

FALL 2023



ENRICHMENT CATALOG



TRINITY VALLEY SCHOOL
FORT WORTH, TEXAS

JOIN US ON AN EXCITING AFTER-SCHOOL JOURNEY THIS FALL!

TVS
AUXILIARY PROGRAMS

Welcome from the Director of Auxiliary Programs

Families,

What a great semester we have in store for you! The TVS Auxiliary Programs team - in collaboration with over 15 amazing faculty members, independent educators, and community partners - is eager to share our *Fall 2023 Enrichment Catalog* with you.

In addition to the return of some annual "favorites," we're excited to present several NEW offerings to keep your child active and engaged after the school day this fall. As a team, we seek and respond to family feedback, so some of these offerings may be reminiscent of your suggestions from previous semesters.

Above all, we are in the business of developing people! We have included after-school programs in this Catalog that will expand and enrich each child's academic, creative, and athletic horizons - all while providing a FUN after-school experience!

We look forward to seeing your child in action through one or more of these programs!

With appreciation,
Derek Reinhold



Trinity Valley School Auxiliary Programs *Vision Statement*

In keeping with the mission and philosophy of Trinity Valley School, our Auxiliary Programs exist to **develop our students' wide constructive interests** by **expanding and enriching their academic, creative, and athletic horizons**. TVS Auxiliary Programs aim to **develop upstanding and empathetic leaders** by **building authentic partnerships** with the Fort Worth community, **creating meaningful opportunities** for TVS faculty and students to learn and serve, and **co-constructing solutions** to needs in the community.

– General Fall 2023 Logistics –

Are you considering all your TVS-based after-school options?

If you are interested in **Extended Day programs** (childcare for grades PreK-8), please visit our [Extended Day website](#) to learn more! There, you'll find the 2023-2024 Extended Day Guide, FAQs documents, and more.

If you are interested in **Girl Scouts**, Trinity Valley School hosts a troop on campus for TVS girls currently enrolled in grades K-4. Please contact Brittany Rico at brittany.rico3@gmail.com for more information. *Scouting organizations do not fall under the Auxiliary Programs umbrella - due to their operation under national organizations - although this is certainly an after-school option for certain TVS students!*

- Girl Scouts will meet on Mondays after school.
- A specific schedule - including any special events / meetings - may be obtained from Brittany Rico.

If you are interested in **Trojan Treble Clefs** (open to students in grades 5-6 who love to sing), please contact Ashley Owen at owena@tvs.org. *This program is operated by the Middle School.*

- Trojan Treble Clefs will meet on Tuesdays at 3:45-4:45.
- Students are welcome to "try it out" for two weeks to see if they enjoy it prior to committing.
- Registration will be \$30, to defray t-shirt and concert fees. Participants will have a Winter Choir Concert in December, as well as an informal parent show-off in May.
- Ashley Owen is able to provide a registration form and more information!

Are you interested in **Enrichment programs** (classes, etc.) for Fall 2023?

You're in the right place!

Please continue reading...

If you are interested in **TVS Music lessons and programs** (e.g. Orchestra, piano, etc.), please contact Grace Moreno at morenog@tvs.org. *TVS Music does not fall under the Auxiliary Programs umbrella - due to their significant work during the school day - although certain TVS Music operations happen after school.*

- After-school Orchestra practices are only open to students taking individual TVS Music strings lessons.
- Orchestra practices will occur in the Great Hall Foyer at 3:45-4:45, and dismissal will be at the Great Hall Circle (so as not to conflict with Auxiliary Program dismissal at the Lower School Circle).
- From 3:30-3:45, participants are expected to come to the TVS Dining Hall for a snack (provided). There will be a designated instrument storage space during this 15-minute period. Students should not play or tune their instruments in the TVS Dining Hall.
- Students are encouraged to come to Orchestra practice at least once per week, but can attend more frequently, if desired. There will be a "loose RSVP form" provided by TVS Music staff. Whereas there is much flexibility in these Orchestra practices, it is good for our planning to see approximate daily attendance numbers.

Our Enrichment programs are carefully designed experiences that aim to expand and enrich students' academic, creative, and athletic horizons. As such, we request that families register in a timely fashion (prior to the start of each program), so that each child gets the best experience possible! Our instructors have much to offer!

- ALL PROGRAMS begin after Labor Day.
 - Please pay special attention to the specific dates of the programs. Some programs do not begin until the week of October 16.
 - *If you see an expected date "missing," this indicates either a no-school day OR a day the instructor is unavailable.*
 - Trinity Valley School is not responsible for weather-related cancellations. Whereas we certainly try to minimize these last-minute cancellations, we appreciate your understanding if / when they occur! We will notify registered families of any such cancellations via email and on our Enrichment website.
- Registration for programs will occur online, via the [Auxiliary Programs registration platform](#), powered by CampBrain. Registration opens on **Wednesday, July 12, 2023, at 5:00 p.m.** All participants - both from Trinity Valley School and the community - must register online.
- Several programs have an enrollment cap.
 - When a program fills, CampBrain will automatically switch the program status to "waitlisting." You are welcome to add your child's name to the waitlist, or find other programs that are still open.
 - If space opens in a waitlisted program, a member of the Auxiliary Programs team will contact you as soon as possible to inquire about finalizing enrollment.
- A 15-minute supervised break for restroom, water, and snack (provided) will occur in the TVS Dining Hall between school-day dismissal and the start of Enrichment programs.

