



CENTRAL YORK SCHOOL DISTRICT COMMUNITY AQUATICS PROGRAM

FALL 2023

Welcome to the Fall 2023 Central York School District Community Aquatics Program Guide. Schedules and prices are listed for all offerings. Program descriptions & registration are available in our Web Store online. Refer to page 4 for more details on accessing the Web Store.

AM Lap Swim: 5:30 to 6:45 a.m., Mondays, Wednesdays, Fridays, September 6-November 17
**** No session October 9**
Cost: \$55/Resident; \$75/Non-Resident

Recreational Swim: Sundays, 12:00-5:00 pm, September 10-November 19
****No session October 8**
Please note, a portion of the shallow pool will be reserved for programs until 2:45pm

Cost: \$5.00/Resident Per Swim (& Guests); \$10.00/Non-Resident (& Guests)

Seasonal REC Swim Pass:
Valid September 10-November 19
Cost: \$30/per Resident, \$40/per Non-Resident

Water Aerobics
Session A: 12:00-1pm SUNDAYS September 17-November 19
****No session October 8**
Cost: \$20/Resident; \$30/Non-Resident

R E M I N D E R

Fall session begins a new membership period. All participants need to renew membership with their registration.

GENERAL INFORMATION

Aquatics Program Contact Information

For additional questions or concerns, please contact Catherine Lane, Aquatics Director, at (717) 846-6789 ext. 1375 or clane@cysd.k12.pa.us or Mrs. Jane Bauer, Athletics Department Secretary, at (717) 846-6789, ext. 1316 or jbauer@cysd.k12.pa.us.

Aquatics Website

The aquatics website can be found at www.cysd.k12.pa.us under the 'Community' tab. All program cancellations and aquatics department updates are posted online.

Membership Fees

Membership in the Community Aquatics Program is required for participation in ALL programs, including Recreational Swims. Fees are charged to cover costs associated with pool maintenance and session staffing. All participants are required to pay the annual fee one time during the membership period. **Membership is valid September 1, 2023 through August 31, 2024.** Fees are not refundable.

Individual: \$10/Resident; \$25/Non-Resident
Family: \$25/Resident; \$50/Non-Resident

CENTRAL YORK SCHOOL DISTRICT

775 Marion Road York, PA 17406 ✕ (717) 846-6789 ✕ www.cysd.k12.pa.us

CENTRAL YORK SCHOOL DISTRICT COMMUNITY AQUATICS PROGRAM

The Learn-to-Swim program follows American Red Cross guidelines to structure and help you and/or your child learn to swim skillfully and safely. Guidelines are available online at: www.cysd.k12.pa.us.

SWIM LESSON INFORMATION

PARENT-CHILD LESSONS (AGES 6 months-3 years):

Cost: \$30/Resident; \$40/Non-Resident

An adult is required to be in the water with the participant

PRESCHOOL LESSONS (AGES 3-5):

Cost : \$40/Resident; \$50/Non-Resident

An adult is required to be in the water with Preschool Level 1

LEVELS 1-6 SCHOOL AGED LESSONS (AGES 6+):

Cost: \$40/Resident; \$50/Non-Resident

INTRO TO WATER POLO

Cost: \$75/Resident; \$100 Non-Resident

Participants must be at least a Level 4 or have approval from aquatics director.
Course will provide an overview of the basic skills, techniques, and rules of the game.

STROKE DEVELOPMENT

Small group lessons for middle and high school age
intermediate or beginner swimmers.

Cost: \$40/Resident; \$50/Non-Resident

ADAPTIVE LESSONS

\$50/Resident; \$75/Non-Resident

Additional lessons may be scheduled by emailing: clane@cysd.k12.pa.us

ADULT LESSONS

Beginners: No swimming experience needed, class will be held in 4 feet area.

Intermediate: participants are able to swim 20 yards,
intermediate class will focus on developing strokes and fitness
\$60/Resident; \$80/Non-Resident

Before enrolling for lessons, please review the guidelines on the placement chart to determine which Level is suitable. The placement chart can be found on our [Aquatics Website](#) at the bottom of the page.

Note: The letters on the schedule correlate with the registration online. For example, the Level 1 lessons offered Mondays October 16-November 6 will be listed as Levels 1 & 2-M1 (Fall 23)

SCHEDULES ON THE NEXT PAGE

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SWIM LESSON INFORMATION-SCHEDULES

Sessions	
Mondays	(M1) October 16, 23, 30, November 6
Wednesdays	(W2) October 18, 25, November 1, 8
Tuesday & Thursdays	(TR1) October 17, 19, 24, & 26
Sundays	(S1) October 15, 22, 29, November 5

Mondays	
3:30-4:15pm	Intro to Water Polo (10/16-11/13)
4:25-4:55pm	Levels 3 & 4, Adaptive
5:00-5:30pm	Levels 1 & 2

Wednesdays	
3:45-4:15pm	Stroke Development
4:25-4:55pm	Levels 1 & 2
5:00-5:30pm	Preschool, Parent/Child

Tuesday & Thursday	
3:30-4:15pm	Levels 5 & 6
4:20-4:50pm	Levels 3 & 4
4:55-5:25pm	Levels 1 & 2

Sundays	
1:15-2:00pm	Adult-Intermediate
2:05-2:50pm	Adult-Beginner

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REGISTRATION INFORMATION

The Central York School District now provides participants with an easy and convenient way to register and pay online for our Aquatics programs!

2 WAYS TO REGISTER:

- **Online Registration:** Participants may pay with VISA, Discover or Master Card debit or credit cards. The Central York Web Store accepts online payments 24/7 through a secure site provided by RevTrak, a national credit card payment processor. You will need the following information to register: Your name, address, phone number, email address and the name & birth dates of any family member you wish to register.
You can access the Web Store link to register by visiting our Aquatics Brochure webpage at: http://www.cysd.k12.pa.us/community/aquatics_department
- **Register over the phone:** For participants without Internet access or who must pay by cash or check, please call Mrs. Jane Bauer, Aquatics Secretary at (717) 846-6789 ext. 1316. You will need the following information: Your name, address, phone number and the name & birth dates of any family member you wish to register. If there is vacancy in the desired program(s), you will be asked to mail in your payment to: Aquatics Secretary, 601 Mundis Mill Rd, York, PA 17406. Checks made payable to "CYSD".

Registrations for **swim lessons** will close after the deadline.
All other programs will accept registrations until filled.

M1 & W1: October 4

TR1: October 6

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