

warm pool schedule



Free to Members
September 17-23, 2023
 Pool schedule subject to change as needed.

SUNDAY

POOL HOURS:
 9:00 am - 5:30 pm

9:00 - 10:00 am
 Lessons only

..... 10:00 - 10:15 - closed

10:15 am - 12:00 pm
 Lessons only

..... 12:00 - 12:15 - closed

12:15 pm - 2:00 pm
 Open Swim

..... 2:00 - 2:15 - closed

2:15 - 4:00 pm
 Open Swim

..... 4:00 - 4:15 - closed

4:15 - 5:30 pm
 Adult Only +
 Private Lessons*

MONDAY

POOL HOURS:
 7:30 am - 8:00 pm

7:30 - 10:00 am
 Adult Only.
 No Youth Lessons

..... 10:00 - 10:15 - closed

10:15 - 11:00 am
 Arthritis Exercise

..... 12:00 - 12:15 - closed

11:00 am - 12:00 pm
 Open Swim

..... 12:00 - 12:15 - closed

12:15 - 2:00 pm
 Adult Only +
 Private Lessons*

..... 2:00 - 2:15 - closed

2:15 - 3:45 pm
 Open Swim

..... 3:45 - 4:00 - closed

4:00 - 6:45 pm
 Lessons only

..... 6:45 - 7:00 - closed

7:00 - 8:00 pm
 Open Swim

TUESDAY

POOL HOURS:
 7:30 am - 8:00 pm

7:30 - 8:05 am
 Adult Only.
 No Youth Lessons

8:05 am - 9:00 am
 Ai Chi

9:00 - 10:00 am
 Adult Only.

..... 10:00 - 10:15 - closed

10:15 - 11:15 am
 Aqua Yoga

..... 12:00 - 12:15 - closed

11:15 am - 12:00 pm
 Open Swim

..... 12:00 - 12:15 - closed

12:15 - 2:00 pm
 Adult Only +
 Private Lessons*

..... 2:00 - 2:15 - closed

2:15 - 3:45 pm
 Open Swim

..... 3:45 - 4:00 - closed

4:00 - 6:45 pm
 Lessons only

..... 6:45 - 7:00 - closed

7:00 - 8:00 pm
 Adult Only +
 Private Lessons*

WEDNESDAY

POOL HOURS:
 7:30 am - 8:00 pm

7:30 - 10:00 am
 Adult Only.
 No Youth Lessons

..... 10:00 - 10:15 - closed

10:15 - 11:00 am
 Arthritis Exercise

..... 12:00 - 12:15 - closed

11:00 am - 12:00 pm
 Open Swim

..... 12:00 - 12:15 - closed

12:15 - 2:00 pm
 Adult Only +
 Private Lessons*

..... 2:00 - 2:15 - closed

2:15 - 3:45 pm
 Open Swim

..... 3:45 - 4:00 - closed

4:00 - 6:45 pm
 Lessons only

..... 6:45 - 7:00 - closed

7:00 - 8:00 pm
 Open Swim

THURSDAY

POOL HOURS:
 7:30 am - 8:00 pm

7:30 - 8:05 am
 Adult Only.
 No Youth Lessons

8:05 am - 9:00 am
 Ai Chi

9:00 - 10:00 am
 Adult Only.

..... 10:00 - 10:15 - closed

10:15 - 11:15 am
 Aqua Yoga

..... 12:00 - 12:15 - closed

11:15 am - 12:00 pm
 Open Swim

..... 12:00 - 12:15 - closed

12:15 - 2:00 pm
 Adult Only +
 Private Lessons*

..... 2:00 - 2:15 - closed

2:15 - 3:45 pm
 Open Swim

..... 3:45 - 4:00 - closed

4:00 - 6:45 pm
 Lessons only

..... 6:45 - 7:00 - closed

7:00 - 8:00 pm
 Adult Only +
 Private Lessons*

FRIDAY

POOL HOURS:
 7:30 am - 8:00 pm

7:30 - 10:00 am
 Adult Only.
 No Youth Lessons

..... 10:00 - 10:15 - closed

10:15 - 11:00 am
 Arthritis Exercise

..... 12:00 - 12:15 - closed

11:00 am - 12:00 pm
 Open Swim

..... 12:00 - 12:15 - closed

12:15 - 2:00 pm
 Adult Only +
 Private Lessons*

..... 2:00 - 2:15 - closed

2:15 - 4:00 pm
 Open Swim

..... 4:00 - 4:15 - closed

4:15 - 6:45 pm
 Open Swim

..... 6:45 - 7:00 - closed

7:00 - 8:00 pm
 Open Swim

SATURDAY

POOL HOURS:
 9:00 am - 5:30 pm

9:00 - 10:00 am
 Adult Only +
 Private Lessons*

..... 10:00 - 10:15 - closed

10:15 - 12:00 pm
 Open Swim

..... 12:00 - 12:15 - closed

12:15 - 2:00 pm
 Open Swim

..... 2:00 - 2:15 - closed

2:15 - 4:00 pm
 Adult Only +
 Private Lessons*

..... 4:00 - 4:15 - closed

4:15 - 5:30 pm
 Open Swim

(#) = the number
 in parentheses
 notes the number
 of lanes available

* Indicates that there
 is a fee to participate.

Children age 12 & under must pass our swim test or wear a lifejacket to participate in open swim. Visit: oregonjcc.org/poolrules for our full supervision policy and pool rules.