

# Welcome to Year 10

Thursday 14<sup>th</sup> September 2023

- Summer 2023 Results
- Special Focus Areas
- Home School Agreement
- Wellbeing
- Careers/Post-16
- The Year Ahead
- Your Support
- Attendance vs. GCSE Grades



Slough and Eton C of E  
Business and Enterprise College

*I have come in order that you might have life  
– life in all its fullness*

Work Hard  
Be Nice  
No Excuses

# Happy New Year

- Mrs Hind - Head of Year
- Mr Leane, Senior Deputy Headteacher - SLT Link
  - Summer 2023 Results
  - Special Focus Areas
  - Home School Agreement
  - Wellbeing
  - Careers/Post-16
  - Your Support
  - Attendance vs. GCSE Grades



# Thursday 17<sup>th</sup> August – Year 13 Results



# Thursday 24<sup>th</sup> August – Year 11 Results

882 (of 1227) GCSEs 4+ = 72%

English and Maths at 4+ = 60%



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# Special Focus Areas for 23-24

- **Reading**
- **Students who are entitled to, and claim, free school meals**
- **Consent**
- **Pride in books**
- **Clubs and Trips**





# Home School Agreement

Home School Agreement	
Slough and Eton Church of England Business and Enterprise College recognises that the partnership between home and school is vital to ensure the success of every student.	
<b>Students.</b> To achieve the best possible outcomes, students agree that they will:	
<b>Work Hard</b>	
<ul style="list-style-type: none"><li>• work hard in class and meet all deadlines for handing in independent study.</li><li>• take an active part in school life including attending extra-curricular clubs and lessons.</li></ul>	
<b>Be Nice</b>	
<ul style="list-style-type: none"><li>• show respect and care for others and their property.</li><li>• report any concerns about the safety and behaviour of other students.</li><li>• accept and respect all students and staff, regardless of their ethnicity, gender (including transgender), sexuality (LGBTQ+), disability, age or religion.</li></ul>	
<b>No Excuses</b>	
<ul style="list-style-type: none"><li>• attend school regularly and arrive at registration on time with the right attitude for learning.</li><li>• wear school uniform correctly and bring the correct equipment each day.</li><li>• behave well in and out of class and meet all the school's expectations including on the journeys to and from school and on any trip or visit.</li><li>• be responsible for all their possessions and not bring into school expensive items or large sums of money.</li><li>• talk with parents &amp; teachers about any concerns in school and pass all letters and notes to parents on the day they are issued.</li><li>• adhere to the behaviour, bullying and e-Safety Policy.</li></ul>	
Student Name: .....	Signed Student: .....
<b>Parents.</b> To achieve the best possible outcomes for our students, parents agree that they will:	
<ul style="list-style-type: none"><li>• support school policies and see that their child attends school regularly, on time and is properly equipped.</li><li>• take an active interest in all aspects of their child's school life.</li><li>• communicate to school all relevant information which may affect their child's work or attitude to learning.</li><li>• notify the school if, for any reason, their child cannot attend school.</li><li>• ensure their child follows the school's behaviour policy and support associated action taken by the school.</li><li>• encourage learning outside of school, provide suitable facilities to learn, and encourage their child to have the right attitude to learning.</li><li>• encourage their child to accept and respect all students and staff, regardless of their ethnicity, gender (including transgender), sexuality (LGBTQ+), disability, age or religion.</li><li>• attend Parents' Evenings, student support meetings and other occasions at which their presence is required.</li><li>• Ensure the school has up to date contact details, medical information and other barriers to learning about their child.</li></ul>	
Signed Parent: .....	
<b>Slough and Eton.</b> To achieve the best possible outcomes for our students, the school will:	
<ul style="list-style-type: none"><li>• provide a safe and stimulating environment for all your children to learn.</li><li>• offer a broad and balanced curriculum to students of all abilities.</li><li>• encourage all students to take responsibility for their own learning, feel proud of their achievements and enjoy being a student at the school.</li><li>• keep parents/carers informed about their progress and general school matters.</li><li>• insist that all students observe the school's behaviour and anti-bullying policies.</li><li>• provide an environment where all students are accepted with respect regardless of their ethnicity, gender (including transgender), sexuality (LGBTQ+), disability, age or religion, and challenge all prejudice when it occurs</li><li>• act without fear or favour with safeguarding concerns, placing the child at the centre of our decision making.</li><li>• set regular independent study and provide suitable facilities at school.</li><li>• assess students' work and provide regular targets and guidance on how to improve.</li></ul>	
Signed on behalf of the School: .....	
<small>I have come in order that you might have life – life in all its fullness</small>	<small>Work Hard Be Nice No Excuses M Culkeen 06/09/23</small>

