Extracurricular Committee | May 2, 2023

Notes:

Started at 6:30

- No public to be heard.
- Minutes from previous meeting were approved.
- Old Business:
    - Annual Report Update -an annual report could begin for the next school year – using the next school year's budget
- New Business
    - CPR/AED -$1797 would be the cost of the training to train the essentials –it may be an agenda item
    - Elementary Clubs –robotics clubs have expanded:
    - The schools listed below indicated in Red, had Robotics up and running this year. The others will start in the Fall. SPE couldn't find staff interested in running it.
        - UPE – Yes
        - Limerick – Yes
        - Brooke – Yes
        - Royersford – Yes
        - 5/6/7 – Yes
        - Oaks – No
        - Evans – No
        - Spring City – No
    - Fine Arts Update (notes attached)
    - Secondary Clubs/Activities Update was given (notes attached)
- Parents in support of girls flag football attended –made a presentation (included in the notes) -SF has girls who have participated in a national champion team (FYI)
- Public Comment:
    - Steve Fry, DECA Club, Social Justice club –he asked about them
- Meeting adjourned 7:11pm
- Next meeting

Extra-Curricular Committee Meeting

SPRING-FORD AREA SCHOOL DISTRICT

District Office Main Conference Room/Virtual

Tuesday, May 2, 2023 @ 6:30 pm

SIGN IN SHEET

PLEASE PRINT

David Shafer (Chair)

Abby Deardorff

Wendy Earle

Rich Colasanti

Laura Faulke

Wendy Young

Joshua Young

Steve Frey

David Sullivan

Alexandra Sullivan

Dr. Tina Giambattista
(Asst. Superintendent /Admin Liaison)

Theresa Westwood

Karen Weinstein

SPRING RECORDS AS OF MAY 2, 2023

BASEBALL – 11-1 OVERALL

SOFTBALL - 10-2 OVERALL

GIRLS LACROSSE – 7 – 8 OVERALL

BOYS LACROSSE – 12 – 2 OVERALL

BOYS TENNIS – 7 – 7 OVERALL

GIRLS TRACK – 1 -3 OVERALL

BOYS TRACK – 4 – 0 OVERALL

BOYS VOLLEYBALL – 4 – 8 OVERALL

Extra Curriculum Committee

April 14 Self-Care Night

On Friday, April 14th, the Aevidum Club hosted our third annual Self-Care Night. The goal of our Self-Care Night is to help students find different ways to help care and cope with their emotional and physical health due to the number of stressors they face today. Activities held throughout the night to help with our mission were rock painting, therapy dogs/bunnies, meditation, a tea station, yoga, positive coping strategies with Creative Health, a spin session, gardening and completing a ram head painting that promoted positive affirmations. We also had students from the Western Center Cosmetology program come in and do manicures. Due to the efforts of members in the Aevidum Club, we had over 100 students attend, which made this our biggest event yet! We would like to extend a big thank you to Handel's, Waltz's Golf Farm, Starbucks of Collegeville, Sweet Ashley's and Peppers Restaurant for their generous donations and Rossi's Pizzeria for helping us feed the entire group. We would also like to thank our many teacher volunteers who helped run the activities named above and chaperone throughout the night, we could not have held this event without them. We are looking forward to next year's event and making it even bigger and to show our school community that we always have their back!

May 27 – 29 Art Festival

The Spring-Ford Art Fest consisted in over 1000 amazing artworks from the very talented Spring-Ford Artists in grades 7 – 12 @ Spring-Ford High School. The following seniors earned Senior Artist Spotlights:

Olivia Hoang
Sammy Hobbs
Cady Krause
Madison Milstein
Maddy Sterner

MARCH 30 String Jamboree

The String Jamboree is a concert involving all string students grades 4-12. This year we had close to 500 student participate. Each grade level performs one piece and then a grand finale piece involving all the students. The younger students were enthralled with the high school students, it was a great success!

March 28, 29, 30 & 31 Irish Exchange Student Program

Students traveled to Ireland on March 10th and returned on March 25th. They enjoyed living with their hose families, experiencing Irish culture and spending time with their Irish friends. Highlights of the trip included seeing the Cliffs of Moher, touring castles around Limerick, seeing the city of Dublin and experiencing St. Patrick's Day in Ireland. They also were able to visit a working farm, learn about hurling and participating in a surfing lesson.

