



# The Manual The Hospital Forgot to Give You.

## Concrete Solutions For Tough Kids

- Learn how to never argue with your child again!
- Improve school performance!
- Stop unwanted behaviors!
- Answers for parents of children diagnosed with ADD/ADHD

To help your child make  
better choices, join us at:

Mt. Diablo Elementary, Room 24  
5880 Mt. Zion Dr., Clayton  
Wednesdays 6:30-8:30pm  
October 4 to December 13, 2023

**Class Fees: \$65**  
**(Only if living outside MDUSD boundaries)**

Instructor: Heidi Brown

Childcare provided for children 4-10  
years. Must pre-register for childcare.

For information and to register for childcare, call the Parent Education  
Program (925) 685-7340, ext. 6720, or [parented@mdusd.org](mailto:parented@mdusd.org)

Offered by Mt. Diablo Adult Education/Parent Education Program  
Check out the website at [mdae.mdusd.org](http://mdae.mdusd.org)

