

# AISD SHAC MEETING MINUTES

May 16, 2023

Esly DeLuna- Parent  
Alicia Haro- Parent/Admin  
Amber Hill- Mind Above Matter  
Tim Payovich-AISD Police  
Brian Welch- AEN PE  
Trey Washburn- AHS Athletics  
Angela Taylor- AHS Nurse  
Lori Nunez- ADM  
Juan Sanchez- AES PE  
Hannah Massey- LES Nurse  
Valarie Slagle- AES Nurse

Molly Needham- LVN AJH  
Erica Vyers- Reach Across Johnson  
Candi Howard- AIS Nurse  
Tina Herrera- AIS Social Worker  
Leigh Williams- AHS  
Katie Franklin- AHS Athletics  
Nikki Bowman-Reach Across Johnson  
Jack Aspinall- CN Supervisor  
Ana Encinas- District RN  
Tracy Melson- AEN/Parent  
Abigail Trevino- AISD CN Director

The SHAC meeting was called to order at 1:40pm by Abigail Trevino. She welcomed all in attendance and discussed the agenda for the SHAC meeting. Reviewed agenda items for today's meeting. Sarah Thieroff will be presenting Project ADAM.

The meeting minutes from March 21, 2023, were reviewed and approved.

**Health Education:** Sarah Thieroff presented Project ADAM and recommended that at least 5-10 AISD staff from each campus be CPR certified.

**Health Services:** Ana Encinas is introduced to give an update on what has been trending on the district visits. Strep throat has been the most frequent trend for the past months. The agenda item of "hot chip sales" is redacted by Ana Encinas.

**Nutrition Service:** Abigail Trevino explains the Local Wellness Policy and Alvarado ISD school Wellness Plan. Nutrition is required to conduct a triennial assessment of the LWP. Today she is conducting assessment on the LWP and School Wellness Plan annual assessment. She goes through all goals listed in the School Wellness Plan. There is no evidence provided for some of the goals listed in the plan. Concerns are voiced when discussing sufficient time for scholars to eat during lunch. AHS and AJH have plans in place to improve meal time. Alvarado Intermediate wants to stagger lunch periods to allow more time for meals. We would like for nutrition education in the classroom to be a goal for all campuses. Marketing Specialist with Chartwells plans to come to campuses. Macro education for athletes and sports medicine scholars is

discussed as part of the curriculum. Concern on Elementary level implementing nutrition education. Goals on campus personal physical education are discussed. Objectives and goals for the upcoming year will be written into the new School Wellness Plan template.

**Physical Education:** Fitbits were not used on campus as much as we would have liked. Discussions about finding a good way for scholars to use the fitbits. Teachers voted unanimously to renew the CATCH program for another year.

**Family/Community Involvement:** SHAC night discussions for next year. After action review, what we can improve on for next year. The Back to school Bash is scheduled for 5-7pm on August 3. We would suggest changing the flow of how they come in and how they exit the building.

**Other Questions, Comments, Concerns:** SHAC meeting was called at 2:47PM.

**Next Meeting is scheduled for September 19th at 1:30PM in the AISD Boardroom**