

Nord School October 2023 Lunch Menu

Menu subject to change without notice

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Important update: Due to manufacturer supply shortages, we may need to change the menu items without notice. We will do our best to have a similar item, but cannot guarantee it is the same as what the students usually get.		National School Lunch Week <i>Show us your favorite School Lunches on Twitter!</i> #NSLW23 #LevelUpWithSchoolLunch Tag @SNS_Amherst Tag @SchoolLunch							
2 Cheeseburger on a bun* or Hot Dog on a bun * Baked Beans Star Fries Fruit Choices Milk %		3 WG French Toast Sticks *% [^] Sausage Links Dragon Fruit Punch Hash Brown Fruit Choices Milk %		4 WG Macaroni & Cheese*% w/WG soft pretzel* or Fish Sandwich on WG Bun * Steamed Broccoli Edamame Fruit Choices Milk %		5 Domino's Pizza *% Leafy Green Salad w/chickpeas Fruit Choices Milk %		6 Chicken Quesadilla *% or Soft Taco*% Refried Beans w/cheese% Sweet Corn Fruit Choices Milk %	
9		10		11		12		13	
START		NATIONAL SCHOOL LUNCH WEEK - LEVEL UP WITH SCHOOL LUNCH						GAME OVER	
Chicken Patty on a bun* or Corn Dog* Green Beans Smiley Fries Fruit Choices Milk % 		Fiestadas *% Sweet Corn Refried Beans Fruit Choices Milk % 		WG Chicken Tenders* [^] or Uncrustable *! Cauliflower & Broccoli w/Ranch% [^] Sweet Potato Tots Fruit Choices Milk % 		Romeo's Pizza *% Leafy Green Salad w/chickpeas Fruit Choices Milk % 		YOU WIN! No School - NEOEA Day	
16 French Bread Pizza*% or Fiestada*% Steamed Broccoli Edamame Fruit Choices Milk %		17 WG Popcorn Chicken * Sweet Potato Fries Baked Beans Fruit Choices Milk %		18 Mozzarella Sticks*% w/marinara sauce or Chic/ Cheese Quesadilla *% w/salsa Seasoned Green Beans Fruit Choices Milk %		19 Pizza Hut Pizza *% Leafy Green Salad w/chickpeas Fruit Choices Milk % 		20 Please visit www.payschoolscentral.com to add money to your child's account, view what they are buying, and to complete the Free & Reduced-price Application.	
23 Taco Wedges *% or Pulled Pork Sandwich* Sweet Corn Sliced Cucumbers Fruit Choices Milk %		24 Maxi Cheese Stix*% w/marinara sauce Carrots & Celery w/Ranch% [^] Fruit Choices Milk %		25 Chicken Patty on a bun* or BBQ Rib Sandwich * w/side of Cole Slaw & Pickles Baked Beans Smiley Fries Fruit Choices Milk %		26 Domino's Pizza *% Leafy Green Salad w/chickpeas Fruit Choices Milk %		27 Loaded Nachos (tortilla chips, beef, cheese%, lettuce, & salsa) Refried Beans Fruit Choices Milk%	
30 WG French Toast Sticks *% [^] WG Pancakes * [^] Sausage Links Dragon Fruit Punch Hash Brown Fruit Choices Milk %		31 HALLOWEEN "Ghostly" Chicken Nuggets* "Cosmic" Comet Star Fries "Scaredy Cat" Corn "Kooky" Cookie "Monster" Milk%		November 1 WG Macaroni & Cheese*% w/WG soft pretzel* or WG Mini Corn Dogs * Steamed Broccoli Edamame Fruit Choices Milk %		November 2 Romeo's Pizza *% Leafy Green Salad w/chickpeas Fruit Choices Milk %		November 3 Chicken Quesadilla *% or Soft Taco*% Salsa Sweet Corn Fruit Choices Milk %	
						EVERY DAY WE OFFER AN ALTERNATE (MEATLESS) LUNCH THAT INCLUDES ALL 5 COMPONENTS OF A SCHOOL LUNCH			

This institution is an equal opportunity provider

Email Deanne Kelbley, RD, LD, SNS with any questions about the National School Breakfast & Lunch Programs:

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