

Turn on Restrictions

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- The image shows an iPhone screen with the 'Settings' app open. The 'Restrictions' section is selected, and a 'Set Passcode' dialog box is overlaid on the screen. The dialog box prompts the user to 'Enter a Restrictions Passcode' with four empty circles for digits. The background settings list includes options like Airplane Mode, Wi-Fi, Bluetooth, Cellular Data, Personal Hotspot, Carrier, Notifications, and Control Center. The top status bar shows 'T-Mobile', signal strength, time '6:01 pm', and battery level '21%'.

1

When you have Restrictions on, you might not see certain apps, features, or services. If you're missing an app or feature, or can't use a certain service, try turning Restrictions off. If you have any of these issues, try turning off Restrictions:

- You don't see an app on the Home screen (like Safari, Camera, or FaceTime).
- You can't use a certain feature or service (like Siri or Location Services).
- You see that a setting is missing or dimmed (like Mail, iCloud, Twitter, and FaceTime).

Apps and features you can restrict

To see a list of apps and features that you can restrict, go to Settings > General > Restrictions. To turn restrictions on or off, tap the slider next to the app or feature.

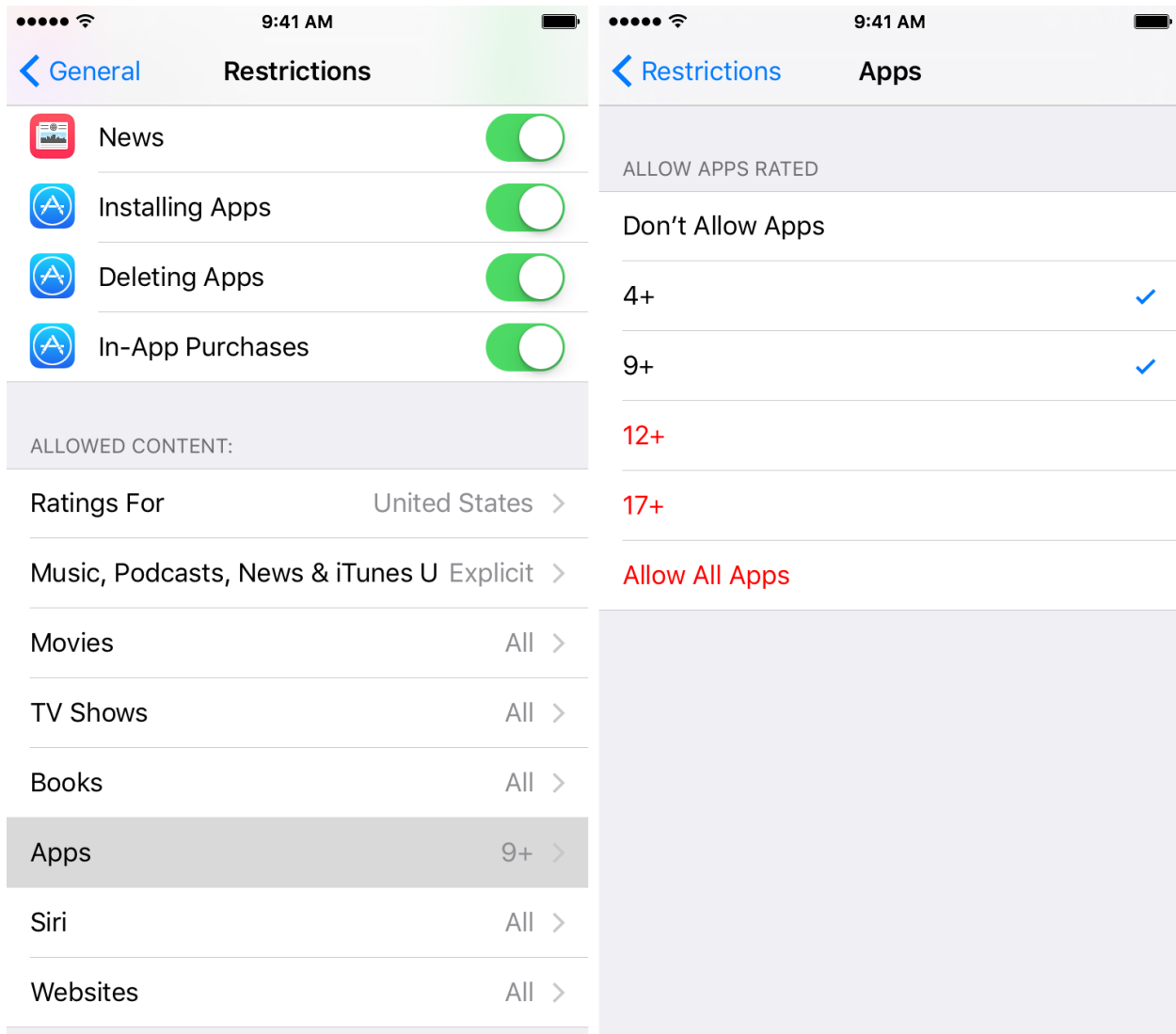
If an app or feature is on or if there's a green box next to it, anyone using the device can use that app or feature. Otherwise, no one can use that app or feature on the device. Below is an example of preventing access to Safari on a device...



