

# LANCERS ATHLETIC NEWSLETTER

#### **Purchase Lancer Passes & Reserved Seats**

Starting August 1st, all Lakewood Passes and Reserved Seats for the 2023-2024 season went on sale! This year, all Passes and Reserved Seats can be purchased through Hometown ticketing.

Please use this link to purchase Passes or Stadium

Seats.https://www.lakewoodlocal.k12.oh.us/LancerAthletics.aspx.

Due to the increase in official's fees for the 2023-2024 school year for all central Ohio Athletic departments, the Licking County League has changed the admission price for the 2023-2024 school year.

Any Licking County League school sporting event that contains a varsity game/match will have an admission rate of \$8.00 for all on-line tickets. Any event that does not contain a varsity match will have an admission rate of \$6.00 for all on-line tickets. **Pre-Sale online 2 hours will save you \$2.00 on a online ticket and .45 on a cash ticket.** Cash tickets will be available this year for \$8.00 at the High School and \$6.00 for Middle School events.

Please keep in mind that this admission change is only for games/matches involving Licking County League Schools. Any non-league opponent Lakewood plays at their place may have a different admission rate based on their League prices.

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Passes/Reserved Seats

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#### 2023-2024 Lakewood Passes/Reserved Seats (Add HTT & Stripe Fee )

Lancers Family Pass (4 Immediate Family Members)\$220.00 + FeesLancers Adult Pass\$100.00 + FeesReserved Seat (With Purchase of Family/Adult Pass)\$30.00 + FeesFootball Reserved Seat Pass (5 Games)\$60.00 + FeesStudent Pass (Ages 6-17)\$50.00 + FeesVarsity L Pass (Students who have earned a Varsity Letter)\$35.00 + Fees

#### 2023-2024 Lakewood Tickets (Add \$1.55 HTT & Stripe Fee)

General Admission (Varsity) \$8.00 + Fees
Presale Online Tickets-2 Hours Prior (Varsity) \$6.00 + Fees
General Admission (Middle School, Freshmen, JV Event) \$6.00 + Fees
Presale Online 2 Hours Prior (Middle School, Freshmen, JV) \$4.00 + Fees

HS Students to HS Events / MS Students to MS Events (Student ID)

Lakewood Staff (Staff ID)

Children 5 years & younger accompanied by an adult

Adults 60 years young & older Live in Lakewood District

FREE



#### **Lakewood Welcomes New Girls Varsity Basketball Coach**







Coach Tay Tufts brings a wealth of basketball experience and success to Lakewood as the new Head Varsity Girls Basketball Coach. He replaces Rob Compton who stepped down in May to become the new Girls Basketball coach at Watkins Memorial.

Coach Tufts with over 160 career wins as a head coach is goal oriented, student-focused with proven expertise in motivating student athletes to achieving goals while also strategizing for winning basketball programs. He has proven to being committed to the student athlete's personal development in both academics and athletics at every program he has led.

In 2018-2019 Coach Tufts was named Division I Central Ohio Coach of the Year, & Ohio Capital (OCC) Coach of the Year while leading Hilliard Darby to their best record in school history. Coach Tufts has a history of turning around struggling programs. From 2012 to 2015, he turned around a Licking Heights program going 40-29 during that span. Prior to his arrival at Licking Heights, the program had six wins in three years. While at Garfield Heights (2010-2012), he was named Northeast Ohio Conference Coach of the Year, finding success with a program who went 20 years without a winning record. Coach Tufts has also has also appeared in two State Championship Semi-Final games as a coach.

Coach Tufts is looking foward to be part of the Lakewood Community! "I want to thank Dr. Gleichauf, Principal Krier, Athletic Director Lee, and the Lakewood School Board for the opportunity to be the new Head Girls Basketball Coach. I am very excited to coach such a talented group of young ladies who desire to establish their legacy and take Lakewood Girls Basketball to the next level.I expect our team to fiercely compete every practice and game, playing hard, smart, and together, as we look forward to making every Lakewood fan proud when they watch us on the court. We will also strive to work just as hard off the court to be the best students, leaders, and people we can be".

Athletic Director, Jason Lee shared, "We're excited to have Coach Tufts leading our Girls Basketball program. He has not only had proven success as a coach, but more importantly he has shown he has built strong relationship with his athletes that have resulted in getting the very best from them! Coach Tufts has a strong focus on our student athletes, understanding the importance of balancing academics, athletics and a vision for the program at the lower levels. We look forward to him building a respectable program and serving our kids well."

Please join the Lakewood community in welcoming Coach Tufts to his new role.

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-Coach Tay Tufts

# **Lancer Girls Youth Travel Team Tryouts**

Attn: Lakewood 3rd, 4th, 5th, and 6th Grade Parents and Student Athletes

**What:** In order to be competitive against the best talent in Central Ohio at the Jr. High School and High School levels, we need to strengthen and progress our 4th, 5th, and 6th grade Lakewood Girls Youth Travel Teams.

