

High School Syllabus

Department: Family and Consumer Sciences

Course Title: International Cuisine

Course #: 80806W

Grades: 11, 12

DESCRIPTION OF COURSE: Take a culinary trip around the world and explore it through foods. As one of the advanced foods courses, this curriculum will build upon the principles learned in one of the first level food classes. Many cultures and cuisines of each continent will be explored. Students will prepare foods that are indigenous to each country. Hands-on experiences along with guest speakers will provide a greater understanding of the culture and cuisine of a particular area. The student's own heritage will provide an enriching research project that will be used as a culminating food presentation assignment.

REQUIRED TOPICS OF STUDY	SUGGESTED INSTRUCTIONAL TIME	STANDARDS/ ELIGIBLE CONTENT
Safety and Sanitation, Lab Expectations	1 week	11.3.12 A,B,F
Beginnings of Civilizations	1 week	11.3.12 A, CC 3.5, CC 3.6
Europe: England, France, Germany	4 weeks	11.3.12 A, C, D, F, CC 3.5 CC 3.6
Mediterranean: Spain, Italy, Greece	5 weeks	11.3.12 A, C, D, F, CC 3.5 CC 3.6
Middle East and Africa	3 weeks	11.3.12 A, C, D, F, CC 3.5 CC 3.6
Russia, India, and Asia	3 weeks	11.3.12 A, C, D, F, CC 3.5 CC 3.6
Food Preparation (FP)	Within each unit	11.3.12 A, B, C, D, F
Food Management (FM)	Within each unit	11.3.12 A, F
Outside Reading (OR)	Within each unit	11.3.12 F

RESOURCES: Guide to Good Food, The Goodheart-Willcox Co., Inc., 2004, Myplate.gov, Chalkup.co

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