Beginning on Wednesday, July 12, 2023, at 5:00 p.m., please [REGISTER HERE](#) for our Enrichment programs!

Are you a TVS family?

Full fees will be charged to your FACTS account at the start of the program, which can be paid through the FACTS portal or via check made out to "Trinity Valley School."

If you choose the paper check method, please put "Enrichment" in the memo line.

Please note that statements will be emailed from FACTS Management Company on the 5th of each month, due on the 16th. However, you can log into your FACTS account any time to see your balance!

Employees of Trinity Valley School receive a 25% discount on all Enrichment programming.

Are you a non-TVS family?

After registering, please pay the total balance for the semester via check made out to "Trinity Valley School." Please put "Enrichment" in the memo line.

You can either bring the check in person or mail to:
Trinity Valley School
Attn: Business Office
7500 Dutch Branch Road
Fort Worth, TX 76132

Payment will be due by the first program session / date.

Please contact the business office (817.321.0109) with any questions or to discuss alternative payment options.

Fall 2023 Timeline:

- **Wednesday, July 5** → This *Fall 2023 Enrichment Catalog* will be published online.
- **Wednesday, July 12, at 5:00 p.m.** → Registration will open at the link provided in the blue box above.
- **Tuesday, September 5** → Fall programs begin. Registration will officially close. Please email Melisa Garcia (garciam@tvs.org) with any requests to add / drop programs after this date.
- **Friday, September 15, at 11:59 p.m.** → Adds / drops for programs beginning in September must be completed. Please note that we will not prorate or provide refunds for cancellations beyond this date.
- **Friday, October 27, at 11:59 p.m.** → Adds / drops for programs beginning in October must be completed. Please note that we will not prorate or provide refunds for cancellations beyond this date.

★ QUICK GUIDE TO FALL 2023 PROGRAMS ★
(organized by grade level)

Grade Level	Day of Week	Program Title(s)
Pre-Kindergarten	Monday	TVS Dance: PreK Dance
	Tuesday	Little Ninjas I
	Wednesday	Play Yoga: Mindfulness, Movement, + Meditation I
	Thursday	Jr. Scientists: All About Animals / PTA Jr.
	Friday	Soccer Shots: PreK
Kindergarten	Monday	TVS Dance: Kinder Dance; Drawing Factory; Little Inventors
	Tuesday	Little Ninjas II; Sing and Play; Chess I
	Wednesday	Baton Twirling; Play Yoga: Mindfulness, Movement, + Meditation II; Tinkergarten for Trojans
	Thursday	Kinderbots Robotics
	Friday	Soccer Shots: K-2
Grade 1	Monday	Drawing Factory; Little Inventors; Garden Club I
	Tuesday	Sing and Play; Chess I; Chinese Club; TVS Dance: Levels 1-2 Hip Hop
	Wednesday	Baton Twirling; Play Yoga: Mindfulness, Movement, + Meditation II; Tinkergarten for Trojans; Beginner Taekwondo; TVS Dance: Levels 1-2 Jazz
	Thursday	Kinderbots Robotics; Tennis; Spanish Club; TVS Dance: Levels 1-2 Ballet / Lyrical
	Friday	Soccer Shots: K-2
Grade 2	Monday	Drawing Factory; Little Inventors; Garden Club I; We're Sew Creative!; Board Games R Us - Game On!
	Tuesday	Sing and Play; Chess I; Chinese Club; TVS Dance: Levels 1-2 Hip Hop
	Wednesday	Baton Twirling; Play Yoga: Mindfulness, Movement, + Meditation II; Tinkergarten for Trojans; Beginner Taekwondo; TVS Dance: Levels 1-2 Jazz
	Thursday	Tennis; Spanish Club; TVS Dance: Levels 1-2 Ballet / Lyrical; Artist Studio
	Friday	Soccer Shots: K-2
Grade 3	Monday	We're Sew Creative!; Board Games R Us - Game On!; Trojan Tunes; Lacrosse Stick Skills
	Tuesday	Chess I; Chinese Club; TVS Dance: Levels 1-2 Hip Hop; Budding Entrepreneurs; Trojan Strides
	Wednesday	Beginner Taekwondo; TVS Dance: Levels 1-2 Jazz; Debate Club; Lacrosse Stick Skills
	Thursday	Spanish Club; TVS Dance: Levels 1-2 Ballet / Lyrical; Artist Studio; Trojan Strides
	Friday	Garden Club II