**Who:** All 3rd, 4th, 5th, and 6th Grade girls that are in the Lakewood Hebron School district are welcome to try out for the Lakewood Girls Basketball Elite Youth Travel Teams. (Elite 3rd graders can try out for the 4th grade teams). Also, seeking Coaches for the 2023-24 Youth Travel season.

When: Lakewood Girls Youth Travel tryouts for 4th, 5th, and 6th-grade teams will occur at Lakewood High School on Sunday, September 10th from 5-7pm, and Monday, September 11th from 7-8:15pm.

**Parents:** \*Youth Travel Parents - There will be a Youth Girls Basketball Parent Meeting on Sunday, September 10th at 5pm (during tryouts)\*

**Coach Tay Tufts** 

Lakewood HS - Head Girls Basketball Coach

Email: taydtufts@yahoo.com

Phone: 614-493-7016



# **Thompson Named Boys Head Golf Coach**



Andrew Thompson will serve as Boys new Head Varsity Golf Coach. Thompson who was the Lancers Junior Varsity Coach last year will take over for Ryan Simi who stepped down in April.

Thompson is a New Albany High School and Mount Union graduate where he played golf collegiately for 4 years & finished as the Raiders #1 man. He left the program as it's all time leader in tournaments played. He served as a full-time golf professional at Brookfield Country Club in Roswell GA and has spent time teaching Junior Golf Clinics in New Albany, OH. He is owner of of Albany Farms LLC.

"I'm looking forward to moving from the JV role to Varsity this year. We are continuing to make great steps toward building a program everyone can be proud of and be excited to be a part of. When the guys are proud of what they have built they start to improve as students, golfers, and men. We are looking forward to seeing the team flip the switch and take off toward those goals." - Coach Andrew Thompson

# **Engle To Serve as JV Boys Golf Coach**

Luke Engle will serve as Head JV Boys Golf Coach and assist with the Varsity program. Engle comes from John Glenn High School where he was a Golf Assistant from 2019-2022. He also served as the John Glenn 8th Grade Basketball Coach since 2019. Engle graduated from Maysville High School in 2015 and the University of Mount Union in 2019.



### Pound New Head Boys Varsity Cross Country Coach \*\*\*





A familiar face will take over as the new Lakewood Head Boys Cross Country Coach. Stephanie Pound who has been the Lancers HS Boys Track coach for the past 3 track seasons will guide the program. Pound will replace long time head coach Dan Sekerak who stepped down after 50 years as Head Coach of the Lancers.

Prior to leading the Boys Varsity Track program, Coach Pound a graduate of Heath High School has also coached the MS Boys Cross Country team for 2 seasons and has also coached youth baseball, softball and basketball. Pound has coached several distant runners & relay teams to the Regional Championships during here tenure as Head Boys Track Coach. She also has been instrumental in the increase in participants in the program as well assisting with the implementation of the Indoor Track program.

"I'm excited to have the opportunity to be the HS Boys XC coach. This year we will have a young team comprised mostly of Freshmen and new to the sport runners. Many have been putting in some good conditioning this summer and I cannot wait to get the season started to watch the athletes set goals, put in the work to reach those goals and grow in the sport. " -Coach Stephanie Pound

#### New MS & HS Coaches Join Lancer Athletic Staffs



















Several new board approved coaches will grace the sidelines and courts for the Lancers this Fall and Winter of 2023 & 2024.

**Craig Stoneburner** will be the new Varsity Assistant Girls Basketball Coach. **Stoneburner** comes from Bishop Rosecrans high school where he spent three years as Junior Varsity Head Coach and Varsity Assistant, he has coached 20 years as a Basketball, Baseball and Football Youth Coach at Bishop Rosecrans, West Muskingum and East Muskingum.

**Erin Bondzelenske** will be the Head JV Girls Basketball Coach. Bondzelenske served as JV coach under Coach Tufts at Hilliard Darby High School from 2018-2021. She currently work for Skyhawks Sports Academy as a Program Director running youth sports camps and skills classes.

**Stephanie Howell** will be the new Head 7th grade Volleyball Coach. She is a 1991 Lakewood graduate where she played volleyball and softball. She also played college volleyball at OSU-Newark. She is currently a nurse at OhioHealth where she has worked for 15 years.

**Tyler Brown** has taught mathematics at the high school since 2012. He returns as a Varsity Football Assistant overseeing quarterbacks and defensive backs. Coach Brown brings 23 years of football coaching experience.

**Bella Wildermuth** will be the Head Freshmen Volleyball Coach. Wildermuth coached at HOVA for the 2022-2023 season as an assistant coach for a 13s team. She has also played varsity volleyball at Granville for three years & club volleyball for 5 years.