Concerts

MS/HS Orch Concert (10-12 Auditorium)	May 2nd
5th Grade Concert (567 Building)	May 8th
MS Chorus Concert (9th GC)	May 9th
6th Grade Concert (567 Concert)	May 10th
Limerick	May 11
HS Choral (10-12 Auditorium)	May 12th
MS/HS Band Concert (10-12 Auditorium)	May 17
Royersford	May 18
Evans	May 19
UPE	May 22
Brooke	May 23
Oaks	May 24
Spring City	May 25
Elementary Recruiting in Schools	May 30-June 1
Meet the Instrument Night	June 1

Both the Winter Guard and Winter Percussion Teams participated in the World Guard International World Championships in Dayton, OH.
Each team performed along the best in the world. Thank you to the school board for supporting this endeavor with support.

Our Middle School Winterguard finished their season with a 2nd Place Finish. Congratulations to the Silver Medalists.

Congratulations to our PMEA ALL STATE Students: Sun Srinivas, Choir; Ben Richvalsky, French Horn; Kathryn Mull, Piccolo/Flute

Congratulations to Samuel Brown, clarinet on his successful audition into the NAfME Eastern Division Honors Band.
These types of experiences for our students are not possible without School Board support for the Arts and dedication to allow for the teachers to sponsor the students to these festivals.

Scholastic Girls Flag Football: Pennsylvania

Plan for State Adoption

- The Philadelphia Eagles are committed to growing the game of football. We believe that Girls Flag Football can provide onramps for a population who has minimal representation through traditional tackle football.
- We created an inaugural program that featured 16 total teams from the Philadelphia area.
- Our year 2 program has 38 teams from PIAA schools.
- We are excited to start the recruitment process for Year 3 of our program, as we turn our attention to becoming an emerging sport in PA.
- In order to make this happen, we need for 100 schools across the State of PA to adopt Girls Flag Football. We are working with the Steelers to accomplish this goal. Below are our original goals on the eastern part of PA for state adoption.
- 2022: 16 Schools
- 2023: 24 Schools
- 2024: 36 Schools
- 2025: 50 Schools
- 2026: State Adoption

PIAA®

Schedule & League Formatting

- League announcement on National Girls and Women in Sports Day
    - Announce participating schools
- Eagles to run “Learn to Play Clinics” at NovaCare Complex at TBD dates in 2023
- Eagles to host Girls Flag Football Coaching Clinic at Lincoln Financial Field in February 2024
- Eagles to host Girls Flag Football Officiating Clinic at the NovaCare Complex in Spring 2024
- Eagles to host Jamboree at LFF or NCC for new participating schools in early March:
    - Scrimmage, Photo Shoot, Uniform Reveal
- 8 Game season plus playoffs, formatted by Steering Committee
- Championships to be held at LFF or NCC in Mid May

IMPORTANT DATES (Example from 2023)

(Tentative – to be agreed upon by participants and league administrators)

Month of November/Early 2023

Learn to Play Clinics for Future HS Participants

Early January

Virtual Introduction to GFF for AD's and HC's

January 20th

Final call for participation in league and jersey ordering

February 1st

National Women & Girls In Sports Day – Announcement of Eagles commitment to Girls Flag Football in South Jersey