Home School Agreement	
<b>E-Safety Guidelines</b>	
With regard to the use of the school's IT systems students will:	
<ul style="list-style-type: none"><li>• ensure their IT usernames and passwords are safe and secure – they will not share them, nor will they try to use any other person's username and password.</li><li>• not disclose or share personal information about themselves or others when online.</li><li>• immediately report any unpleasant or inappropriate material or messages or anything that makes them feel uncomfortable if they see it online.</li><li>• not use the school systems for personal or recreational use (including e-mail) unless they have permission.</li><li>• not use the school systems or devices for online gaming, online gambling, internet shopping, file sharing, or video broadcasting (e.g., YouTube) unless they have permission.</li><li>• not access, copy, remove or otherwise alter any other user's files, without the owner's knowledge and permission.</li><li>• be polite and responsible when they communicate with others.</li><li>• not take or distribute images of anyone without their permission.</li><li>• only use their own personal devices (mobile phones, USB devices etc.) in school if they have permission and in accordance with school policies.</li><li>• not try to upload, download or access any materials which are illegal or inappropriate or may cause harm or distress to others.</li><li>• not try to use any programmes or software that might allow them to bypass the filtering or security systems or cause damage or disruption to the school system.</li><li>• immediately report any damage or faults involving equipment or software.</li><li>• not tamper with, disconnect, attempt to repair or damage school equipment.</li><li>• not install, attempt to install or store programmes of any type on any school device, nor will they try to alter computer settings.</li><li>• only use social media sites with permission and at the times that are allowed.</li><li>• ensure that they have permission to use the original work of others in their own work.</li><li>• will not try to download work which is protected by copyright (including music and videos).</li><li>• understand submitted work will be passed through "Turn it in" and plagiarised work will be returned with a possible sanction.</li><li>• not use Artificial Intelligence (AI) to complete work. Students doing this may be sanctioned.</li><li>• understand the IT system is monitored and infringements of these guidelines will be investigated and sanctioned.</li></ul>	
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**Students.** To achieve the best possible outcomes, students agree that they will:

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- work hard in class and meet all deadlines for handing in independent study.
- take an active part in school life including attending extra-curricular clubs and lessons.

**Be Nice**

- show respect and care for others and their property.
- report any concerns about the safety and behaviour of other students.
- accept and respect all students and staff, regardless of their ethnicity, gender (including transgender), sexuality (LGBTQ+), disability, age or religion.

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- attend school regularly and arrive at registration on time with the right attitude for learning.
- wear school uniform correctly and bring the correct equipment each day.
- behave well in and out of class and meet all the school's expectations including on the journeys to and from school and on any trip or visit.
- be responsible for all their possessions and not bring into school expensive items or large sums of money.
- talk with parents & teachers about any concerns in school and pass all letters and notes to parents on the day they are issued.
- adhere to the behaviour, bullying and e-Safety Policy.

Student Name: ..... Form Group: ..... Signed Student:.....



