

Wednesday Electives 2023-2024

Session 1

Orienteering -Class Fee \$10.

Students will be introduced to the "EAS Sport" of Orienteering. Students explore different nearby parks and wooded areas over the six weeks. Orienteers learn how to get unlost, find their way using maps, develop their lateral thinking skills, and problem solve in a real world environment. With an orienteering mindset, you'll always know when your GPS is leading you astray and you'll learn how to plan ahead. Students will be introduced to Orienteering at Camp Hamilton so this elective is a great extension for those interested. **Parent Chaperones & Carpool drivers needed some weeks.**

Net Sports - Class Fee \$30.

Let's continue enjoying this wonderful summer weather while we can with a plethora of outdoor net sports and games. This class will be focused on outdoor volleyball, badminton, pickleball, soccer and more. Let's have some fitness fun! All skill levels welcome. Class taught by Bryan M., a local fitness enthusiast and athletic trainer. Bryan has taught many electives and is a favorite among EAS students. **Parent Chaperones needed.**

Board Games & Magic The Gathering- Class Fee \$30.

Come play a variety of strategy board games or join other in the Magic the Gathering card game craze. Each week there will be a large selection of fun board games available to learn and play as well Magic cards to borrow if new to the game and want to learn. This class is suited for all levels of Magic players as well as those who are new to board games or consider themselves board game enthusiasts. Class taught by Eric Battisti of Tolarian Scholars Northwest. Eric has been a part of our enrichment classes at EAS for several years. Eric is a Magic the Gathering expert as well as provides a variety of new and fun board games for students. **Class taught at EAS - Parent chaperones needed.**

Golf - Class Fee \$125.

In this golf elective, students will receive structured instruction from a PGA pro and Willows Golf instructor, who are eager to share their passion for golf with our students. Time will be spent at both Willows Golf Course (putting greens & Heron's course) and Redwood Golf Center. Students will practice their golf stance, swing motions, rules and etiquette. Class Size limited. **Parent Drivers Required each week.**

Guitar - Class Fee \$55.

Want to learn to play the basics on guitar? Already know how to play but want to learn and practice more? This class could be for you. Join Mr. Kurt on Wednesdays and begin, or continue, the life-long enjoyment of playing the guitar. If there is student interest, students will also learn some beginning music composition. Mr. Kurt has taught guitar lessons for over 25 years. He has taught both beginning students and intermediate to advanced. Students will need to bring a guitar each week to class. This can be a purchased or rented guitar. Several music stores in the area rent instruments. Class will run approximately 1 to 1.5 hours (longer if music composition is of interest), students will be expected to do quiet study (homework or reading) the remaining time. Class taught at EAS - **parent chaperones needed.**

Cooking-Class Fee \$50.

Each week we will be cooking a popular dish from different cuisines. We will explore Mexican, Thai, Italian, Indian, Ramen and Lebanese. We will focus on one aspect of the dish such as making fresh tortillas for tacos or making a scratch cheese sauce for Mac&Cheese. Then we will incorporate what we have made that day with the rest of the ingredients to complete a delicious homemade dish! Students should be interested in learning basic cooking skills and following recipes, not just eating the final product. Class taught by EAS parent at EAS - **Parent Chaperones/helpers needed.**

Trail & Track Running - No Class Fee.

EAS is surrounded by many trails and in this elective students will have the opportunity to explore many of them while running. More than just running each week students will also learn proper stretching and training, proper gear, equipment and more. All running abilities welcomed. Students will need athletic shoes suitable for trail running and be prepared to be outdoors most weeks. Running will take place on the school track as well as surrounding trails. Class taught at EAS by EAS parent. **Parent Chaperones needed -**

Solar Cars & Races - Class Fee \$35.

In this new, fun, fast paced elective students will create solar powered motors and cars, set up races and run courses with fellow students. A little lab learning mixed with a lot of hands-on fun. Students will get to keep the car they create. Class taught by geology Jules geologyjules.com. Jules makes science fun and engaging for all. **Class taught at EAS - Parent Chaperones Needed.**

Pottery-Class Fee \$10.

This is a self-directed course in the creation and appreciation of the ceramic vessel. Students will explore basic hand-building, including pinch pots, slab building, and coil building. Students may also get the opportunity to work with slip casting and wheel throwing. Class taught by Finn Hill librarian, Mr. Strong. **Parent Chaperone needed each week.**

Graphic Design Series 1: Logos & Branding- Class Fee \$10.

Do you have an interest in graphic design, or think you might want to pursue a design career in the future? Even if you just want some ideas for how to make your class assignments and presentations (and end-of-year boards and portfolios!) look more organized and compelling, these electives are for you! Over the course of the year, we'll explore some of the ways graphic design is used everyday to visually communicate and solve problems. Sessions will include design of publications, packaging, posters, and this first session: logos and branding. You'll learn what makes a successful logo and brand, and how typefaces and color can be used to communicate emotions and tell a meaningful story. Then you'll design your own logo and implement it in a variety of ways, from stationery and signage to merch and swag! Class taught by EAS parent at EAS. **Parent Chaperone needed each week.**

Farming For A Cause- Class Fee \$50.

Students will travel to Sound Sustainable Farms to learn about their work and farm stand as well as help harvest fall crops for local charities or food banks. Students will spend some time learning about sustainable farming, healthy eating, and the benefits of getting outside! If you like helping others, enjoy being outside, don't mind getting a little dirty on the farm, and want to do some work toward a great cause this elective is for you. **Class taught at Sound Sustainable Farms in Redmond- Parent Drivers and Chaperones Required.**

Junior Rowing (open to 7th & 8th grade students only at this time) - Class Fee \$210-220 (fee will depend on # of students signed up). Limited financial assistance may be available if needed.

Ever see the crew teams on Lake Washington and wish you could give it a try. Here is your chance in this unique elective opportunity. Come learn to row at Kenmore Community Rowing Club! Students will learn the basics of rowing in a fun, calm-water environment. No experience necessary. We will introduce participants to the basics: knowledge and nomenclature of rowing shells, techniques of moving boats, and the basic rowing stroke both on the water and on ergs (rowing machines). This is a rain or shine activity primarily within the protected shoreline of the Sammamish River. **Parent drivers needed each week. Parent chaperone help is needed each week** for the safe launching of the heavy training shells. At minimum of 10 students needed for class to happen.

*Note - A Float test is required for all participants - Students can do the float/swim test at any local pool or possibly at Camp Hamilton. Information to complete the float test will be sent ASAP once registration is complete.