HALIFAX HEALTH

Program Name: Halifax Behavioral Services
Agency name: Halifax Health Medical Center
Agency Web Page: www.halifaxhealth.org
Agency Telephone Number: (386) 425-3900
Agency Fax Number for Referrals: 386-274-4140
Agency Address: 841 Jimmy Ann Drive, Daytona Beach, Florida 32117
Program Location: 841 Jimmy Ann Drive, Daytona Beach, Florida 32117
Contact Telephone Number: (386) 425-3900
Eligibility Criteria: Children and adolescents in need of psychiatric services
Cost: Eligible insurance coverage / sliding scale
Geographic Area Serviced: Volusia and Flagler Counties
Referral Process: contact the intake screener at (386) 425-3900
Language(s) spoken: English / interpreters available
Other Notes: No problem is too insignificant to discuss

Program Description
Halifax Behavioral Services (HBS) provides psychiatric services for children and adolescents, ages 4 – 17 years old, with emotional and behavioral problems. This is accomplished through a full continuum of care, which includes Outpatient therapy, Day Treatment Program, and Inpatient care. The continuum of care is tailored to the specific needs of our patients and serves each child or adolescent in the most appropriate and least restrictive environment.

Intake Assessment – Referral
All psychiatric services for children and adolescents are accessed through the Intake office at HBS. The intake process may include: initial screening by phone, assessment by mental health official, consultation with a child/adolescent psychiatrist, and/or a referral to the indicated level of care.

Crisis Stabilization - Inpatient
On the Inpatient Hospital Units at HBS, children and adolescents receive intensive 24-hour mental health treatment in a supervised medical setting for the purpose of crisis stabilization. This setting is for those young people who cannot be maintained safely outside the hospital. Admission is a hospital function. HBS is the only designated Baker Act Receiving Facility for children and adolescents in this area.
Multi-disciplinary treatment includes:

1. Medication intervention
2. Group therapy
3. Individual therapy
4. Family therapy
5. Educational services
6. Recreational therapy
7. Milieu management

Length of stay is usually between one day and two weeks but may be longer in some cases. The average length of stay is 4.5 days.

Outpatient Therapy
Therapeutic services are provided on an outpatient basis. HBS Program Therapists are based in over 22 school sites in Volusia and Flagler Counties. Therapists will see patients in the community and/or HBS. Therapeutic groups are conducted on a weekly basis with a menu of groups to meet patient needs. Each patient entering into therapy will have a complete bio-psychosocial history and an individualized treatment plan developed by a therapist.

Physician Outpatient Office Program
The HBS physician's practice provides quality psychiatric care and clinical oversight to all programs provided by HBS. Treatments provided include psychiatric evaluation, pharmacological management and consultation both at Halifax Medical Center (HMC) and HBS.

Day Treatment Program
The Day Treatment Program (DTP) is an outpatient therapeutic treatment program for young people with emotional and behavioral issues. DTP includes a work-study track for ESE High School students. Students attend the hospital program during the day and return home at night. A typical day for the participants includes class time, group, individual and/or family therapy, recreation therapy and nursing care. Each student is under the care of a psychiatrist.

Admission to the program usually involves initial contact with the hospital by the parent/guardian, followed by a screening and assessment by a mental health professional and evaluation by a psychiatrist. Admission is a hospital function. All treatment services are arranged and authorized by the parent/guardian. The program accommodates students ages 4-18. Length of stay ranges from two weeks to several months. The DTP follows the Volusia County Schools schedule and operates year round.

Each student being discharged from DTP has an aftercare plan that may include aftercare groups, outpatient therapy, targeted case management, medication clinic and/or other therapeutic follow-up. ESE/HBS communicates these plans to the student's school.

The Day Treatment Program has served young people since 1992. It is an innovative, effective treatment approach. The relationship between the hospital and the school system is a key component of helping students succeed when they return to regular school.

Targeted Case Management
Case Managers work closely with children and families who have severe emotional disturbances. Case Managers link, advocate and monitor all the mental health services a client is in need of or is already connected with. Case Managers meet with patients and families one time per month in their homes and monitor and advocate for other services in the community. Case Managers attend school meetings, court hearings, FSPT's and other meetings needed to assist patients and families. The goal of the service will be to increase the probability of the child remaining in the community while working to assure quality services for the child in the least restrictive environment.

PO Box 2830
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T: 386.425.4000

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Community Action Team

CAT Team is a clinical team that offers and provides comprehensive, intensive community based treatment to families with young and young adults, age 11-21, who are at risk of out-of-home placement due to a mental health or co-occurring disorder and related complex issues for whom traditional services are not/have not been adequate.

It is both the mission and goal of the CAT to reach out to the clients and support quality independent living to the extent of the clients' abilities. The department emphasizes the client's need to maintain rights and privileges, to participate actively in society, to have a safe affordable places to live, work/attend school and have family. Most importantly, to allow for the need to select and maintain a lifestyle that is consistent with personal desires, capabilities and expectation.

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