**Travis White** is a 4th generation Lakewood graduate who has coached youth baseball from 2016-2021, & youth volleyball from 2018-2023, while serving as the youth little league president from 2017-2020. White has also coached Youth basketball from 2017-2023, and was the Lakewood JV assistant coach for the 2022/2023 season. He is employed by Axium Packaging in New Albany.

**Pete German** is the new Middle School Head Football Coach. German comes from Licking Valley where he has coached football for 4 years. Coach German earned his associates degree in police science and currently works for the State of Ohio.

**Jacob Chester** will serve as an assistant Middle School Football Coach. Chester comes from Piketon where he was JV Assistant Baseball Coach & Jr. High Assistant Football Coach. He has also coached Jr, High football at Coshocton and currently works at Licking Memorial Hospital.

**Brandon Moore** who is a Licking Valley graduates and played offensive lineman for the Panthers will be a MS Football assistant in 2023. Coach Moore earned his Masters degree and works for the Newark Church of Christ.



# Local Businesses Support Lakewood Athletics with Fall Digital & Stadium Advertisements





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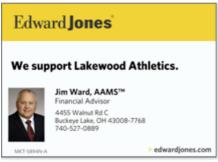
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For Banners or Signs at Lancer Stadium, or to digitally advertise for the Fall and/or the Winter seasons at "The Court," please reach out to Athletic Director Jason Lee at ilee@lakewoodlocal.k12.oh.us.



**Content & Modules** The Value of Leadership **Building ELITE Teams** Leading by Example/Vocal Drive/Work Ethic/Grit **Self Discipline** Humality **Selflessness** Loyalty

**Integrity** Respect **Building Trust Positivity** 

Courage

**Accountability Mental Toughness and Resiliency Communication Conflict Management Motivating & Engaging Team Managing Performance Pressure Time Management & Organization Effective Goal Setting** 





# **SHIELD Leadership Development Program**

The Lakewood Athletic Department in partnership with the Lakewood Education Foundation have initiated the SHIELD (Students Helping Inspire Elite Leadership Development) program.

The importance of peer leadership is often underestimated in sports. A team leader has more interaction and spends more time with their team than coaches do. The team's leaders have a significant impact on the success of the team, especially in the offseason.

For perspective, a typical high school season is 100 days, or 27% of the year. That means that the coach has only limited contact with the athlete for the year. The team leader is also going to spend more time with their teammates at school, socially after practice, and in the locker room. That is why player/peer leadership is important!

SHIELD will allow student athletes from every athletic program to join the program that aspire to become a stronger leader. The program will meet once weekly to to cover content & modules on Leadership with a focus on Confidence, Communication, Grit, Mental Toughness & Character. SHIELD Leaders will then share with their teammates weekly during SHIELD talk.

Curriculum will be supported by Jamy Bechlers Leadership Development Playbook and other Leadership resources.









# **Coaches Professional Development**

Professional Development for Sports Coaches is critical. The best coaches know that to be the best, they must continue to develop professionally. But with the many types of Professional Development available, it can be difficult to discover the most effective way to improve coaching skills and the time to develop them.

To assist with supporting our coaches the Lakewood Athletic Department will hold two Professional Development sessions for all Head Coaches at both the Middle School & High School levels. These sessions will include a review of the Lakewood Coaches Handbook of expectations supported by small presentations from the Coaches Insider to reinforce the importance and examples of how to meet those expectations.

**Jamy Bechler** who is a Aurther, Leadership Consultant, Podcaster and Speaker will be a Virtual Guest speaker at one of the sessions to cover:

Creating a Championship Culture in Your Program, Avoiding Communication Turnovers Motivating Today's Student-Athletes, What REAL Leadership Looks Like, Winning with Parents (and other Stakeholders) & Coaching Nuts & Bolts.

### **Summer 2023 Lakewood Highlights**



Volleyball Youth & Team Camp



**Boys Youth Basketball Camp** 



**MS Cheer Camp** 



**Girls Youth Basketball Camp** 



Youth Football Camp



**Youth Soccer Camp** 



**Cheer Youth Camp** 



Lakewood Summer Stride 5k



#### **New Softball Field Construction**



In July, crews began work on Phase #1 of the new Softball facility! The playing field was adjusted to improve sight lines for fans, and to provid space for new larger dugouts. The outfield was leveled and seed was put down in August. New fencing will begin in September.







#### **Lancer Football Special Home Dates**

Military Night August 25, 2023

Youth League Night September 15, 2023

Wall of Fame September 22, 2023

'23 Homecoming October 6, 2023



Senior Night October 13, 2023

Lakewood High School Athletics

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Check us out on Twitter

@LWHSLancers

#### **ATHLETIC LINKS:**

**Live Stream** 

Live

**Team Schedules** 

https://go.dragonflyathle

tics.com/

MS Athletic Coaches
HS Athletic Coaches



We are a
community of
learners inspiring
each student to
explore, grow, and
achieve.

#### **Lakewood Lancers 2023 Fall Team Pictures**







