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# Brookline Bulletin

September 15, 2023  
Volume 1, Issue 2



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## Dates to remember

**Sept 19** PTO Meeting RMMS 6:30  
**Sept 29** RMMS/CSDA Plymouth State Tiger Performance  
**Oct. 5 EARLY RELEASE** RMMS 12:45pm  
CSDA 12:55pm  
**Oct 9. NO SCHOOL** Columbus Day

Dear Families:

It has been brought to our attention that some cars are driving a little too fast in the school parking lots or passing the buses while their lights are flashing "RED." Please drive slowly in the school's parking lots. If you see a bus with flashing red lights, please stop.

Thank you

Please see page 3 for Grade 6 ID badge information.

## CSDA Happenings

**Grade 4:** In reading, fourth graders are practicing strategies such as predicting, visualizing and making connections. We have also started our first spelling unit.

**Grade 5:** In science, fifth graders have been learning about the sun. In social studies, we have been learning about Native Americans. Next week, we will start a group project about Native American regions.

**Grade 6:** Students started exploring the first unit of science: ecology, or social studies: map unit. Additionally, they are learning three new etymology roots: anthrop(o)-, acro-, and aster-.

**CSDA Special:** In physical education, we are focusing on moving safely through personal and general space. Students are also working on throwing and catching skills by participating in a wide variety of physical activities.

Have a wonderful weekend.  
Mrs. Bouley



## RMMS Happenings

**Pre-K:** Preschoolers are starting to get to know one another! Next week they will be starting their first Unit, "All About Me."

**Grade K:** Kindergarteners will begin Reading Workshop next week! They will be focusing on environmental print that students can read independently.

**Grade 1:** First graders will begin to explore all the fun things of fall through reading, writing, art and science. In math, first graders will practice word problems with addition and subtraction within ten.

**Grade 2:** Next week, second graders will begin to learn about communities in social studies. They will continue to review basic addition and subtraction in math and refresh what we need to do to be a strong reader!

**Grade 3:** Third graders have enjoyed starting reading workshop and math lessons, focusing on strong reading skills, and multiplication strategies. They are beginning to study fossils in science and will work through their writer's boot camp to sharpen their writing skills!

**RMMS Special:** In library, students will be reviewing classroom expectations, and safety protocols. In addition, students will be discussing parts of a book, book care, and may even have a visit from the book doctor.

September 15, 2023

We are very excited to be back and to see our students embracing the start of the 2023-24 school year! We are also excited to share with you the steps we have taken to increase positive school culture and to set positive behavior expectations for students and staff, particularly through improvements to our MTSS, or Multi-Tiered System of Supports, model. MTSS is an educational framework designed to help all students succeed in school. It is like a safety net that ensures every child receives the proper support(s) they need to do their best academically and behaviorally. (*Please see below for more information about MTSS*)

Around our buildings are posters of clear expectations for all aspects of our school building, including the hallways, cafeteria, recess, classrooms, etc. These expectations and values reflect respect, kindness, responsibility, and inclusivity. We are reinforcing these expectations through consistent communication of the expectations, continuous modeling and practice, and positive reinforcement. For example, wolf paw or blue jay awards are bestowed upon students exemplifying the school-wide expectations as well as an individual's positive contributions to the school environment.

Each day, students take part in morning meetings as a way to build a sense of community with their teachers and peers. These meetings ensure each student is able to take part in key components of the meeting: a greeting by their teacher and peers, a sharing activity, and a fun interactive activity, such as singing a song, to develop a welcoming environment. Students take part in similar meetings during their unified arts classes as well.

Our goal is to continue to develop a positive culture and encourage student engagement in the role they play in creating a school environment that is safe, nurturing, and conducive to the learning of all students.