**Parents.** To achieve the best possible outcomes for our students, parents agree that they will:

- support school policies and see that their child attends school regularly, on time and is properly equipped.
- take an active interest in all aspects of their child's school life.
- communicate to school all relevant information which may affect their child's work or attitude to learning.
- notify the school if, for any reason, their child cannot attend school.
- ensure their child follows the school's behaviour policy and support associated action taken by the school.
- encourage learning outside of school, provide suitable facilities to learn, and encourage their child to have the right attitude to learning.
- encourage their child to accept and respect all students and staff, regardless of their ethnicity, gender (including transgender), sexuality (LGBTQ+), disability, age or religion.
- attend Parents' Evenings, student support meetings and other occasions at which their presence is required.
- Ensure the school has up to date contact details, medical information and other barriers to learning about their child.

Signed Parent: .....





**Slough and Eton.** To achieve the best possible outcomes for our students, the school will:

- provide a safe and stimulating environment for all your children to learn.
- offer a broad and balanced curriculum to students of all abilities.
- encourage all students to take responsibility for their own learning, feel proud of their achievements and enjoy being a student at the school.
- keep parents/carers informed about their progress and general school matters.
- insist that all students observe the school's behaviour and anti-bullying policies.
- provide an environment where all students are accepted with respect regardless of their ethnicity, gender (including transgender), sexuality (LGBTQ+), disability, age or religion, and challenge all prejudice when it occurs
- act without fear or favour with safeguarding concerns, placing the child at the centre of our decision making.
- set regular independent study and provide suitable facilities at school.
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Signed on behalf of the School: .....



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- not disclose or share personal information about themselves or others when online.
- immediately report any unpleasant or inappropriate material or messages or anything that makes them feel uncomfortable if they see it online.
- not use the school systems for personal or recreational use (including e-mail) unless they have permission.
- not use the school systems or devices for online gaming, online gambling, internet shopping, file sharing, or video broadcasting (e.g., YouTube) unless they have permission.
- not access, copy, remove or otherwise alter any other user's files, without the owner's knowledge and permission.
- be polite and responsible when they communicate with others.
- not take or distribute images of anyone without their permission.
- only use their own personal devices (mobile phones, USB devices etc.) in school if they have permission and in accordance with school policies.
- not try to upload, download or access any materials which are illegal or inappropriate or may cause harm or distress to others.
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- not use Artificial Intelligence (AI) to complete work. Students doing this may be sanctioned.
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# Wellbeing

**Mrs Hind, Head of Year 10**



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# Wellbeing

## Sleep hygiene:

- Same bedtime & wake up time every day (routine).
- Avoid long lie ins & late nights at weekends.
- No screens 60 mins before bedtime.
- No phones in bedrooms at night.
- Start winding down an hour before bedtime: read/ listen to soft music/ shower.
- Avoid caffeine, sugar & salty things before bedtime.
- Have a fresh glass of water in the bedroom.



# Wellbeing

## Diet & Exercise:

- Drink plenty of water.
- Avoid caffeine & fizzy drinks.
- At least 5 fruit & veg a day.
- Avoid sugary foods.
- Always have a healthy breakfast (free in school).
- At least 60 mins of physical activity a day (walk to school, play football at break, run in the evenings, join a sports club).



# Online Safety:

Setting up parental controls on:	
Home broadband and WiFi	+
Games consoles	+
Mobiles, tablets and computers	+
Apps and online services	+
Search engines	+
WiFi and being away from home	+

- How do you know your child is safe online? Talk to them about online safety.
- Have they accidentally come across pornography, abuse or extremist material?
- Know their PIN numbers & passwords.
- Check out the NSPCC guidance <https://www.nspcc.org.uk/keeping-children-safe/online-safety/parental-controls/>





# Mental Health:



- Dedicate time to listen. At least 5 minutes every day, 1:1 talking with your child without interruptions or distractions.
- Allow them to talk about their worries.
- If your child is anxious, stay calm, practice breathing techniques together. Little Book of Calm (school website).
- If mental health becomes a problem ask for help: [wellbeing@slougheton.com](mailto:wellbeing@slougheton.com)



