



CuteBento

宝贝便当

SIS Jingshan Site Lunchbox



9.18-9.22

	星期一 MONDAY	星期二 TUESDAY	星期三 WEDNESDAY	星期四 THURSDAY	星期五 FRIDAY
主菜 A Meat Dish A	红烧猪肉饼 Stir fried Shrimp with Cucumber	蜜汁鸡翅 Grilled Chicken Wings with Honey Sauce	莴笋炒虾仁 Stir fried shrimp with Lettuce	西班牙烩牛肉 Braised Beef with Tomato Sauce	意式烧汁鳕鱼条 Cod Fillet with Tomato Sauce
主菜 B Meat Dish B	西兰花滑鸡肉 Stir fried Pork with Bamboo Shoots	西葫芦炒肉 Stir fried Pork with Squash	咖喱鸡 Chicken with Curry	家常腐竹焖肉 Braised Pork with Bean Curd Stick	茭白烧肉 Braised Pork with Chinese Celery Stems
蔬菜 A Vegetable Dish A	清炒奶白菜 Braised Cabbage in Broth	白玉上海青 Stir fried Cabbage with Mushroom	蒸玉米 Steamed Corn	清炒菠菜红腰豆 Stir fried Spinach with Red Kidney Beans	炸薯角 Deep-fried Potato Wedges
蔬菜B Vegetable Dish B	番茄炒鸡蛋 Stewed Tofu with Tomato Sauce	烤南瓜 Grilled Pumpkin	包菜胡萝卜丝 Stir fried Shredded Cabbage and Carrot	水蒸蛋 Steamed Eggs	清炒小白菜 Stir fried Bok Choy
主食 Crop	糙米燕麦饭 Brown Rice with Oatmeal	肉酱意面 Spaghetti Bolognese	香米饭 Rice	紫薯米饭 Purple Potato Rice	双丝炒意粉 Stir fried Spaghetti with Bell Peppers and Onions

因供应等原因, 部分食材或有差异, 以当天实际出品为准 (Reference only, Please refer to the actual items available on the day)

SELECTED INGREDIENTS EVERY DAY FRESH FOOD

严选食材 保证日日鲜做



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SIS Jingshan Site Snacks



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	星期一 MONDAY	星期二 TUESDAY	星期三 WEDNESDAY	星期四 THURSDAY	星期五 FRIDAY
早点 Morning Snack	卡仕达餐包 Custard Bun	麦麸吐司面包 Wheat Toast Bread	胡萝卜棒餐包 Carrot Bread	绿豆饼 Green Bean Cake	海盐吐司 Sea Salt Toast
	牛奶 Weidendorf Whole Milk	牛奶 Weidendorf Whole Milk	牛奶 Weidendorf Whole Milk	牛奶 Weidendorf Whole Milk	牛奶 Weidendorf Whole Milk
下午点 Afternoon Snack	红豆饼 Red Bean Cake	提子面包 Raisin Bun	丹麦卷 Roasted Danish	蓝莓面包 Blueberry Bread	菠萝包 Pineapple Bun
	香梨 Pear	圣女果 Cherry Tomato	苹果 Apple	香蕉 Banana	嘎啦果 Apple

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SELECTED INGREDIENTS EVERY DAY FRESH FOOD

严选食材 保证日日鲜做