★ QUICK GUIDE TO FALL 2023 PROGRAMS ★
(organized by grade level)

Grade Level	Day of Week	Program Title(s)
Grade 4	Monday	We're Sew Creative!; Board Games R Us - Game On!; Trojan Tunes; Lacrosse Stick Skills
	Tuesday	Chess I; Chinese Club; TVS Dance: Levels 1-2 Hip Hop; Budding Entrepreneurs; Trojan Strides
	Wednesday	TVS Dance: Levels 1-2 Jazz; Debate Club; Lacrosse Stick Skills
	Thursday	Spanish Club; TVS Dance: Levels 1-2 Ballet / Lyrical; Artist Studio; Trojan Strides
	Friday	Garden Club II
Grade 5	Monday	We're Sew Creative!; Board Games R Us - Game On!; Lacrosse Stick Skills; TVS Dance: Level 3 Ballet (add-on option)
	Tuesday	Budding Entrepreneurs; Trojan Strides; Chess II; TVS Dance: Level 3 Lyrical
	Wednesday	Debate Club; Lacrosse Stick Skills; TVS Dance: Level 3 Jazz
	Thursday	Trojan Strides; Crochet Studio; TVS Dance: Level 3 Ballet (add-on option)
	Friday	TVS Dance: Level 3 Ballet (core class)
Grade 6	Monday	Board Games R Us - Game On!; Lacrosse Stick Skills; TVS Dance: Level 3 Ballet (add-on option)
	Tuesday	Trojan Strides; Chess II; TVS Dance: Level 3 Lyrical
	Wednesday	Lacrosse Stick Skills; TVS Dance: Level 3 Jazz
	Thursday	Trojan Strides; Crochet Studio; TVS Dance: Level 3 Ballet (add-on option)
	Friday	TVS Dance: Level 3 Ballet (core class)
Grade 7	Monday	TVS Dance: Level 3 Ballet (add-on option)
	Tuesday	Chess II; TVS Dance: Level 3 Lyrical
	Wednesday	TVS Dance: Level 3 Jazz
	Thursday	Crochet Studio; TVS Dance: Level 3 Ballet (add-on option)
	Friday	TVS Dance: Level 3 Ballet (core class)
Grade 8	Monday	TVS Dance: Level 3 Ballet (add-on option)
	Tuesday	Chess II; TVS Dance: Level 3 Lyrical
	Wednesday	TVS Dance: Level 3 Jazz
	Thursday	Crochet Studio; TVS Dance: Level 3 Ballet (add-on option)
	Friday	TVS Dance: Level 3 Ballet (core class)

MONDAYS

TVS DANCE: PREK DANCE

PreKindergarten

Please view the information on the [TVS Dance website](#), including the 2023-2024 TVS Dance Program Guide!

TVS DANCE: KINDER DANCE

Grade K

Please view the information on the [TVS Dance website](#), including the 2023-2024 TVS Dance Program Guide!

DRAWING FACTORY

Grades K①②

\$152.00

Instructor: Martha D'Brass, *Independent Educator*

Come join the fun as we learn to draw trendy items, fun animals, and much more. This engaging program will include creating with pencils, markers, crayons, and watercolors. It will be in an environment of safe and inspired creativity, with technology integrated appropriately. This program is perfect for all levels of ability. Children will learn the value of just having fun drawing and being confident in their creative abilities.

Mondays @ 3:45-4:45

September 11, 18

October 2, 16, 30

November 6, 13, 27

(No September 4 or 25, due to Labor Day and Yom Kippur)

(No October 9 or 23, due to Indigenous Peoples' Day and All School Conference Day)

(No November 20, due to Thanksgiving Break)

LITTLE INVENTORS

Grades K①②

\$300.00

Instructor: Staff, *SPARK Business Academy*

Find a need, think on your feet, and create real structures and solutions to problems. Learn about famous inventors and how innovations improve our lives.

Mondays @ 3:45-4:45

September 11, 18

October 2, 16, 30

November 6, 13, 27

(No September 4 or 25, due to Labor Day and Yom Kippur)

(No October 9 or 23, due to Indigenous Peoples' Day and All School Conference Day)

(No November 20, due to Thanksgiving Break)

MONDAYS (continued)

GARDEN CLUB I

Grades ①②

\$175.00 (includes the cost of consumable gardening materials)

Instructor: Nicole Tomme, TVS Faculty

It's THYME to GROW together in the garden! In Garden Club, we will focus on gardening with 3 purposes in mind: philanthropy, entrepreneurship and learning how to grow, tend and enhance a garden. TURNIP each week and LETTUCE get to work! It will be unbeLEAFable!

Mondays @ 3:45-4:45

September 11, 18

October 2, 16, 30

November 6, 13, 27

(No September 4 or 25, due to Labor Day and Yom Kippur)

(No October 9 or 23, due to Indigenous Peoples' Day and All School Conference Day)

(No November 20, due to Thanksgiving Break)

WE'RE SEW CREATIVE!