# Slough & Eton Careers

## What is covered in Careers @SloughEton?

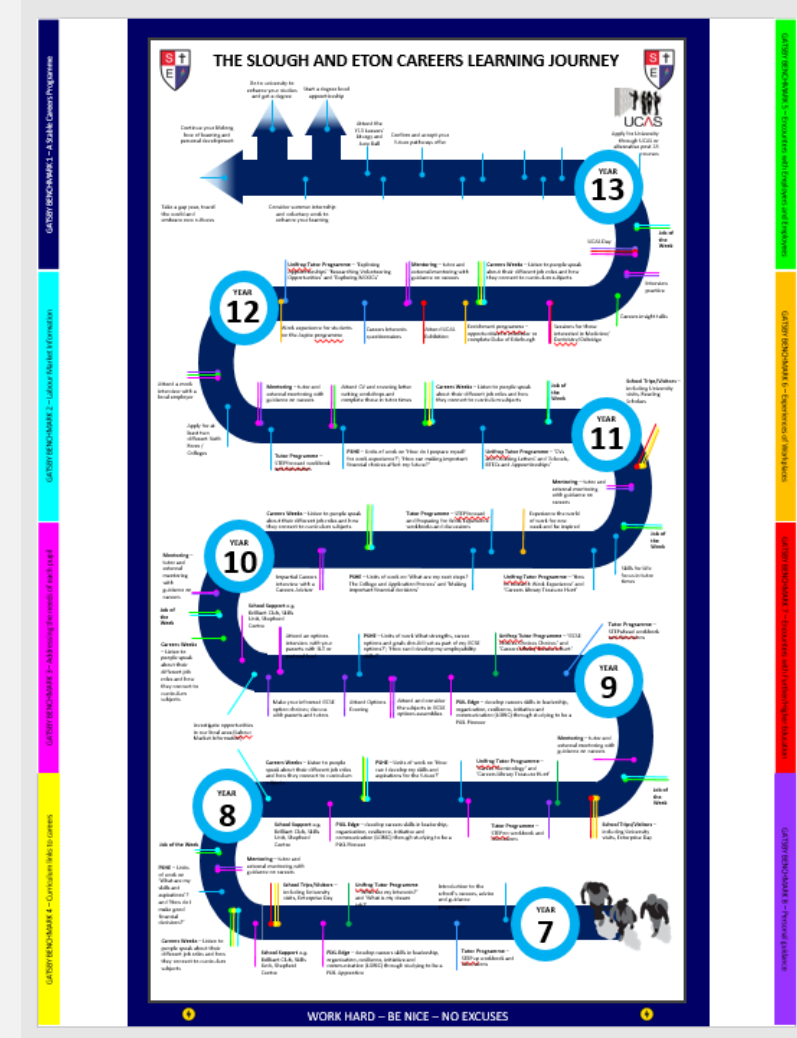
- Mapped against CDI's Framework for Careers, Employability & Enterprise
- Mapped against Gatsby Benchmarks

# S&E Careers Learning Journey

Part of the wider school curriculum is preparing your children for the range of possible next steps they may take post-16 and post-18, and the types of future careers available to them.

The overall Careers Learning Journey is found on the school website, alongside additional useful information.

<https://www.slougheton.com/personal-development/careers-education>



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## What is covered in Careers @SloughEton ?

- Mapped against CDI's Framework for Careers, Employability & Enterprise
- Mapped against Gatsby Benchmarks

# Careers Education

Careers falls into many aspects of school life, and your child will cover this across a range of areas which include:-

- 'Job of the Week'
- 'Careers Corner' – a weekly bulletin sent to students and parents outlining local and national opportunities
- A bespoke Careers session as part of the tutor programme
- Termly 'Careers Weeks' where there are a range of activities, guest speakers from Colleges / Universities and each subject showcasing linked careers
- Careers topics covered in PSHE lessons
- A Careers Fair with ~40 local employers, Colleges and Universities represented

In addition, there are specific activities for each year-group.

