



# WHERE DO I START? DISABILITY SPECIFIC RESOURCES



Parents of children with disabilities frequently request information and support regarding a particular disability. Below is a list of Colorado disability specific organizations that offer resources information and, in some cases, parent support groups. *Also included are major national organizations (in italics).* Call P2P or visit our website for additional resources.

**Parent to Parent of Colorado (P2P) [p2p-co.org](http://p2p-co.org) 877-472-7201**



*P2P will help get you to the right resources. Contact us—we're all in this together.*

- One to one parent matching (birth through life), parent support, information and referral
- Active online listserv linking parents throughout the state
- Website with disability specific resources, parent support groups and more

### **Autism/Asperger Syndrome**

- Autism Society of Colorado [autismcolorado.org](http://autismcolorado.org) 720-214-0794 or 866-733-0794
- Autism and Asperger Connections of Colorado Springs [autismaspergerconnections.org](http://autismaspergerconnections.org) 719-344-5619
- Autism Society of Boulder County [autismboulder.org](http://autismboulder.org) 720-272-8231
- Larimer County Autism Society [autismlarimer.org](http://autismlarimer.org) 970-377-9640
- M.A.S.K. - Mother's of Asperger's Syndrome Kids [health.groups.yahoo.com/group/maskas99/](http://health.groups.yahoo.com/group/maskas99/) (online)
- Roaring Fork Autism Network [rfautism.org](http://rfautism.org) 970-309-5485
- Society of America [autism-society.org](http://autism-society.org) 800-328-8476
- Online Asperger Syndrome Information & Support (O.A.S.I.S.) [aspergersyndrome.org](http://aspergersyndrome.org) 219-662-1311

### **Brain Injury**

- Brain Injury Association of Colorado [biacolorado.org](http://biacolorado.org) 800-955-2443
- Brain Injury Association of America [biausa.org](http://biausa.org) 800-444-6443

### **Cerebral Palsy**

- Cerebral Palsy of Colorado [cpco.org](http://cpco.org) 303-691-9339
- Cerebral Palsy Association of Colorado Springs [cpappr.org](http://cpappr.org) 719-638-0808
- United Cerebral Palsy [ucp.org](http://ucp.org) 800-872-5827

### **Chromosomal Disorders**

- The XXYY Project [xyysyndrome.org](http://xyysyndrome.org) 215-394-5942
- Chromosome Disorder Outreach [chromodisorder.org/CDO](http://chromodisorder.org/CDO) 561-395-4252
- National Fragile X Foundation [fragilex.org](http://fragilex.org) 800-688-8765

### **Down Syndrome**

- Colorado Springs Down Syndrome Association [csdsa.org](http://csdsa.org) 719-633-1133
- Rocky Mountain Down Syndrome Association [rmdsa.org](http://rmdsa.org) 303-797-1699
- National Down Syndrome Congress [ndsccenter.org](http://ndsccenter.org) 800-232-6372

### **Epilepsy**

- Epilepsy Foundation of Colorado [epilepsycolorado.org](http://epilepsycolorado.org) 303-377-9774 or 888-378-9779
- Epilepsy Foundation [epilepsyfoundation.org](http://epilepsyfoundation.org) 800-332-1000

## **Fetal Alcohol Syndrome**

- NOFAS Colorado [nofascolorado.org](http://nofascolorado.org) 720-446-2442
- National Organization on Fetal Alcohol Syndrome [nofas.org](http://nofas.org) 800-666-6327

## **Hearing and Vision Impairments**

- American Council of the Blind of Colorado [acbco.org](http://acbco.org) 888-775-2221
- Anchor Center for Blind Children [anchorcenter.org](http://anchorcenter.org) 303-377-9732
- Colorado Families for Hands and Voices [cohandsandvoices.org](http://cohandsandvoices.org) 303-492-6283
- Colorado School for the Deaf and Blind [csdb.org](http://csdb.org) 719-578-2100
- National Federation of the Blind of Colorado [nfbco.org](http://nfbco.org) 303-778-1130 or 800-401-4632

## **Infantile Scoliosis**

- Infantile Scoliosis Outreach Program (ISOP) [infantilescoliosis.org](http://infantilescoliosis.org) 303-691-9339 or 866-417-4873

## **Learning Disabilities/Dyslexia**

- Rocky Mountain Branch of International Dyslexia Association [dyslexia-rmbida.org](http://dyslexia-rmbida.org) 303-721-9425
- International Dyslexia Association [interdys.org](http://interdys.org) 410-296-0232
- LD Online [ldonline.org](http://ldonline.org)
- National Center for Learning Disabilities [nclld.org](http://nclld.org) 888-575-7373

## **Mental Health**

- Empower Colorado [empowercolorado.com](http://empowercolorado.com) 866-213-4631
- Mental Health America of Colorado [mhacolorado.org](http://mhacolorado.org) 800-456-3249
- National Alliance for the Mentally Ill Colorado [namicolorado.org](http://namicolorado.org) 888-566-6264
- The Balanced Mind Foundation [thebalancedmind.org](http://thebalancedmind.org) 847-492-8510
- Depression and Bipolar Support Alliance [dbsalliance.org](http://dbsalliance.org) 800-826-3632

## **Spina Bifida**

- Spina Bifida Association of Colorado [coloradospinabifida.org](http://coloradospinabifida.org) 303-797-7870

## **Tourette Syndrome**

- Tourette Syndrome Association Rocky Mountain Region [tsa-rmr.org](http://tsa-rmr.org) 720-212-7535
- Tourette Syndrome Association [tsa-usa.org](http://tsa-usa.org) 718-224-2999

## **For information on additional specific disabilities, we recommend:**

- CHADD (Children & Adults w/ Attention Deficit/Hyperactivity Disorder) [chadd.org](http://chadd.org) 800-233-4050
- Muscular Dystrophy Parent Project [parentprojectmd.org](http://parentprojectmd.org) 800-714-5437
- Parents of Premature Babies [preemie-l.org](http://preemie-l.org)
- Sensory Processing Disorder Foundation [spdfoundation.net](http://spdfoundation.net) 303-794-1182

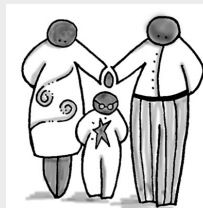
## **For general information on disabilities from national organizations, we recommend:**

- MUMS National Parent-to-Parent Network [netnet.net/mums](http://netnet.net/mums)
- National Dissemination Center for Children with Disabilities (NICHCY) [nichcy.org](http://nichcy.org) 800-695-0285
- National Organization for Rare Disorders (NORD) [rarediseases.org](http://rarediseases.org) 800-999-6673

### The WHERE DO I START?

series is available for downloading in English and Spanish at [p2p-co.org](http://p2p-co.org)

- #1 General Resources
- #2 Disability Specific Resources
- #3 The Three P's: P2P, PEAK, PEP



Brought to you by  
Parent to Parent of Colorado  
1-877-472-7201, [p2p-co.org](http://p2p-co.org)  
A program of Ability Connection Colorado

9/2013