



Ways to help your child prepare for Pre-Kindergarten

1. **Help your child develop independence at home to transfer to school:**
 - a. Use the restroom independently and wash hands
 - b. Put on shoes on, take coats on and off...
 - c. Be able to open items you may send in their lunch kits and for snack
2. **Teach Responsibility:**
 - a. Practice packing and unpacking their backpack
 - b. Help you prepare/pack lunch and snack
 - c. Help you get their clothes ready for the day
 - d. Practice sharing with others (taking turns)
 - e. Practice putting their own things away
3. Answer this question: What is your first and last name?
4. Respond to their name when it is called by raising hand or stand up...
5. Start establishing a routine that includes an early bedtime and an early wake up time each morning starting in August
6. **Engage your child in meaningful instructional activities**
 - a. Read aloud to your child, visit the library and check books in and out
 - b. Play with rhymes when talking and in stories and poems: read nursery rhymes together
 - c. Retell simple stories
 - d. Help them identify print in the environment
 - e. Recognize shapes (circle, triangle, square, rectangle)
 - f. Follow 1-2 step directions
7. **Fine Motor Skills Development**
 - a. Using a pencil & crayons
 - b. Cutting with child size scissors
 - c. Coloring
 - d. Button clothes
8. **Additional items to consider:**
 - a. Limit screen time: I-Pads, tablets, computer, TV....
 - b. Play outside on playgrounds: play on equipment, swing, catch, and throw balls...
 - c. Puzzles and Legos
 - d. Play with Playdough and/or putty
 - e. Painting
 - f. Gardening and Planting