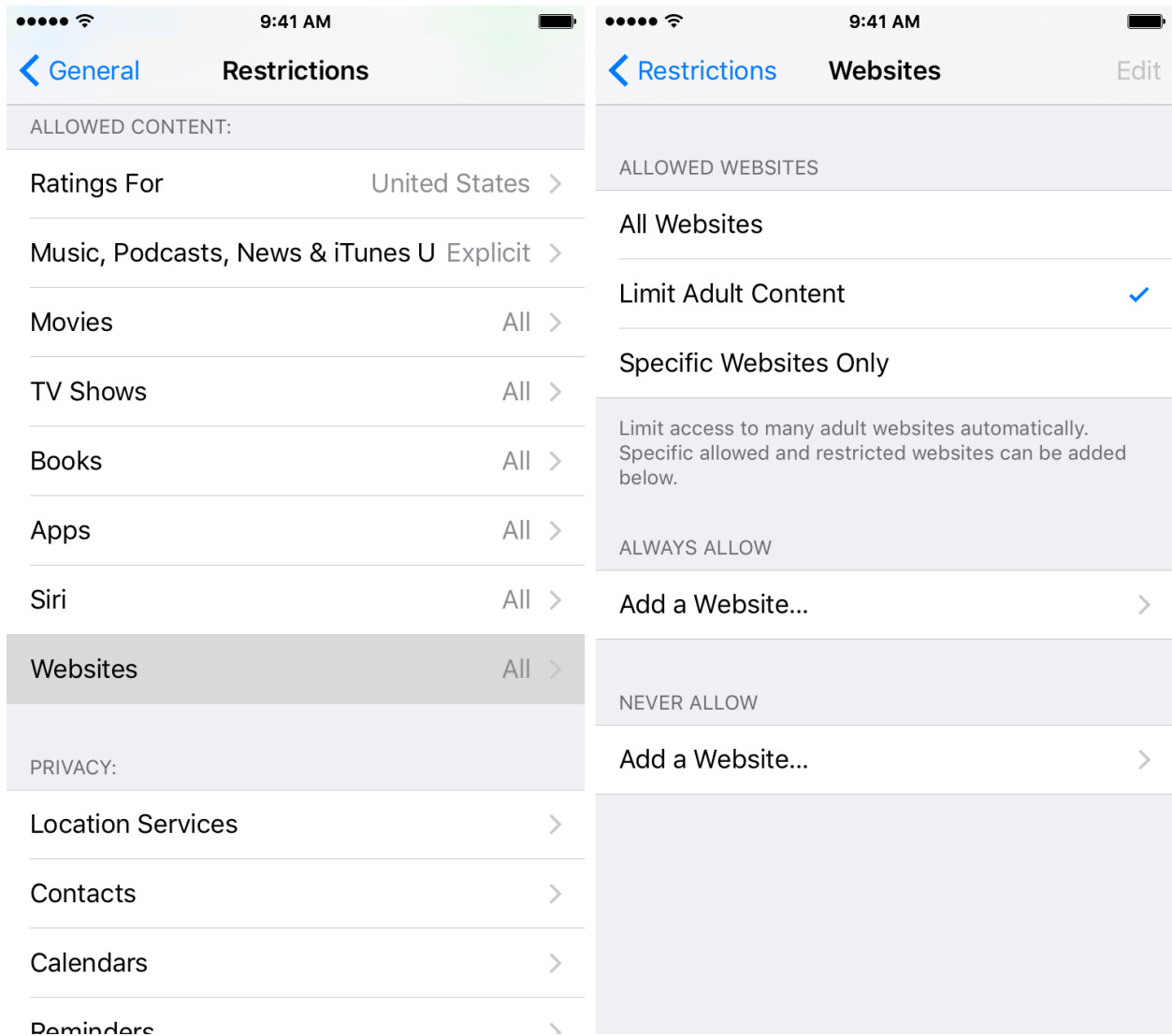
Allowed Content

To ensure that only appropriately rated apps, movies, music, ect can be viewed or accessed, **Restrictions** allows you to specify what ratings you want to make available on the device.