February 24th

Girls Flag Coaching Clinic

March 18th

Eagles Girls Flag Football Kickoff Jamboree at LFF

Late March

Season to kickoff

May 17th

Girls Flag Football Championships to be held at NCC

Equipment, Apparel & Funding

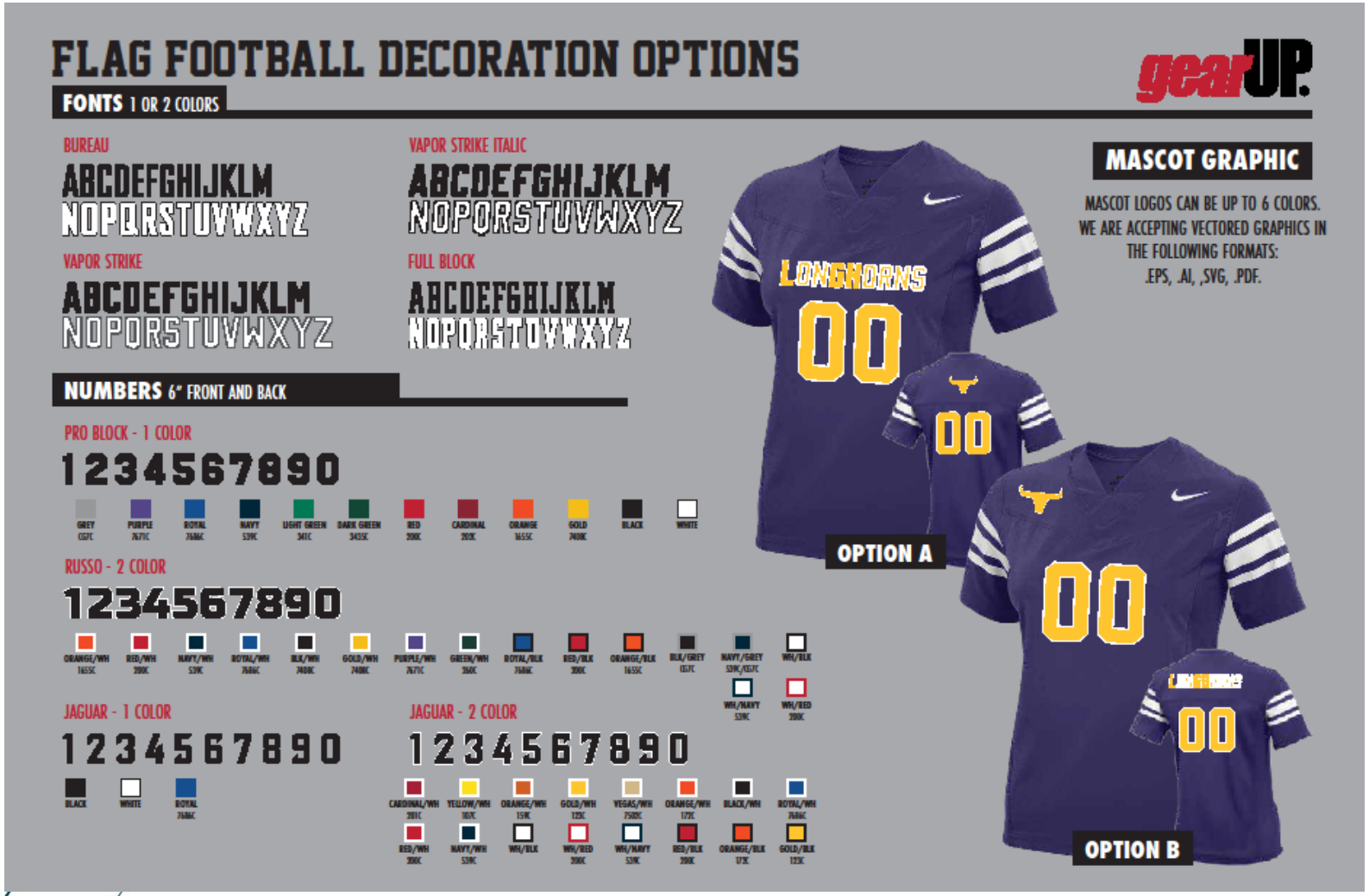
Equipment – Provided by Philadelphia Eagles for YEAR 1 participants:

- Each team will be provided with an NFL Flag kit. This kit includes 10 footballs, 50 flags and instructional material on practice drills.
- Eagles to provide 1 Port-a-field per team
- $3,000 Financial Stipend (undirected)
- Eagles Sports Bra

Equipment – Provide by Nike:

- 25 Jerseys per team
- 25 shorts per team

NIKE Uniform Selection



Gameplay

Rules

- We have used the National Intramural Recreation Sports Association (NIRSA) – 2020-2021 Flag Football Rules as a guide to form the rules for the PA Girls Flag Football League.
    - Our Steering Committee representing each conference has made these changes for the 2023 season.
- Any changes in rules must be agreed upon by the Philadelphia Eagles & the PA Girls Flag Football Steering Committee
- **Officiating**
    - We will host Officiating Clinics and broadly encourage recruitment of additional Referees
- Rules and officiating protocol will be reviewed prior to the season, with an officiating clinic led by NFL Flag (RCX)

CONFIRMED 2023 PA GIRLS FLAG FOOTBALL PARTICIPANTS

ABINGTON	BRISTOL HS	FRANKFORD	NEUMANN GORETTI	ST. HUBERTS
ACADEMY AT PALUMBO	CARDINAL O'HARA	GIRLS HIGH	NORTH PENN	SWENSON
ARCHBISHOP CARROLL	CARVER	GWYNEDD MERCY	PHILADELPHA ACADEMY CHARTER	WEST CATHOLIC
ARCHBISHOP RYAN	CHELTENHAM	HILL FREEDMAN	SANKOFA	WEST PHILADELPHIA
ARCHBISHOP WOOD	DOBBINS	LANSDALE CATHOLIC	SAYRE	WILLIAM TENANNT
ARTS ACADEMY AT RUSH	EDISON	LINCOLN	SIMON GRATZ	WISSAHICKON
BEN FRANKLIN	ESPERANZA	LITTLE FLOWER	SLA BEEBER	
BONNER & PRENDIE	FIRST PHILADELPHIA PREP CHARTER	MOTIVATION	SOUTH PHILADELPHIA	

Questions?
Feel free to contact Dan Levy
(Dlevy@eagles.nfl.com)