

Psychiatric/Behavioral Counseling Resources

The following is only a partial list of frequently used phone numbers of agencies in our area. Changes to services, hours, location and requirements are subject to change without notice.

<p>Adapt Programs 2512 N Velasco St. Suite 300, Angleton, TX 77515 www.adaptprograms.com *Accepts insurance 979.480.3327</p>	<p>Anchor Point 1905 Capri Lane, Seabrook, TX 77586 www.anchorpoint.us *Free/low cost services 832-632-1221</p>
<p>Attachment & Trauma Center of Houston 9307 Broadway Suite 323 Pearland www.familypsychsolutions.com *Accepts insurance 281.504.8004</p>	<p>Bay Area Turning Point 210 S. Walnut, Webster, TX 77598 www.bayareaturningpoint.org *Sexual assault/domestic violence services 281.338.7600</p>
<p>Bay Area Council on Drugs and Alcohol (BACODA) 1300 Building A Bay Area Blvd. Ste 239 Houston www.bacoda.org *Bilingual / Sliding Scale 1.800.510.3111</p>	<p>Behavior Plus Texas 902 S. Friendswood Dr. Friendswood, TX 77546 http://www.behaviorplus.com/Index.php 281.482.7587</p>
<p>LaShasta Bell, LPC-S 614 W. Main St. Suite 102, League City, 77573 www.lbell-lpc.org Fees: sliding scale with assessment 281.764-6331</p>	<p>Bo's Place- grief support groups info@bosplace.org 10050 Buffalo Speedway Houston, TX 77054 *free of charge 713.942.8339</p>
<p>Brazoria County Alliance for Children (BCAC) 139 E. Myrtle Street, Angleton, TX 77515 www.cac-bc.org *Free services for abused children 979-849-2500</p>	<p>Brazoria County Counseling Center Delma Garza, LPC, LCDCI 6302 W. Broadway Street Ste 235 Pearland http://www.bccounselingcenter.org/ *Accepts insurance / Sliding scale / Bilingual 979.549.0889</p>
<p>The Bridge Across for Single Parents and Stepfamilies Pearland- Red Dun Ranch, 14034 Hooper Rd, Houston, Texas 77047 (288 and Beltway 8) http://www.thebridgeacross.com/ 832-779-2120</p>	<p>Center for Success and Independence 3722 Pinemont Drive, Houston, TX 77018 https://tcsi.org/ *Residential and intensive outpatient treatment 713-426-4545</p>
<p>Center for Counseling & Personal Development 1506 Winding Way Friendswood, TX 77546 http://www.ccpdfriendswood.com/Contact-Us.html 281.482.5999</p>	<p>Champions Behavioral Health, PLLC 7211 Regency Square Blvd #150, Houston https://npidb.org/doctors/behavioral_health 832-819-1099</p>

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<p>Clearhope Counseling Center 5151 E. Sam Houston Pkwy. S. Pasadena https://www.clearhopecounseling.com/ *Accepts insurance / Sliding scale 281.760.8454</p>	<p>Counseling Connections for Change 2549 Roy Road, Pearland, TX 77584 http://www.counselingconnections.org/ *Accepts insurance / Sliding scale 281.724.3128</p>
<p>SFA Community Health Network 2552 E. Broadway Suite 102, Pearland, TX 77581 www.sfachn.org 281-824-1480</p>	<p>Downtown Counseling Services 105 N. Gordon Street, Ste. 202 Alvin, TX 77511 www.downtowncounseling.com 281.585.0000</p>
<p>Eating Recovery Center – Houston 7515 S. Main Street Suite 400 77030 www.eatingrecoverycenter.com/programs/houston *Accepts insurance 281.299.3120</p>	<p>Excel Center Friendswood- Outpatient Care 111 East Edgewood Dr., Friendswood, TX 77546 www.westoakshospital.com *Accepts insurance 281.648.1200</p>
<p>Flow-of-Light Natural Health Dr. Helen Shih Holistic Solution for Social-Emotional Health www.flow-of-light.com 832-645-2810</p>	<p>The Grief Recovery Method 112 W 4th Street, Houston, TX 77002 www.susanamorell.com 832-752-5742</p>
<p>Gulf Coast Center 24 Hour Crisis Line (Brazoria/Galveston County) 1.866.729.3848 10000 Emmett F. Lowry, Ste 1220, Texas City 77591 Child, Adolescent, and Adult Services available *Accepts insurance / Sliding Scale / Bilingual https://gulfcoastcenter.org/</p>	<p>Gulf Coast Center – Brazoria County 281.585.7490</p> <p>Gulf Coast Center – Galveston County 409.763.2373</p>
<p>Heart Matters: Counseling Families & Building Healthy Relationships 1711 Cleburne, Houston 77004 *Sliding scale 832.443.8129</p>	<p>Innovative Alternatives, Inc. 1335 Regents Park Dr. Suite 240 Houston, TX 77058 www.http://innovativealternatives.org 713-222-2525</p>
<p>Innovative Alternatives, Inc. (Clear Lake) 1335 Regents Park Dr., Suite 240 Houston, TX 77058 www.innovativealternatives.org *Sliding Scale / All Insurances / Bilingual 713.222.2525</p>	<p>Kemah Palms Recovery Center 1013 Delesandri Ln, Kemah, TX 77565 www.kemahpalms.com *Accepts insurance, / Self-pay 713.568.1210</p>
<p>Kingwood Pines (24/7 answering service) 2001 Ladbrook Dr. Kingwood, TX 77339 http://www.kingwoodpines.com/ 281.404.1001</p>	<p>Carol & Ronald Krist Samaritan Center, Clear Lake 16441 Space Center Blvd. Building C Ste 100 77058 www.samaritanhouston.org *Accepts insurance / Sliding scale 281.480.7554</p>