**Multi Tiered System of Supports:**

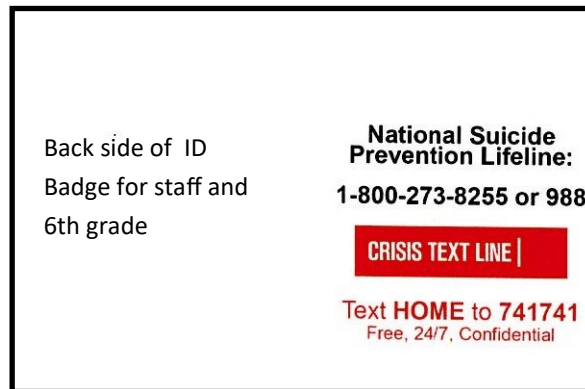
MTSS uses data and monitoring that allows teachers and school staff to determine what students need and the level of support necessary to help them be successful in school. MTSS involves teachers, counselors, administration, and other experts working together to help students. The goal of MTSS is to identify any learning or behavioral difficulties early, and it is rooted in a foundation of equity. The MTSS process strives to give each student the right support to succeed.

Daniel Molinari  
Principal RMMS

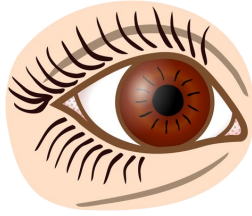
Trisha Bouley  
Principal CSDA

## Back Side of ID Badges

Your student may have shared with you that the back of all staff badges and sixth grade students' identification cards shows the contact information for the Suicide and Crisis Lifeline (988 or 1-800-273-8255) and the Crisis Text Line (741741). New Hampshire's "Jason Dickey Suicide Prevention Act", under RSA 193-J:2-a Public School Identification Cards, requires that, for students in grades 6-12, *"The National Suicide Prevention Lifeline shall be labeled on student identification cards and include the telephone number: National Suicide Prevention Lifeline 1-800-273-8255 or 988."* These numbers provide all staff and students with immediate access to safe and confidential resources in times of need through 24/7 call, text and chat access to trained crisis counselors. If you have any questions, please reach out to Mrs. Bouley or Mrs. Visinski-Bumpus.



## CSDA & RMMS HEALTH OFFICE UPDATES SEPTEMBER 15, 2023



### Upcoming Screenings in October 2023

CSDA and RMMS will be performing annual vision screenings with the support of the NH Lion's Club. If you do not want your child to be screened, please notify the school nurse to opt out.

### ALLERGY MANAGEMENT

Are seasonal allergies causing your child to have itchy/watery eyes, runny or stuffy nose, nasal congestion or sinus pressure, sneezing and scratchy throat? Please contact your child's doctor for a plan to manage their symptoms.

### 8 TIPS TO MINIMIZE ALLERGY SYMPTOMS



Stay inside when it's dry and windy



Avoid yard work



Wash clothes after being outside



Bathe after playing outside



Keep doors and windows closed



Use a HEPA filter



Vacuum often



Flush sinuses with nasal rinse

### Mental Health Resources

Mental Health is as important as physical health. Inform the school nurse, teacher, principal, or trusted staff member about any health or emotional concerns so we can support your child together. Emergency Resources are available in **NH Rapid Response via Call/Text 833-710-6477** or Chat [www.nh988.com](http://www.nh988.com)

NH Child based behavioral health services:  
<https://www.dhhs.nh.gov/programs-services/health-care/childrens-behavioral-health>

## NH DHHS COVID GUIDELINES/RESOURCES:

**Please contact your child's school nurse for a quarantine and/or masking plan. The resources below have an isolation and masking calculator embedded in them.**

People who have COVID-19 should isolate at home and follow CDC's recommendations:

[www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html](http://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html)

People who are exposed to someone else with COVID-19 are no longer recommended to stay at home and quarantine, but, they should continue to follow CDC's recommendations: [www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html](http://www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html)

**Q: What symptoms should I look for with the latest covid variant?**

**A:** People with the latest COVID-19 variant (Eris) are primarily reporting: sore throat, cough, congestion and runny nose. Other symptoms may include fatigue, headache, nausea, vomiting, diarrhea, loss of taste and/or smell, fever, chills, body aches, shortness of breath or difficulty breathing.

### School Nurse Contact Information

**CSDA:**

**Maureen Lorden,**

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**RMMS:**

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**District Float Nurse:**

**Diana Zoltko, RN**

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