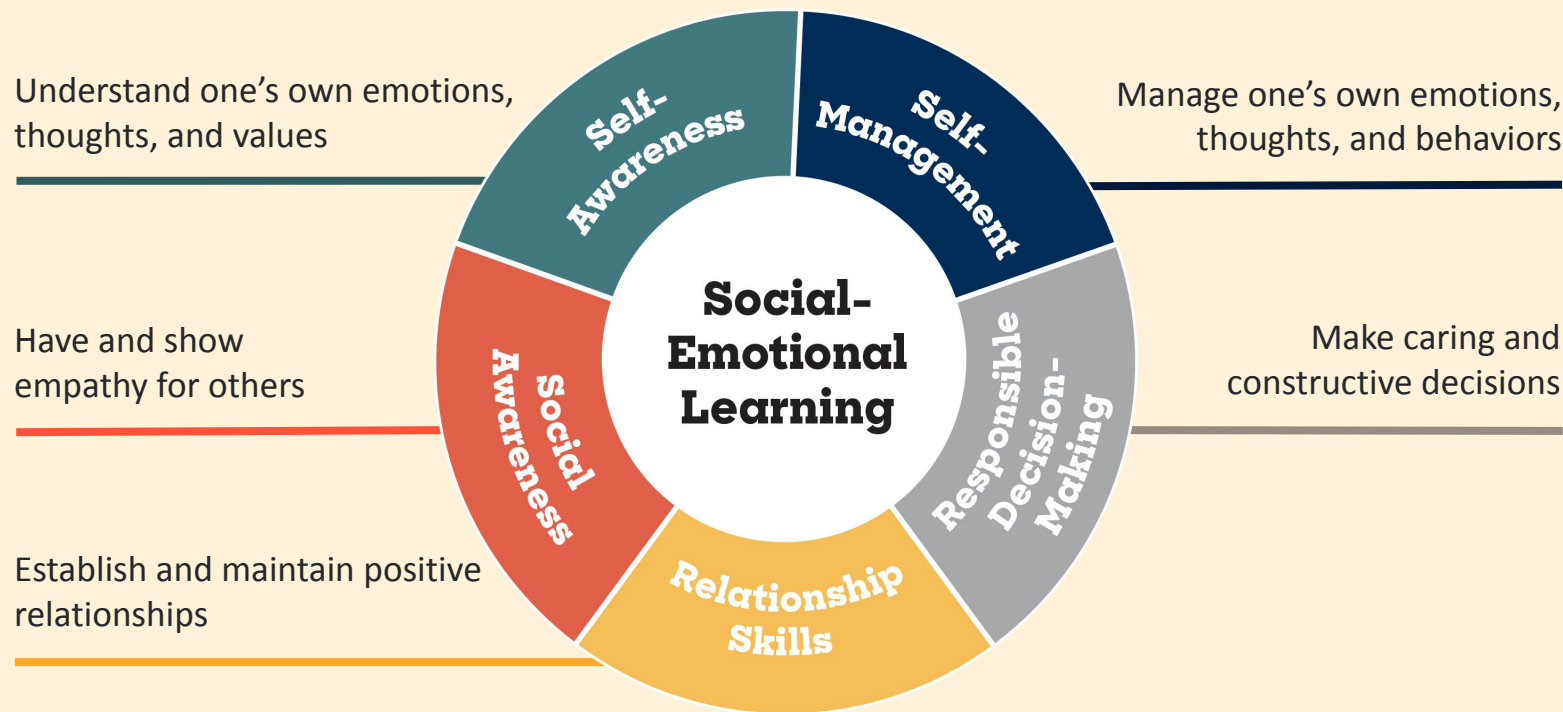


Participating in  
evidence-based SEL  
programs

## Positive Outcomes

- Improved social-emotional skills
- More positive attitudes about self, others, and school
- Increased prosocial classroom behavior
- Fewer conduct issues
- Less emotional distress
- 11 percentile-point gain in overall academic achievement

# Social-Emotional Competencies & Sample Skills<sup>5</sup>



# The Power of Holistic SEL

Children benefit most when all adults in their lives, in and out of school, are working together to teach, model, and reinforce SEL.



Home



School



Community

# A School's Role in Supporting Holistic SEL

## Explicit SEL Instruction

- A comprehensive, universal, research-based classroom curriculum

## Schoolwide Practices

- All adults are familiar with common language and strategies
- All adults practice and reinforce skills and strategies with students and with one another throughout the school environment



# Our Roles in Supporting SEL Schoolwide

<b>SEL Leadership Team</b>	<b>Lead</b> and <b>support</b> schoolwide implementation planning and logistics
<b>Lesson Instructors</b>	<p><b>Teach</b> 20 weekly lessons, in order, one per week (15–30 min. each)</p> <p><b>Facilitate</b> daily practice activities (5–10 min. each)</p> <p><b>Reinforce and integrate</b> common language and skills throughout the day</p>
<b>All Staff</b>	<b>Reinforce</b> common language and skills in all areas of the school



# Second Step<sup>®</sup> Elementary and Middle School in Our District

# Resources Available With Our Schoolwide License

**All staff have access to the program online:**

- Training resources
- Lesson materials and teaching support
- Leadership guidance, tools, and checklists
- Media and resources to support skill development and reinforcement (such as songs, Brain Builders, and mini-posters)





# Scope & Sequence

<b>Weeks 1–5</b>	<b>Unit 1</b> Growth Mindset & Goal-Setting
<b>Weeks 6–10</b>	<b>Unit 2</b> Emotion Management
<b>Weeks 11–15</b>	<b>Unit 3</b> Empathy & Kindness
<b>Weeks 16–20</b>	<b>Unit 4</b> Problem-Solving



# Scope & Sequence Comparison

Kit S	Kindergarten–Grade 3			Grades 4–5		Grades 6–8	
	<b>Unit 1</b>	Skills for Learning	4–5 lessons	Empathy and Skills for Learning	8–9 lessons	Mindsets and Goals	7 lessons
	<b>Unit 2</b>	Empathy	6 lessons	Emotion Management	6–7 lessons	Recognizing Bullying and Harassment	6 lessons
	<b>Unit 3</b>	Emotion Management	5–7 lessons	Problem Solving	7 lessons	Thoughts, Emotions and Decisions	6 lessons
	<b>Unit 4</b>	Problem Solving	6–7 lessons	N/A		Managing Relationships & Social Conflict	7 lessons
Time to Teach		Kindergarten	20–25 minutes	Grades 4–5	35–40 minutes	Grades 6–8	25 minutes
		Grade 1	25–30 minutes				
		Grades 2–3	30–35 minutes				

# Thank You!