Grades ②③④⑤

\$175.00 (includes the cost of kits, tools, and sewing materials)

Instructor: Anne Terry, Independent Educator

In this class, formerly known as "Sew-cial Hour," participants will expand on their creativity using sewing skills plus learning some embroidery and cross stitch techniques. Each member of this class will leave knowing tools of the trade, some basic stitches and some beginning skills - like sewing on a button! Sew~Creative members will craft a few projects of their choice as their sewing confidence grows! No experience needed as all levels are welcome. This class is geared for beginners but our group is open to anyone with sewing experience. If your child is already proficient in sewing/knitting/crocheting/etc. and they just want a dedicated time with friends to create - this is the place for them, too!

Mondays @ 3:45-4:45

September 11, 18

October 2, 16, 30

November 6, 13, 27

(No September 4 or 25, due to Labor Day and Yom Kippur)

(No October 9 or 23, due to Indigenous Peoples' Day and All School Conference Day)

(No November 20, due to Thanksgiving Break)

MONDAYS (continued)

BOARD GAMES R US - GAME ON!

Grades ②③④⑤⑥

\$152.00

Instructor: Peter D'Brass, Independent Educator

Students will get the chance to have fun, while also learning to be strategic. With everyone's busy schedules, many students may not have the opportunities to play board games at home, so giving them time to play during this after-school club will be a welcome, exciting opportunity. Parents can enjoy peace of mind knowing their children are developing cognitive, social, and problem-solving skills. Meanwhile, kids get to enjoy engaging games with their friends. **NOTE:** A minimum of 4 registrants is required for the operation of this program.

Mondays @ 3:45-4:45

September 11, 18

October 2, 16, 30

November 6, 13, 27

(No September 4 or 25, due to Labor Day and Yom Kippur)

(No October 9 or 23, due to Indigenous Peoples' Day and All School Conference Day)

(No November 20, due to Thanksgiving Break)

TROJAN TUNES

Grades ③④

\$100.00 annual registration (if taken again in Spring 2024, no fee will apply at that time)

Instructor: Pauline Medlin, TVS Music Faculty

Trojan Tunes is the TVS Lower School 3rd & 4th Grade Choir - we meet year-round and perform at several different events throughout the year. We sing at Grandparents' Day in November, the TVS Music Holiday Concert and LS Holiday Program in December. We also present a concert in the Spring and finish our year with a competition and day of swimming and fun at NRH2O in May. We sing, move and have fun together making music!

Mondays @ 3:45-4:30

September 11, 18

October 2, 16, 30

November 6, 13, 27

(No September 4 or 25, due to Labor Day and Yom Kippur)

(No October 9 or 23, due to Indigenous Peoples' Day and All School Conference Day)

(No November 20, due to Thanksgiving Break)

MONDAYS (continued)

LACROSSE STICK SKILLS

Grades ③④⑤⑥

\$128.25 (full enrollment) OR \$42.75 (Monday-only enrollment) OR \$85.50 (Wednesday-only enrollment) + \$50 optional stick purchase

Instructor: Jodie Payne, Independent Coach

Develop your skills in the sport of lacrosse with Coach Payne! There are options to participate on Mondays only, Wednesdays only, or both for the full experience! You may rent TVS equipment or bring your own.

This program is only offered during Quarter 1.

Mondays + Wednesdays @ 3:45-4:30

September 6, 11, 13, 18, 20, 27

October 2, 4, 11

(No September 4 or 25, due to Labor Day and Yom Kippur)

(No October 9, due to Indigenous Peoples' Day)

TVS DANCE: LEVEL 3 BALLET (add-on option, technique focus)

Grades ⑤⑥⑦⑧

Please view the information on the [TVS Dance website](#), including the 2023-2024 TVS Dance Program Guide!

TUESDAYS

LITTLE NINJAS I

PreKindergarten

\$275.00 (includes the cost of a gi and belt)

Instructor: Amanda Phy, Lone Star Institute of Taekwondo

Small children can defend themselves too. In this class, emphasis is placed on "stranger danger" and increasing awareness. Students will learn how to use punches, kicks, elbows, knees, and their voice (the most important defense for small children) to defend themselves and alert others.

Tuesdays @ 2:45-3:30

September 5, 12, 19, 26

October 3, 10, 17

November 7, 14, 28

(No October 24 or 31, due to LS Conference Day and Gump Day)
(No November 21, due to Thanksgiving Break)

LITTLE NINJAS II

Grade **(K)**

\$275.00 (includes the cost of a gi and belt)

Instructor: Amanda Phy, Lone Star Institute of Taekwondo

Small children can defend themselves too. In this class, emphasis is placed on "stranger danger" and increasing awareness. Students will learn how to use punches, kicks, elbows, knees, and their voice (the most important defense for small children) to defend themselves and alert others.

