

Menu



Mayfield Girls School

WEEK 4	Monday 18/09	Tuesday 19/09	Wednesday 20/09	Thursday 21/09	Friday 22/09	Saturday 23/09	Sunday 24/09
Cooked Breakfast	Herby diced potato, fried egg, plum tomatoes	Continental croissant with ham, cheese & tomato	Sausage & fried egg muffin with hash browns & breakfast tomatoes	Bacon, scrambled egg, beans & bloomer	Pancakes with berry compote & Greek yoghurt	Bacon, scrambled egg, mushrooms & baked beans	Pastries in houses
Lunch Main Meal	Quorn bolognaise pasta bake	Honey roast gammon with hollandaise sauce	Hoisin salmon on a bed Asian vegetables	Sausage, tomato, fennel & chilli ragu tagliatelle	Battered fish with tartare sauce	Cottage pie with a leek, potato & cheddar top	Parmesan and rosemary pork cutlets
Lunch Vegetarian	Aubergine parmigiana	Butter bean & pepper shakshuka	Sweet and sour vegetables	Mushroom & tarragon tagliatelle	Chow Mein	Courgette & parmesan fries with a garlic yoghurt dip	Halloumi & Mediterranean vegetable tray bake
Lunch Side Dishes	Garlic bread & lemon green beans	Roasted sea salt new potatoes and broccoli	Steamed Chinese leaf, pak choi & sugar snaps	Tomato & oregano bread with roast broccoli & peas	Chips & peas	Roast garlic baby potatoes and steamed spring greens	Sauté potatoes, roast carrots and peas
Salad Bar Specials	Tenderstem Broccoli edamame & sesame salad	Chorizo niçoise salad	Vegan BBQ chickpea salad	Sesame chicken, seaweed & avocado salad	Tamarind squash with crispy chickpeas & tzatziki yoghurt	Salad of the day	
	Second daily salad will be a sustainable salad						
Jacket Potato & Topping	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans
		Tuna & sweetcorn		Coronation chicken			
Lunch Dessert	Eton mess	Dark chocolate tart topped with dulce de leche	Raspberry & apricot pudding with sugar pearls & custard	Baked lemon cheese cake with raspberry drizzle	Chocolate orange bread & butter pudding with cream	Dessert of the Day	Dessert of the Day
Supper Main Meal	Thai prawn curry	Lasagne al Forno	Chicken shawarma	Honey and soy sticky pork ribs	Pad Thai with vegetable gyoza	Chicken tikka masala	Pizza night
Supper Vegetarian	Thai green vegetable curry	Vegetable lasagne	Halloumi kebabs	Honey and soy sticky tofu		Paneer & chickpea tikka masala	
Supper Side Dishes	Coconut rice and sugar snap peas	Garlic bread & tomato, rocket salad	Flatbreads, tzatziki, hummus and slaw	Noodles, beansprouts and Chinese leaf		Rice, naan, roasted cauliflower & poppadum's	Homemade wedges, slaw & corn
Salad Bar	A variety of salads available daily, including mixed side salads, pasta salads, grain salads & meat & cheese boards See separate salad bar menu for daily offerings						
Jacket Potatoes	Jacket potatoes or baked sweet potatoes with beans served daily						
Dessert	Fresh fruit & jellies served everyday. Ice cream will be served one evening a week.						
Dietary Requirements	All our food is made fresh on site every day. We always make sure we have gluten free and dairy free options on both our hot counters and cold counters. Please look at the daily allergen information sheet or ask a server if you are unsure and they will be happy to advise you.						