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<p>Lee Nguyen Counseling & Strategic Learning Services Tuan Nguyen, LMSW Delphine Lee, LCSW-S 2217 N. Park Avenue, Pearland *Free consultation 281.997.8400</p>	<p>LearningRx Houston-Clearlake 107 Landing Blvd, League City, TX 77573 www.learningrx.com/houston-clearlake 281.819.4200</p>
<p>Dr. Doreen Lerner (Psychologist) 2225 CR 90, Suite 201-A Pearland https://www.doreenlernerphd.com/ 281.412.7231</p>	<p>Debra K. Matos, LCSW-C, Certified Psychodramatist Serving Pearland and Friendswood Debmatos590@gmail.com 240.888.5066</p>
<p>Lifeway International 10110 W Sam Houston Pkwy S Houston, TX 77099 www.lifewaycares.com *Accepts insurance / Self-pay 1.877.270.6753</p>	<p>Memorial Heights Counseling 720 N Post Oak Road Suite 280 Houston, TX 77024 Individual outpatient counseling and psychotherapy www.memorialheightscounseling.com 713-701-9794</p>
<p>Majestic Counseling and Counseling, L.L.C. 2217 N. Park Avenue, Pearland https://www.majesticcounselingandconsulting.com/ *Accepts insurance 281.997.8400</p>	<p>Memorial Hermann Hospital Intervention, Prevention and Recovery Center (adolescent alcohol and drug program) 3043 N. Gessner, Houston 77080 713.329.7272</p>
<p>The Menninger Clinic (Baylor College of Medicine) 12301 Main Street Houston, TX 77035 Outpatient services and assessments https://www.menningerclinic.com/ 713-275-5000</p>	<p>New Dimensions Day Treatment Center 1345 Space Park Dr. Suite C, Houston, TX 77058 http://www.newdimensionsdayhospital.com/ *Accepts insurance/Sliding scale/Bilingual 281.333.2284</p>
<p>NAMI Gulf Coast 2206 N. Gordon, Alvin, TX 77511 www.namigulfcast.org 281-585-3100</p>	<p>Pearland Center for Couples and Families 11200 Broadway #2743 Pearland Town Center http://pearlandfamilies.com/ 281.940.3489</p>
<p>Pearland Psychiatry - Dr. Selma Raheem 1506 E. Broadway Suite 103 Pearland http://www.pearlandpsychiatry.com/ *accepts insurance and on sliding scale 832.947.3562</p>	<p>Premier Psychological Services 3730 Kirby Drive, Suite 800 Houston, TX 77098 www.premierepsychservices.com *Accepts insurance / Sliding scale 713.521.7575</p>
<p>Dr. Jennifer Rothfleisch (Psychologist) 2225 CR 90 Suite 221 Pearland 713.338.9121</p>	<p>Roads to Recovery 699 S. Friendswood Drive Ste 106, Friendswood www.roads2recovery.com 832.481.2520</p>

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The PsyClinic 330 East Medical Center Blvd. Webster, TX 77598 http://www.thepsyclinic.com/ *Bilingual / Accepts all insurance 281.837.6463	Safe Haven Counseling Center 9639 Scarsdale Suite 103 Pearland 77581 www.mysafehavenrefuge.org *Accepts insurance / Sliding scale 281.946.0997
SUN Behavioral Houston 7601 Fannin St., Houston, TX 77054 www.sunbehavioral.com *Accepts insurance / Sliding Scale / Bilingual 713.796.2273	Texas Children’s Hospital 6621 Fannin St. Houston, TX 77030 www.texaschildrens.com 832.824.1000
Texas NeuroRehab Center 1106 W Dittmar Rd, Austin, TX 78745 http://texasneurorehab.com/ *Accepts insurance 1.800.252.5151	Texas Psychiatry Child, Adolescent and Adult Psychiatry Shama Rasheed, MD 2243 Park Avenue Pearland, Texas 77581 www.txpsychiatry.net *Accepts insurance 281.616.3324
University of Houston Psychological Services Dept. (Clear Lake) https://www.uhcl.edu/psychological-services-clinic/ *Sliding scale 281.283.3330	University of Texas Medical Branch (UTMB) 301 University Blvd. Galveston, TX 77555 https://www.utmb.edu/psychiatry/ 409.772.0770
West Oaks Hospital – Inpatient Care 713.995.0909 6500 Hornwood Dr, Houston, TX 77074 www.westoakshospital.com *Accepts insurance / Bilingual	Youth and Family Counseling 979.849.7751 2335 Texas Street Pearland http://www.yfcs.org/ *sliding scale or free – no insurance accepted

Hotlines/Crisis Numbers:

24-Hour Crisis Response Hotline – Gulf Coast Center- Galveston/Brazoria Co.	1-866-729-3848
National Suicide Prevention Lifeline	1-800-273-TALK (8255)
24/7 Crisis TEXT line	Text “GO” to 741741
Harris County Mobile Crisis Unit	713-970-4621
National Runaway Switchboard	1.800.RUNAWAY
Disability Rights	713.974.7691
Harris County Psychiatry Center	713.741.5000
Mental Health America of Greater Houston	713.522.5161
Shelter Information	211

Service providers- Please contact Chenda Moore, Coordinator of Counseling Services at 281.485.3203, for additions, deletions, or changes to information.

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