Tuesdays @ 3:45-4:30

September 5, 12, 19, 26

October 3, 10, 17

November 7, 14, 28

(No October 24 or 31, due to LS Conference Day and Gump Day)
(No November 21, due to Thanksgiving Break)

SING AND PLAY

Grade **(K①②)**

\$114.00

Instructor: Pauline Medlin, TVS Music Faculty

Sing & Play is an opportunity for younger students to get to explore in the music room where we will sing, move and play every day! *NOTE: A minimum of 8 registrants is required for the operation of this program.*

This program is only offered during Quarter 1.

Tuesdays @ 3:45-4:45

September 5, 12, 19, 26

October 3, 10

TUESDAYS (continued)

CHESS I

Grade **K**①②③④

\$142.50

Instructor: Kristin Raveneau, *Raveneau Chess*

Learn chess and improve your skills through fun activities! Appropriate for all skill levels.

Tuesdays @ 3:45-4:30

September 5, 12, 19, 26

October 3, 10, 17

November 7, 14, 28

(No October 24 or 31, due to LS Conference Day and Gump Day)

(No November 21, due to Thanksgiving Break)

CHINESE CLUB

Grade ①②③④

Free of charge!

Instructor: Rose Zhang, *TVS Faculty*

Discover Chinese culture and traditions through games, cooking calligraphy, and crafts! **NOTE: A minimum of 5 registrants is required for the operation of this program.**

Tuesdays @ 3:45-4:30

September 5, 19, 26

October 3, 10

November 7, 14, 28

(No September 12, due to instructor absence)

(No October 17, 24 or 31, due to instructor absence, LS Conference Day, and Gump Day)

(No November 21, due to Thanksgiving Break)

TVS DANCE: LEVELS 1-2 HIP HOP

Grades ①②③④

Please view the information on the [TVS Dance website](#), including the **2023-2024 TVS Dance Program Guide!**

BUDDING ENTREPRENEURS

Grades ③④⑤

\$370.00

Instructor: Staff, *SPARK Business Academy*

Learn the mindset and strategies you need to have to be a successful business leader. From designing marketing flyers to estimating profits, for your own "business," have fun while you develop business savvy.

Tuesdays @ 3:45-4:45

September 5, 12, 19, 26

October 3, 10, 17

November 7, 14, 28

(No October 24 or 31, due to LS Conference Day and Gump Day)

(No November 21, due to Thanksgiving Break)

TUESDAYS (continued)

TROJAN STRIDES

Grades ③④⑤⑥

\$285.00 (full enrollment) OR \$142.50 (Tuesday-only enrollment / Thursday-only enrollment) - both include the cost of a t-shirt

Instructor: Shelbea Malik, TVS Faculty

Creating a love for learning through different running activities.

Tuesdays + Thursdays @ 3:45-4:30

September 5, 7, 12, 14, 19, 21, 26, 28

October 3, 12, 17, 19, 26

November 2, 7, 9, 14, 16, 28, 30

(No October 5 or 10, due to instructor absences)

(No October 24 or 31, due to LS Conference Day and Gump Day)

(No November 21 or 23, due to Thanksgiving Break)

COWTOWN TRAINING

Special Program: December 2023 - February 2024

Grades ③④⑤⑥

\$240.00 - Since this is a training program, participants are encouraged to attend Tuesdays AND Thursdays.

Instructor: Shelbea Malik, TVS Faculty

Join us in a robust training program for the 2024 Cowtown! You have the option of preparing for either the Cowtown 5K or 10K race, both held on Saturday, February 24, 2024. Our training program will help you achieve your personal running goals! Please prepare for the cold and rain - **we will train no matter the weather**. NOTE: Cowtown registration is NOT included in this program; we want all interested students to train, regardless of their availability on Feb. 24. For those students and parents who intend to run the Cowtown together, we are forming a TVS team!

Tuesdays + Thursdays @ 3:45-4:30

December 5, 7, 12

January 4, 9, 11, 16, 18, 23, 25, 30

February 1, 6, 8, 15, 20, 22

(No December 14 due to all-school half-day)

(No January 2, due to no-school-day)

(No February 13, due to instructor absence)

CHESS II

Grade ⑤⑥⑦⑧

\$190.00

Instructor: Kristin Raveneau, Raveneau Chess

Learn chess and improve your skills through fun activities! Appropriate for all skill levels.

Tuesdays @ 4:30-5:30

September 5, 12, 19, 26

October 3, 10, 17

November 7, 14, 28

(No October 24 or 31, due to LS Conference Day and Gump Day)

(No November 21, due to Thanksgiving Break)

TVS DANCE: LEVEL 3 LYRICAL

Grades ⑤⑥⑦⑧

Please view the information on the [TVS Dance website](#), including the 2023-2024 TVS Dance Program Guide!

