

2023-2024

HEALTHY
MEALS



Saint Joseph High School

Breakfast

| | | | |
|------------------------------------|---------------|--------------------------------|---------------|
| Breakfast Sandwich | \$4.50 | French Toast Sticks (4) | \$4.25 |
| Hash Browns (2) | \$2.25 | Bagel with Cream Cheese | \$2.25 |
| Assorted Muffins | \$2.25 | Assorted Donuts | \$2.00 |
| Pop Tarts & Cereal Bars | \$1.50 | Homestyle Burrito | \$4.75 |

Lunch

| | | | |
|---|---------------|-----------------------------------|---------------|
| Main Entrée | \$8.00 | Salad Platter | \$5.75 |
| Deli Bar Sandwich | \$5.75 | Grilled Cheese Sandwich | \$3.50 |
| Crispy or Grilled Chicken Sandwich | \$5.00 | Cheesesteak Sandwich | \$5.25 |
| Pizza Slice | \$3.25 | Cheeseburger | \$4.75 |
| Onion Rings | \$3.00 | Chicken Nuggets | \$4.75 |
| French Fries | \$3.00 | Mozzarella Sticks (5) | \$4.75 |
| Chicken Wings | \$6.00 | Large Specialty Sandwiches | \$6.75 |

Beverages

| | | | |
|-----------------------------------|----------------------|-------------------------------|---------------|
| Gatorade | \$2.50 | Sparkling Water | \$2.50 |
| Bottled Water 8 oz./16 oz. | \$0.75/\$1.25 | Juice / Snapple Bottle | \$2.75 |
| Nesquick | \$3.25 | Propel Water | \$2.50 |

A-la-Carte Snacks

| | | | |
|-------------------------|---------------|---------------------------|---------------|
| Yogurt Parfait | \$3.75 | Fresh Baked Cookie | \$1.25 |
| Soft Pretzel | \$2.50 | Pudding Parfait | \$2.75 |
| Assorted Chips | \$2.75 | Fresh Fruit Cup | \$3.25 |
| Churro / Brownie | \$2.00 | Cake / Pie | \$3.00 |



MASCHIO'S IS AN EQUAL OPPORTUNITY PROVIDER.



QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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Healthy meals grow

healthy kids!