Back in Restrictions, tap on Apps category and select the highest rating that you'd like to allow. Do this for for each category.

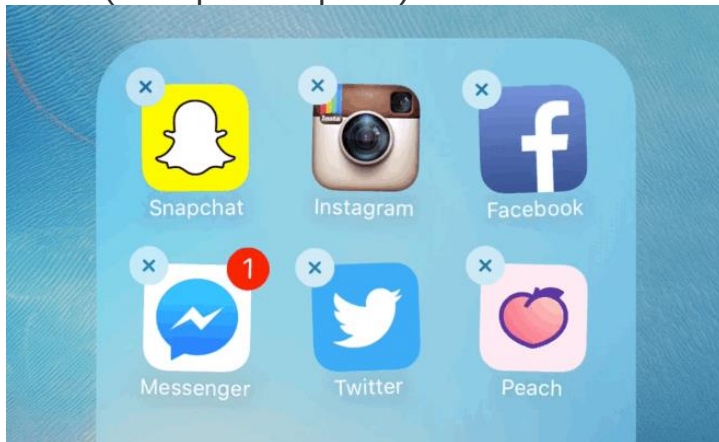


Example of restricting websites:

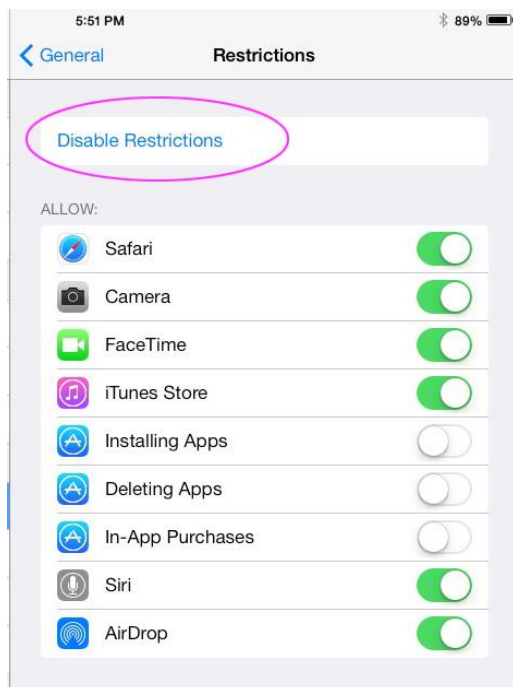


What if I want to restrict specific apps such as Snapchat, Reddit, Burn Note, Tinder, Yik Yak, etc.

1. You must first delete the actual app(s) you no longer want accessible from the device (example: Snapchat).



2. Next put a restriction on **installing apps and in-app purchases** so that they are unable to download apps on their own.



Change your Restrictions passcode

To change your Restrictions passcode after you turn on Restrictions, follow these steps:

1. Go to Settings > General > Restrictions.
2. Enter your current Restrictions passcode.
3. Tap Disable Restrictions, then enter your Restrictions passcode again.
4. Tap Enable Restrictions, then enter a new Restrictions passcode.

More TIPS:

*You can restrict WiFi at your own home for specific devices by downloading the app of your wifi/router provider. For example: Set the wifi to be disabled (turned off) on your child's device(s) between 8pm-6am on weekdays.

*Have a central charging station (in kitchen, study, etc) for all devices so that your child gets a good night's rest without a device to distract them. Buy an old fashioned alarm clock instead of letting them use the one on their phone to ensure they are not on it at night.

*Limit screen time, have device-free dinners, and allow at least 20 minutes without screen time prior to bedtime to ensure a good night's rest.

*Most children actually prefer quality time us at this age but if they are not getting it, they will seek it elsewhere – in many cases it is through their device.

*If they can't handle it (device) being put down or taken away, then they probably can't handle the responsibility of having a device.

Please visit the district website to find out more information about internet safety and apps your child may be using here:

<http://www.pearlandisd.org/Page/3375>