WEDNESDAYS

PLAY YOGA: MINDFULNESS, MOVEMENT, + MEDITATION I

PreKindergarten

\$275.00

Instructor: Kate Murphy, Nanda Yoga

Join Nanda Yoga as we teach your child to PLAY yoga. We introduce them to the basic foundations of mindfulness, movement and meditation through exciting stories, songs, games, process art, and sensory play. Not only will your child have fun but they will also gain strength and flexibility, social-emotional skills, body awareness, focus, and tools that will help them manage and cope with life's daily stressors. *NOTE: A minimum of 8 registrants is required for the operation of this program.*

Wednesdays @ 2:45-3:30

September 6, 13, 20, 27

October 4, 11, 18, 25

November 1, 8, 15, 29

(No November 22, due to Thanksgiving Break)

BATON TWIRLING

Grades K①②

\$196.75 (includes the cost of a baton)

Instructor: Lynn Winter, Cowtown Strutters Baton

Baton twirling is an excellent way of developing hand-eye coordination, rhythm, timing, poise and gracefulness, endurance, self-discipline, and overall body coordination. Students will learn all aspects of baton twirling from fundamental tricks to basic dance and flexibility skills. Come learn this amazing sport from former TCU Feature Twirler and TVS mom, Lynn Winter.

Wednesdays @ 3:45-4:30

September 6, 13, 27

October 4, 11, 18, 25

November 1, 8, 15, 29

(No September 20, due to instructor absence)

(No November 22, due to Thanksgiving Break)

PLAY YOGA: MINDFULNESS, MOVEMENT, + MEDITATION II

Grades K①②

\$275.00

Instructor: Kate Murphy, Nanda Yoga

Join Nanda Yoga as we teach your child to PLAY yoga. We introduce them to the basic foundations of mindfulness, movement and meditation through exciting stories, songs, games, process art, and sensory play. Not only will your child have fun but they will also gain strength and flexibility, social-emotional skills, body awareness, focus, and tools that will help them manage and cope with life's daily stressors. *NOTE: A minimum of 8 registrants is required for the operation of this program.*

Wednesdays @ 3:45-4:30

September 6, 13, 20, 27

October 4, 11, 18, 25

November 1, 8, 15, 29

(No November 22, due to Thanksgiving Break)

WEDNESDAYS (continued)

TINKERGARTEN FOR TROJANS

Grades **K①②**

\$250.00

Instructor: Anne Terry, Independent Educator

A new outdoor exploring adventure which boasts open-ended, hands-on, minds-on child-led play where nature will be our classroom, creatures will be our teachers, and sticks & mud will be our tools. Each season of Tinkergarten focuses on an essential life skill. The Fall 2023 series is designed to engage kids in the kind of wondering, exploring, pretending and problem solving that helps them develop wellness, that combination of physical, mental and emotional wellness that kids will need to thrive. With this Body, Mind & Heart theme, kids will begin developing language, strategies and habits that they can continue to use to build strong bodies, minds and hearts. At our last class celebration explorers will receive a real, one-of-a-kind badge. Bonus: Participants and their families will have an opportunity to also enjoy an online component, Tinkergarten Anywhere, at a discount ~ allowing the playful learning to continue at home!

Wednesdays @ 3:45-4:45

September 6, 13, 20, 27

October 4, 11, 18, 25

November 1, 8, 15, 29

(No November 22, due to Thanksgiving Break)

BEGINNER TAEKWONDO

Grades **①②③**

\$325.00 (includes the cost of a gi and belt)

Instructor: Amanda Phy, Lone Star Institute of Taekwondo

Taekwondo offers many benefits including self-control, self-defense, positive self-esteem and confidence, respect for one's self and others, discipline, and physical fitness. This class will help students embody and promote the 5 tenets of Taekwondo: Courtesy, Integrity, Perseverance, Self-Control, and Indomitable Spirit.

Wednesdays @ 3:45-4:45

September 6, 13, 20, 27

October 4, 11, 18, 25

November 1, 8, 15, 29

(No November 22, due to Thanksgiving Break)

TVS DANCE: LEVELS 1-2 JAZZ

Grade **①②③④**

Please view the information on the [TVS Dance website](#), including the 2023-2024 TVS Dance Program Guide!

DEBATE CLUB

Grades **③④⑤**

\$445.00

Instructor: Staff, SPARK Business Academy

Learn the art of "making an argument" and help select topics of interest. Young debaters learn to think on their feet and enhance their public-speaking skills and gain confidence.

Wednesdays @ 3:45-4:45

September 6, 13, 20, 27

October 4, 11, 18, 25

November 1, 8, 15, 29

(No November 22, due to Thanksgiving Break)

WEDNESDAYS (continued)

LACROSSE STICK SKILLS

Grades ③④⑤⑥

\$128.25 (full enrollment) OR \$42.75 (Monday-only enrollment) OR \$85.50 (Wednesday-only enrollment) + \$50 optional stick purchase

Instructor: Jodie Payne, Independent Coach

Develop your skills in the sport of lacrosse with Coach Payne! There are options to participate on Mondays only, Wednesdays only, or both for the full experience! You may rent TVS equipment or bring your own.

This program is only offered during Quarter 1.

