



CuteBento

宝贝便当

SIS Net Valley Site Lunch Buffet



9.18-9.22

	星期一 MONDAY	星期二 TUESDAY	星期三 WEDNESDAY	星期四 THURSDAY	星期五 FRIDAY
主菜 A Meat Dish A	双果糖醋鸡丁 Sweet and Sour Chicken with Apple and Pineapple Braise	西兰花炒虾仁 Stir fried Shrimp with Broccoli	莲藕焖猪肘 Braised Trotters with Lotus Root	胡萝卜焖牛腩 Stewed Beef Brisket with Carrots	紫苏芋头焖鸭 Duck Braised with Perilla Leaves and Taro
主菜 B Meat Dish B	土耳其炒肉配花菜 Turkish Pork Stir Fry with Cauliflower	咖喱鸡 Curry Chicken	香煎鱼柳配莳萝柠檬汁 Pan Fried Fish Fillet with Lemon Dill Sauce	迷迭香烤鸡腿 Roasted Chicken Thighs with Rosemary	吉列猪扒配咖喱汁 Deep Fried Pork Chop with Curry
蔬菜 A Vegetable Dish A	法香黄油烤杂菜 Butter Roasted Vegetables with Thyme	英式蔬菜煲 English Vegetable Casserole	卡真薯角配蛋黄酱 Fried Potatoes with Mayonnaise	墨西哥烩杂豆 Mexican Braised Beans	黄油烤杂菜 Roasted Vegetables with Butter
蔬菜 B Vegetable Dish B	木须圆白菜 Stir fried Cabbage with Fungus	金银娃娃菜 Braised Baby Cabbage in Pork Soup	白玉青菜 Sauteed Shanghai Green with Mushroom	蒜蓉菜心 Stir fried Chinese Cabbage with Garlic	鱼香茄子 Braised Eggplant with Minced Pork
主食 A Crop A	红米米饭 Brown Rice	香米饭 Rice	亚麻籽紫薯饭 Flaxseed Rice with Purple Potato	香米饭 Rice	绿豆小米饭 Green Bean and Millet Rice
主食 B Crop B	广式炒米粉 Fried Rice Vermicelli in Cantonese Style	黄油玉米棒 Roasted Corn with Butter	三丝意粉 Spaghetti with Bell Peppers and Onion	茄汁螺丝粉 Fusilli in Tomato Sauce	奶油芝士通心粉 Creamy Cheese Rigatoni
汤品 Soup	虫草花排骨汤 Cordyceps Flower Spare Ribs Soup	罗宋汤 Borscht	玉米胡萝卜鸡汤 Chicken Soup with Corn and Carrot	南瓜奶油浓汤 Pumpkin Cream Soup	番茄蛋花汤 Tomato and Egg Soup

因供应等原因, 部分食材或有差异, 以当天实际出品为准 (Reference only, Please refer to the actual items available on the day)

SELECTED INGREDIENTS EVERY DAY FRESH FOOD

严选食材 保证日日鲜做