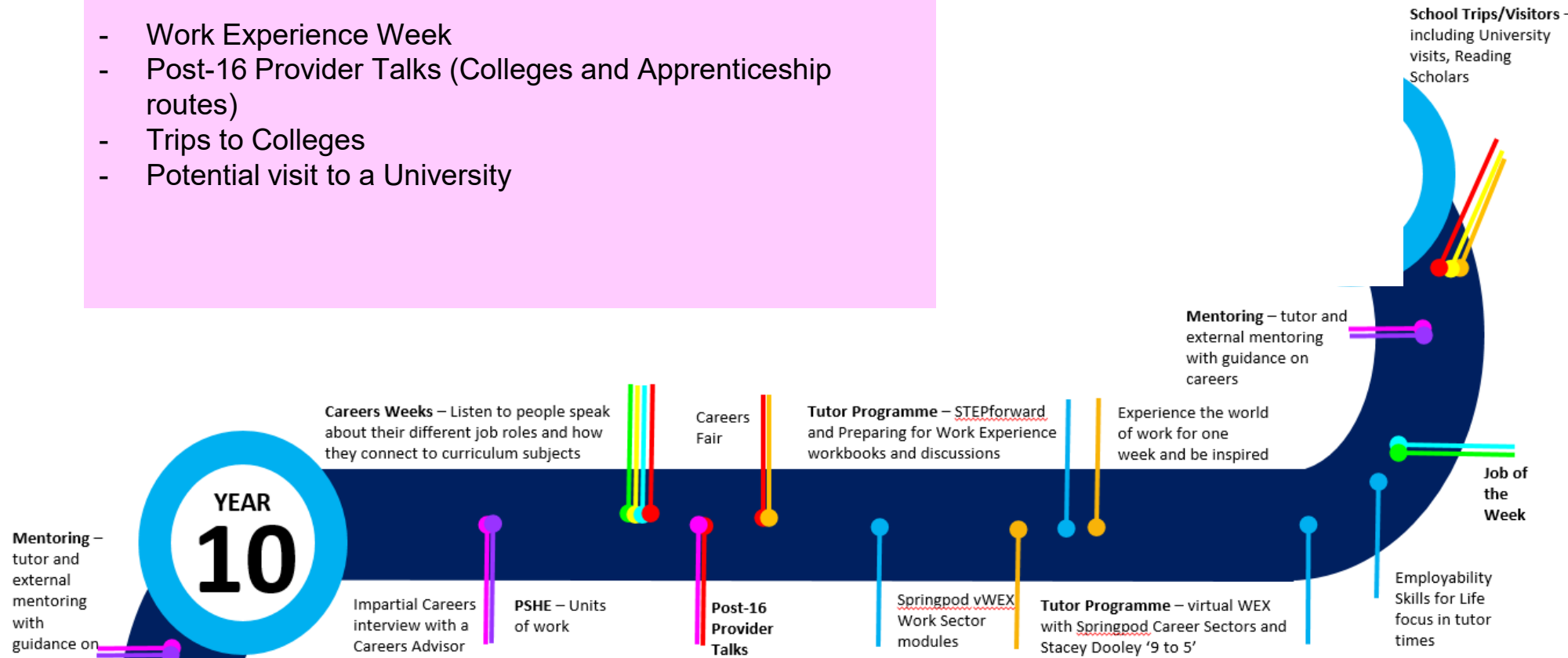


## Year 10 S&E Careers Learning

### What is covered in Careers @SloughEton ?

- Mapped against CDI's Framework for Careers, Employability & Enterprise
- Mapped against Gatsby Benchmarks

- Work Experience Week
- Post-16 Provider Talks (Colleges and Apprenticeship routes)
- Trips to Colleges
- Potential visit to a University



# Careers

- Each student in Y10 and Y11 has a personalised Careers Advisor session alongside extra sessions for identified students who are at risk of not being in education, employment or training, those in care, or those with EHCPs.
- The Careers Advisor is available to all students during break and lunch when they are in on Thursdays and Fridays. If students in Y7-10 wish to make a Careers Advisor appointment they are able to do so via their Form Tutor.



