



Monongalia County Schools
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2023 -2024 COVID Protocols*
(Revised 9/14/2023)

Watch for Symptoms of COVID

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. Anyone can have mild to severe symptoms. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

What To Do If You Are Sick

- Stay home.
- Be tested for COVID – This may be a medical test or a home test.

What To Do If You Test Positive for COVID

- Stay home and isolate yourself from others in your home.
- Contact the school that your child tested positive for COVID and the date they tested.
- **The positive person will need to isolate for 5 days with the day of testing being Day 0.**
- If the positive person is fever free for 24 hours without fever reducing medication and symptoms are improving, they may return to school/work on Day 6.
- **Day 6 through Day 10 it is recommended the positive person wear a mask at school.**

*This is the Monongalia County Schools COVID Protocol as of September 14, 2023, and may change at any time based on current COVID conditions.

9/14/2023