Mondays + Wednesdays @ 3:45-4:30

September 6, 11, 13, 18, 20, 27

October 2, 4, 11

(No September 4 or 25, due to Labor Day and Yom Kippur)

(No October 9, due to Indigenous Peoples' Day)

TVS DANCE: LEVEL 3 JAZZ

Grades ⑤⑥⑦⑧

Please view the information on the [TVS Dance website](#), including the 2023-2024 TVS Dance Program Guide!

THURSDAYS

JR. SCIENTISTS: ALL ABOUT ANIMALS / PTA JR.

PreKindergarten

\$260.00

Instructor: Staff, Snapology Benbrook

"Jr. Scientists: All About Animals" → Do you know what mammal is the largest on Earth? Or how a caterpillar becomes a butterfly? Did you know that reptiles are the oldest creatures on the planet? Jr. Scientists: All About Animals invites your little zoologists to analyze the differences between vertebrate and invertebrate, construct their way through the butterfly and frog life cycle, build reptiles, and examine the differences and similarities between insects and arachnids using Kid K'NEX® pieces. Your child will be too busy exploring the animal world to realize that they are gaining critical social, motor, and developmental skills.

"PTA Jr." → Transportation is all around! Cars, buses, trains, and airplanes are all important for communities and the world to stay connected. In Snapology's Planes, Trains, and Automobiles, your little learners will explore the importance of transportation, build models of cars, trains, boats, and more. Most importantly, they will experience important social interactions while working with a partner and learning with the group. Get ready for your child to come home with a whole new set of transportation facts!

Thursdays @ 2:45-3:30

September 7, 14, 21, 28

October 5, 12, 19, 26

November 2, 9, 16, 30

(No November 23, due to Thanksgiving Break)

KINDERBOTS ROBOTICS

Grades K①

\$260.00

Instructor: Staff, Snapology Benbrook

Children will begin to explore the world of robotics as they build simple models that teach the fundamentals of robotic design. Whether learning about sensors while building drills and magic wands, or discovering ways that gears and pulleys create movement while building helicopters and robotic dogs, your child is sure to have a great time.

Thursdays @ 3:45-4:45

September 7, 14, 21, 28

October 5, 12, 19, 26

November 2, 9, 16, 30

(No November 23, due to Thanksgiving Break)

TENNIS

Grade ①②

\$156.75

Instructor: Jeremiah Russell, TVS Coach

This program follows the Progressive Tennis System of scaled training and competition which focuses on basic stroke production, groundstrokes, and serves. Coach Russell also emphasizes the development of life skills and educates players to understand that the ideas and concepts learned on the tennis court apply to their lives outside tennis. Program participants should bring a hat, sunscreen and a water bottle!

Thursdays @ 3:45-4:30

September 7, 14, 21, 28

October 5, 12, 26

November 2, 9, 16, 30

(No October 19, due to instructor absence)
(No November 23, due to Thanksgiving Break)

THURSDAYS (continued)

SPANISH CLUB

Grades ①②③④

\$278.00 (includes weekly themed food and a closing fiesta)

Instructor: Alejandra Markel, TVS Spanish Faculty

¡Hola amigos! Let's travel around Spanish-speaking countries as we experience their culture through music, crafts, and games. Learn how to dance flamenco, salsa, tango, cumbia, marinera, etc. Also, you will try authentic food each week! On our last Spanish Club session, we will have a big Fiesta with a piñata! Looking forward to having you join our Spanish Club!

Thursdays @ 3:45-4:45

September 7, 14, 21, 28

October 5, 12, 19, 26

November 2, 9, 16, 30

(No November 23, due to Thanksgiving Break)

TVS DANCE: LEVELS 1-2 BALLET / LYRICAL

Grade ①②③④

Please view the information on the [TVS Dance website](#), including the 2023-2024 TVS Dance Program Guide!

ARTIST STUDIO

Grades ②③④

\$95.00

Instructor: Laura St. John, TVS Art Faculty

Artists will experiment with a variety of different mediums to create 2D and 3D work.

This program is only offered during Quarter 2.

Thursdays @ 3:45-4:45

October 19, 26

November 2, 9, 30

(No November 16, due to instructor absence)
(No November 23, due to Thanksgiving Break)

TROJAN STRIDES

Grades ③④⑤⑥

\$285.00 (full enrollment) OR **\$142.50** (Tuesday-only enrollment / Thursday-only enrollment) - both include the cost of a t-shirt

Instructor: Shelbea Malik, TVS Faculty

Creating a love for learning through different running activities.

Tuesdays + Thursdays @ 3:45-4:30

September 5, 7, 12, 14, 19, 21, 26, 28

October 3, 12, 17, 19, 26

November 2, 7, 9, 14, 16, 28, 30

(No October 5 or 10, due to instructor absences)
(No October 24 or 31, due to LS Conference Day and Gump Day)
(No November 21 or 23, due to Thanksgiving Break)

THURSDAYS (continued)

COWTOWN TRAINING

Special Program: December 2023 - February 2024

Grades ③④⑤⑥

\$240.00 - Since this is a training program, participants are encouraged to attend Tuesdays AND Thursdays.