# Work experience

- Each student in Y10 will be expected to participate in work experience.
- We hold a designated 'Work Experience Week'.
- Please speak to Mrs Hind or your child's form tutor if you or anyone you know would be able to support the school in providing this invaluable experience to your child (and hopefully others).





# The year ahead

- 14<sup>th</sup> September – Welcome to Year 10 Evening
- 9<sup>th</sup> November – Year 10 Parents' Evening
- Mocks
- Work Experience Week
- Targeted Parents' Evening



# Mr Leane, Senior Deputy Headteacher



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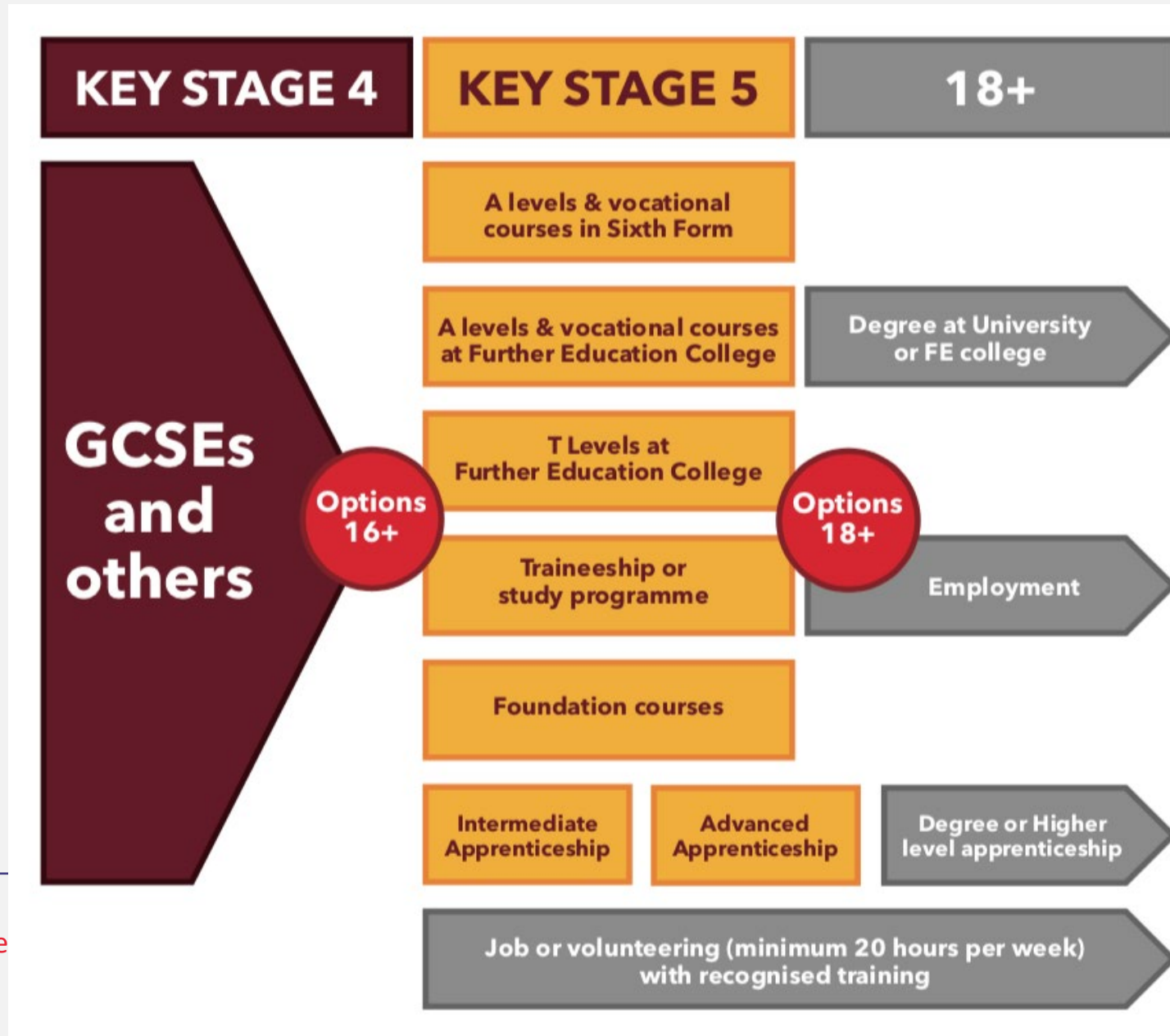
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# What is different in Key Stage 4 / Year 10

