



COMMUNITY REACH CENTER

RAINBOW CENTER

A place where consumers make friends and make a difference!

Rainbow Center is a peer run, mental health drop-in center where consumers of mental health services can find an accepting community, purpose and empowerment.

Our services are rooted in the belief that consumers can and do recover, and that empowerment is a critical aspect of recovery.

Members are encouraged to participate in daily Rainbow Center community meetings at whatever level they feel most comfortable, to offer input into decision making about activities and services.

Whether someone comes for lunch or takes a major leadership role at Rainbow Center, all are welcome here!

Hours: Monday—Thursday 8:30am-4pm

Friday 10:30am-4pm

All services are covered by Medicaid.

690 West 84th Avenue, Thornton, CO 80260

Services:

- Free lunch, Monday-Thursday
- Peer Support
- Nursing Home Outreach Program for Empowerment (NHOPE)
- Daily therapeutic support groups
- Food Bank

Group Activities:

- Karaoke
- Exercise
- Healthy Cooking
- Arts & Crafts
- Weekly outings and events

Please check our calendar for a full list of current groups

Amenities:

- Resource Center with Library and Computer Lab
- Air hockey and pool table
- Exercise room
- Dining room

For more information, call **303.451.4288**,
or visit **www.CommunityReachCenter.org**