Instructor: Shelbea Malik, TVS Faculty

Join us in a robust training program for the 2024 Cowtown! You have the option of preparing for either the Cowtown 5K or 10K race, both held on Saturday, February 24, 2024. Our training program will help you achieve your personal running goals! Please prepare for the cold and rain - **we will train no matter the weather**. NOTE: Cowtown registration is NOT included in this program; we want all interested students to train, regardless of their availability on Feb. 24. For those students and parents who intend to run the Cowtown together, we are forming a TVS team!

Tuesdays + Thursdays @ 3:45-4:30

December 5, 7, 12

January 4, 9, 11, 16, 18, 23, 25, 30

February 1, 6, 8, 15, 20, 22

(No December 14 due to all-school half-day)

(No January 2, due to no-school-day)

(No February 13, due to instructor absence)

CROCHET STUDIO

Grades ⑤⑥⑦⑧

\$190.00

Instructor: Maggie Knapp, TVS Librarian

After learning just one stitch, students can make a small pillow, scarf, or try a stuffed crocheted heart! We'll provide the hook and starter yarns. There will be time to learn color changes and additional stitches for more elaborate creations. Check out some possible creations [here](#)! NOTE: A minimum of 6 registrants is required for the operation of this program.

Thursdays @ 4:00-5:00

September 7, 14, 28

October 5, 12, 26

November 2, 9, 16, 30

(No September 21 or October 19, due to instructor absences)

(No November 23, due to Thanksgiving Break)

TVS DANCE: LEVEL 3 BALLET (add-on option, technique focus)

Grades ⑤⑥⑦⑧

Please view the information on the [TVS Dance website](#), including the 2023-2024 TVS Dance Program Guide!

FRIDAYS

SOCCER SHOTS: PREK

PreKindergarten

\$240.00

Instructor: Staff, Soccer Shots

Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, communication and curriculum. Our coaches are the best-trained in the business. Our expert-approved curriculum is age-appropriate and aligns with childhood education standards. In addition we provide an exceptional customer experience and ongoing communication with parents.

Fridays @ 2:45-3:30

September 8, 15, 22, 29

October 6, 13, 20, 27

November 3, 10, 17

December 1

(No November 24, due to Thanksgiving Break)

SOCCER SHOTS: K-2

Grades K①②

\$240.00

Instructor: Staff, Soccer Shots

Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, communication and curriculum. Our coaches are the best-trained in the business. Our expert-approved curriculum is age-appropriate and aligns with childhood education standards. In addition we provide an exceptional customer experience and ongoing communication with parents.

Fridays @ 3:45-4:45

September 8, 15, 22, 29

October 6, 13, 20, 27

November 3, 10, 17

December 1

(No November 24, due to Thanksgiving Break)

GARDEN CLUB II

Grades ③④

\$250.00 (includes the cost of consumable gardening materials)

Instructor: Nicole Tomme, TVS Faculty

It's THYME to GROW together in the garden! In Garden Club, we will focus on gardening with 3 purposes in mind: philanthropy, entrepreneurship and learning how to grow, tend and enhance a garden. TURNIP each week and LETTUCE get to work! It will be unbeLEAFable!

Fridays @ 3:45-4:45

September 8, 15, 22, 29

October 6, 13, 20, 27

November 3, 10, 17

December 1

(No November 24, due to Thanksgiving Break)

TVS DANCE: LEVEL 3 BALLET (core class, technique and show rehearsal)

Grades ⑤⑥⑦⑧

Please view the information on the [TVS Dance website](#), including the 2023-2024 TVS Dance Program Guide!

– Fall 2023 “Fine Print” –

- We will use the [Auxiliary Programs Registration Site](#) for program registration and en mass family communications.
 - However, billing for Enrichment programs will occur via the FACTS portal (for TVS families) or via paper check (for non-TVS families).
 - *For more information, please see the blue chart on p. 4 of this Catalog.*
 - It is **required for all participants to register** online for Enrichment programs.
 - During the registration process, families will be required to agree with the Fall 2023 Enrichment waivers and releases. A copy of these waivers and releases may be found [here](#).
- All participants must be 4 years of age or older and thoroughly independent in the restroom.
- Our programs are designed to follow the scheduling rhythms of Trinity Valley School. Whereas we welcome non-TVS students to participate in our Enrichment programs, **we are not able to provide transportation to / from our campus.**
 - Non-TVS families must drop off their participants in the TVS Dining Hall by the start of the program and pick up their participants from the TVS Dining Hall at the end of the program.
 - Non-TVS families are encouraged to email Derek Reinhold (reinholddd@tvs.org) and Melisa Garcia (garciam@tvs.org) after registration, so additional logistics / reminders may be individually given. *We certainly don't want to assume that non-TVS families are familiar with TVS rhythms!*

TRINITY VALLEY SCHOOL

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