



SEPTEMBER

September 2023

Saint Joseph High School - Metuchen

Lunch Entrees

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			• Main Entree: \$8.00	
4	5	6	7	8
	<ul style="list-style-type: none"> Chicken Parm Sandwich Italian Pasta Salad 	<ul style="list-style-type: none"> General Tso's Chicken Steamed Rice Steamed Broccoli 	<ul style="list-style-type: none"> Cheeseburger Deluxe on a Bun Garlic Parmesan French Fries 	<ul style="list-style-type: none"> House Made Pizza with assorted Toppings Freshly Prepared Caesar Salad
11	12	13	14	15
<ul style="list-style-type: none"> Meatball Parm Sub Fresh Veggie Dippers 	<ul style="list-style-type: none"> Beef & Cheddar Burrito Fiesta Rice & Beans 	<ul style="list-style-type: none"> Rotisserie Ching Wing Basket with Fries and Corn Bread 	<ul style="list-style-type: none"> Pasta Alfredo w/ Chicken & Broccoli Garlic Breadstick 	<ul style="list-style-type: none"> House Made Pizza with assorted Toppings Freshly Prepared Caesar Salad
18	19	20	21	22
<ul style="list-style-type: none"> Chicken Parmesan Pasta with Marinara Sauce Italian Green Beans 	<ul style="list-style-type: none"> Rodeo Burger on a Bun Ranch Fries 	<ul style="list-style-type: none"> Buffalo Chicken Mac and Cheese Mixed Vegetables 	<ul style="list-style-type: none"> Chicken and Cheese Quesadilla Tortilla Chips, Pico De Gallo & Sour Cream 	<ul style="list-style-type: none"> House Made Pizza with assorted Toppings Freshly Prepared Caesar Salad
25	26	27	28	29
<ul style="list-style-type: none"> Spaghetti and Meatballs Roasted Parmesan Broccoli Garlic Bread 	<ul style="list-style-type: none"> Loaded Tot-Chos Topped with Chili, Beans, Cheddar Cheese, Onions & Sour Cream 	<ul style="list-style-type: none"> Chicken Marsala served with Mashed Potatoes and Green Beans 	<ul style="list-style-type: none"> Teriyaki Grilled Chicken Steamed Rice Steamed vegetables 	<ul style="list-style-type: none"> House Made Pizza with assorted Toppings Freshly Prepared Caesar Salad

*Menu is Subject to Change

Lunch Served with Choice of: Fresh Fruit , Assorted Chilled Fruit , 100% Fruit Juice , Variety of Vegetables from our Harvest Market , 1% White Milk , Fat Free Chocolate Milk , Fat Free White Milk



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