

Sept 4-30 High/Middle School Menu

<p>4</p>	<p>5 Crispito w/cheese sauce OR Cheeseburger w/ fixings Seasoned green beans Fries Fruit Juice-HS</p>	<p>6 Cheesy nachos w/ beef OR chicken Corn Seasoned black beans Fruit Juice-HS Sorbet cup</p>	<p>7 Breakfast for Lunch Cheese grits Hashbrowns Link Sausage Biscuit Tomato slices Fruit Juice-HS</p>	<p>8 Hot pocket OR Chicken nuggets w/dip sauce Corn on cob Romaine tossed salad Fruit Juice-HS</p>
<p>11 Corndog OR Chicken tenders Dipping sauce Fries Seasoned Green beans Buttery Roll Fruit Juice-HS</p>	<p>12 Spaghetti w/ meat sauce Tossed Romaine salad w/dressing Italian mixed veggies Breadstick Rice krispy treat Fruit Juice- HS</p>	<p>13 Hot wings w/ roll Baked Beans Corn on Cob Fruit Ranch Juice-HS Sorbet Cup</p>	<p>14 Chicken Sandwich OR Country fried steak sandwich w/ fixings Butter beans Tater tots Fruit Juice-HS</p>	<p>15 Sub Sandwich w/ shred lettuce, tomato, pickles OR Pizza Buttery corn Baby carrots w/ ranch Fruit Juice-HS</p>
<p>18 Chili dog OR Chicken nuggets Dipping sauce Seasoned Green beans Fries Fruit Juice-HS</p>	<p>19 BBQ pork sandwich OR BBQ chicken sandwich Baked beans Corn on cob Fruit Juice – HS</p>	<p>20 Beef taco OR Chicken taco Shredd lett, tom, cheese Salsa Taco sauce Sour cream Buttery corn Fruit Juice-HS</p>	<p>21 Baked OR BBQ Chicken Collards Black eye peas Cornbread OR Roll Fruit Juice-HS *Brownie</p>	<p>22 Pepperoni Pizza calzone-Wood F Baby carrots w/ ranch Italian mixed veggies Fruit Juice-HS Sorbet Cup</p>
<p>25 Hamburger steak OR Chicken tenders Mash potatoes w/gravy Sweet peas Roll Fruit Juice-HS</p>	<p>26 Chicken sandwich OR Beef rib sandwich- Wood #10500 Fries Seasoned green beans Fruit Juice-HS</p>	<p>27 Chicken Quesadilla-Wood OR Pizza crunchers w/marinara Corn on Cob Seasoned refried beans Fruit Juice-HS Rice Krispy Treat</p>	<p>28 Chicken teriyaki stir fry (Wood item 14303 & 16005) w/ fried rice Stir fry veggies Steamed broccoli Fruit Juice-HS</p>	<p>29 Sub Sandwich OR Corndog Tater tots Steamed Carrots Fruit Juice-HS Cookie</p>