- Studying fewer subjects (core plus 3 options),
- Ending lessons at 3:03pm,
- Interventions begin,
- Coursework,
- Duke of Edinburgh Award,
- Mentoring and support of lower years,
- More Independent Study,
- Revision (FSM Revision Guides).



# What are the different Post-16 Options?



# Trips and visits

- Many of the curriculum areas in the school offer trips and visits linked to the GCSE topics your child will be studying.
- We encourage all students to attend these events.
  - If compulsory for the subject (e.g. theatre productions for GSCE Drama) these are free.



# What is the Point?





# Your Support

- Show an interest
  - Diary, Class Charts, WEDUC.....
- Essential equipment
  - Bag, stationery, PE kit, lunch money, uniform.....
- Key Concepts
  - Be the Role Model
  - Be active, eat healthy
  - Unplug – screens off
  - Remove distractions
  - Reward effort not grades
  - Routine

## The Power of Interruptions

Information for parents and carers

**PiXL6**  
Partners in excellence

### Did you know?

You may find that your child is often attempting to multi-task when they are doing their work, whether this is home learning, revision or attending a live lesson or online course. Did you know that it takes on average around 25 minutes to return concentration to an original task after an interruption, according to Gloria Mark who teaches on digital distraction in the USA.

Distractions cause a problem at the time of the interruption but then continue to impact concentration for up to half an hour after if you are interrupted again within that time you can see how it would have a knock-on effect. 20 seconds to look at Instagram is 20 seconds – it is 25 minutes and 20 seconds. Sometimes just having the phone in the room next to them, ready to light up, can cause distraction.

Distraction also has other downsides – higher stress, lower productivity and a bad mood are some of them, according to research. None of this makes you feel good. Your child may be sitting 'doing work' for a long period of time but is it 'deep work', where they are fully present?

## The Power of Sleep

Information for parents and carers

**PiXL6**  
Partners in excellence

### Did you know?

Teenagers are often known for sleeping for a long time but perhaps at the 'wrong' times. Getting your child into a regular pattern of sleep is very important. Here is what the research says about sleep:

- It is better than any other performance-enhancing method
- It makes us live longer
- It improves our creativity
- It enhances our memory
- It can protect us from illnesses
- It makes us considerably happier
- If we get 8 hours, it reduces our reliance on sugary foods and caffeine
- Scientists have found that people who go to bed earlier and sleep for a regular number of hours have less negative thoughts
- It is free!



## How can you help your child and prepare them to perform?



1. Being a role model
2. Help them set goals
3. Keep them active
4. Healthy eating
5. Time out
6. Sleep patterns
7. Unplugging
8. Staying cool & calm
9. Belief
10. Be supportive

Each day you can support your child to make choices which can impact how they perform during the exam period



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*'I have come in order that you might have life'*

# Attendance: Grades 2022 (Year 11)

## Attendance

- 90%+
- 80-90%
- 70-80%
- 60-70%
- 50-60%

## Average grade

5.9  
4.9  
4.7  
2.8  
2.4

# Attendance: Grades 2023 (Year 11)

## Attendance

- 90%+
- 80-90%
- 70-80%
- 60-70%
- 50-60%

## Average grade

4.54  
4.52  
3.54  
1.84  
0.5



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# Thank You For Coming

- **Questions**
- **Revision Guides & Stationery available to buy** (from reception tonight or WEDUC)



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